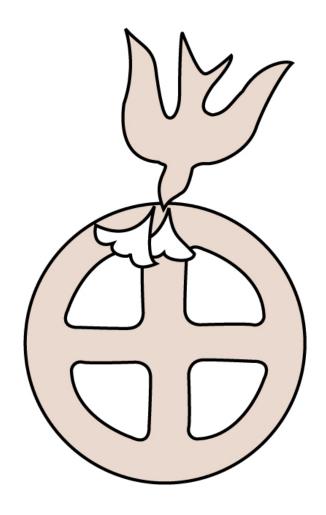
St. Gregory the Great Episcopal Church



APRIL 23, 2023 Live Streamed on <u>YouTube</u>

10:30AM

SPIRITUAL COMMUNION *

What happens when you are spiritually prepared and desire to receive communion, but can't? Such a case is referenced by a paragraph in the 1979 Prayer Book:

If a person desires to receive the Sacrament, but, by reason of extreme sickness or physical disability, is unable to eat and drink the Bread and Wine, the Celebrant is to assure that person that all the benefits of Communion are received, even though the Sacrament is not received with the mouth.

A nation-wide shut down due to a pandemic fits, I'm sure we'll agree, with the words "by any other impediment" listed in the first Prayer Book. Our Lord will not cut us off from his grace. If we truly desire him, he will come to us, even if we cannot receive the Sacraments he has instituted so that we may receive his grace. This is not a new idea. St Thomas Aquinas, writing nearly 800 years ago, said:

before receiving a sacrament, the reality of the sacrament can be had through the very desire of receiving the sacrament. Accordingly, before actual reception of this sacrament, a man can obtain salvation through the desire of receiving it, just as he can before Baptism through the desire of Baptism, as stated above (Summa, III.73.iii)

Desiring to receive the spiritual grace of the Most Holy Eucharist (and being prevented from receiving it sacramentally) is known as Spiritual Communion. It is so very important to note that this gift is given to us when we cannot, for very good reason, be present at mass.

When you are watching a live-stream or recording of our liturgies, any of the following prayers may be said at the moment of communion when you would normally leave your pew and make your journey to the altar:

In Union, dear Lord, with the faithful at every altar of Your Church where Your blessed Body and Blood are being offered to the Father, I desire to offer You praise and thanksgiving. I believe that You are present in the Holy Sacrament. And since I cannot now receive You sacramentally, I ask You to come spiritually into my heart. I unite myself to You, and embrace You with all the affections of my soul. Let me never be separated from You. Let me live and die in Your love. Amen.

OR

Faithful God, in the wonder of your wisdom and love, you fed your people in the wilderness with the bread of angels, and you sent Jesus to be the bread of life. Though I cannot physically consume these gifts of bread and wine, I thank you that I have received the sacrament of Christ's presence, the forgiveness of sins, and all other benefits of Christ's passion. By the power of the Holy Spirit, may I embody your desire, and be renewed for your service, through Jesus Christ our Savior. Amen. (from Enriching Our Worship 2)

OR

"My Jesus, I believe that you are present in the Blessed Sacrament.

I love you above all things and I desire you with all my heart.

Since I cannot now receive you sacramentally,
I ask you to come spiritually into my heart.
I embrace you as if you were already in my heart
and unite myself to you completely.

Please do not let me ever by separated from you." (by St. Alphonsus Liguori)

*Except where otherwise indicated, the whole of this article (with only very little amendment) is taken from the website of St. Timothy's Episcopal Church, Winston-Salem, North Carolina, where it was posted on April 5, 2020. No author was specified.

THE HOLY VIRTUAL EUCHARIST

The Third Sunday of Easter

THE WORD OF GOD

WELCOME & ANNOUNCEMENTS

Prelude

Processional Hymn 199

Come, ye faithful, raise the strain

ST. KEVIN



OPENING ACCLAMATION

BCP 351

Celebrant: Alleluia! Christ is risen!

People: The Lord is risen indeed. Alleluia!

COLLECT FOR PURITY

BCP 355

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.



THE COLLECT OF THE DAY

O God, whose blessed Son made himself known to his disciples in the breaking of bread: Open the eyes of our faith, that we may behold him in all his redeeming work; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

THE FIRST READING Acts 2:14a, 22-32

Peter, standing with the eleven, raised his voice and addressed the crowd, "Let the entire house of Israel know with certainty that God has made him both Lord and Messiah, this Jesus whom you crucified."

Now when they heard this, they were cut to the heart and said to Peter and to the other apostles, "Brothers, what should we do?" Peter said to them, "Repent, and be baptized every one of you in the name of Jesus Christ so that your sins may be forgiven; and you will receive the gift of the Holy Spirit. For the promise is for you, for your children, and for all who are far away, everyone whom the Lord our God calls to him." And he testified with many other arguments and exhorted them, saying, "Save yourselves from this corrupt generation." So those who welcomed his message were baptized, and that day about three thousand persons were added.

Hear what the Spirit is saying to God's people.

Thanks be to God.

Psalm 116:1-3, 10-17

Congregation sings refrain; choir chants the verses

Antiphon (congregation)



Choir:

1 I love the Lord, because he has heard the voice of my supplication, *

because he has inclined his ear to me whenever I called upon him.

2 The cords of death entangled me; the grip of the grave took hold of me; * I came to grief and sorrow.

3 Then I called upon the Name of the Lord: *

"O Lord, I pray you, save my life."

Antiphon

Choir:

10 How shall I repay the Lord *

for all the good things he has done for me?

11 I will lift up the cup of salvation *

and call upon the Name of the Lord.

12 I will fulfill my vows to the Lord *

in the presence of all his people.

Antiphon

Choir:

13 Precious in the sight of the Lord *

is the death of his servants.

14 O Lord, I am your servant; *

I am your servant and the child of your handmaid; you have freed me from my bonds.

15 I will offer you the sacrifice of thanksgiving *

and call upon the Name of the Lord.

16 I will fulfill my vows to the Lord *

in the presence of all his people,

17 In the courts of the Lord'S house, *

in the midst of you, O Jerusalem. Hallelujah!

Antiphon

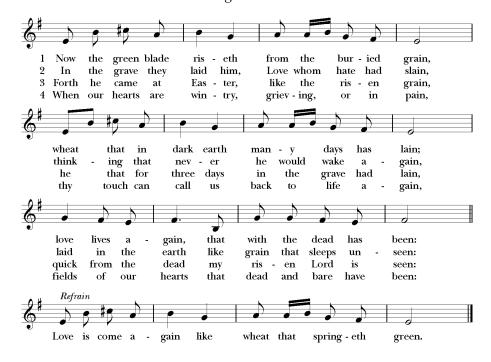
THE SECOND READING

1 Peter 1:17-23

If you invoke as Father the one who judges all people impartially according to their deeds, live in reverent fear during the time of your exile. You know that you were ransomed from the futile ways inherited from your ancestors, not with perishable things like silver or gold, but with the precious blood of Christ, like that of a lamb without defect or blemish. He was destined before the foundation of the world, but was revealed at the end of the ages for your sake. Through him you have come to trust in God, who raised him from the dead and gave him glory, so that your faith and hope are set on God. Now that you have purified your souls by your obedience to the truth so that you have genuine mutual love, love one another deeply from the heart. You have been born anew, not of perishable but of imperishable seed, through the living and enduring word of God.

Hear what the Spirit is saying to God's people.

Thanks be to God.



THE GOSPEL Luke 24:13-35

Celebrant: The Holy Gospel of our Savior, Jesus Christ, according to Luke.

People: Glory to you, O Christ.

Now on that same day two of Jesus' disciples were going to a village called Emmaus, about seven miles from Jerusalem, and talking with each other about all these things that had happened. While they were talking and discussing, Jesus himself came near and went with them, but their eyes were kept from recognizing him. And he said to them, "What are you discussing with each other while you walk along?" They stood still, looking sad. Then one of them, whose name was Cleopas, answered him. "Are you the only stranger in Jerusalem who does not know the things that have taken place there in these days?" He asked them, "What things?" They replied, "The things about Jesus of Nazareth, who was a prophet mighty in deed and word before God and all the people, and how our chief priests and leaders handed him over to be condemned to death and crucified him. But we had hoped that he was the one to redeem Israel. Yes, and besides all this, it is now the third day since these things took place. Moreover, some women of our group astounded us. They were at the tomb early this morning, and when they did not find his body there, they came back and told us that they had indeed seen a vision of angels who said that he was alive. Some of those who were with us went to the tomb and found it just as the women had said; but they did not see him." Then he said to them, "Oh, how foolish you are, and how slow of heart to believe all that the prophets have declared! Was it not necessary that the Messiah should suffer these things and then enter into his glory?" Then beginning with Moses and all the prophets, he interpreted to them the things about himself in all the scriptures. As they came near the village to which they were going, he walked ahead as if he were going on. But they urged him strongly, saying, "Stay with us, because it is almost evening and the day is now nearly over." So he went in to stay with them. When he was at the table with them, he took bread, blessed and broke it, and gave it to them. Then their eyes were opened, and they recognized him; and he vanished from their sight. They said to each other, "Were not our hearts burning within us while he was talking to us on the road, while he was opening the scriptures to us?" That same hour they got up and returned to Jerusalem; and they found the eleven and their companions gathered together. They were saying, "The Lord has risen indeed, and he has appeared to Simon!" Then they told what had happened on the road, and how he had been made known to them in the breaking of the bread.

The Gospel of the Lord.

Praise to you, O Christ.

THE SERMON: The Rev. Nikki Mathis

THE NICENE CREED BCP 358

(said by all)

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE, Form III

BCP 383

Father, we pray for your holy catholic Church;

That we all may be one.

Grant that every member of the Church may truly and humbly serve you;

That your Name may be glorified by all people.

We pray for all bishops, especially Michael, Rob, and Don, and all priests and deacons, especially Nikki, Christina, Carol, Ellen, Doug, Dutton, and Lin;

That they may be faithful ministers of your Word and Sacraments.

We pray for all who govern and hold authority in the nations of the world;

That there may be justice and peace on the earth.

Give us grace to do your will in all that we undertake;

That our works may find favor in your sight.

Have compassion on those who suffer from any grief or trouble;

That they may be delivered from their distress.

Give to the departed eternal rest;

Let light perpetual shine upon them.

We praise you for your saints who have entered into joy;

May we also come to share in your heavenly kingdom.

Let us pray for our own needs and those of others. ...

We give special thanks for ...

The Celebrant adds a Collect.

THE PEACE

Celebrant: The peace of Christ be always with you.

People: And also with you.

THE HOLY COMMUNION

Offertory Anthem

Lord of the Dance

arr. John Ferguson

I danced in the morning when the world was begun, and I danced in the moon and the stars and the sun, And I camd down from heaven and I danced on the earth; At Bethlehem I had my birth.

*Dance then wherever you may be; I am the Lord of the dance, said he, And I'll lead you all, wherever you may be, And I'll lead you all in the dance, said he.

I danced for the scribe and the pharisee,
But they wouldn't dance, and they wouldn't follow me;
I danced for the fishermen, for James and John;
They came with me and the dance went on.*
I danced on the Sabbath and I cured the lame:

The holy people said it was a shame.

They whipped and they strepped and they hung me high,

And left me there on a cross to die.*

I danced on a Friday when the sky turned black, It's hard to dance with the devil on your back, They buried my body and they thought I'd gone. But! I am the dance and I still go on.

They cut me down and I lept up high: I am the life that'll never, never die; I'll live in you if you'll live in me. I am the Lord of the Dance, said he.*

Presentation Hymn 400

Doxology

LASST UNS ERFREUEN

Praise God from whom all blessings flow; praise him, all creatures here below; Alleluia, alleluia!

Praise him above, ye heavenly host: Praise Father, Son, and Holy Ghost, O praise him O praise him, Alleluia, alleluia, alleluia!

THE GREAT THANKSGIVING, EUCHARISTIC PRAYER D

BCP 372

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

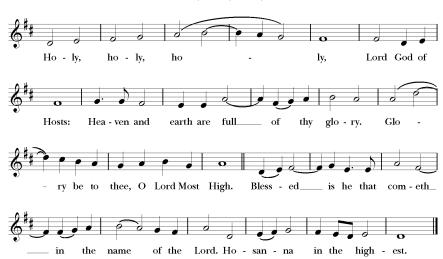
Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is truly right to glorify you, Father, and to give you thanks; for you alone are God, living and true, dwelling in light inaccessible from before time and for ever.

Fountain of life and source of all goodness, you made all things and fill them with your blessing; you created them to rejoice in the splendor of your radiance.

Countless throngs of angels stand before you to serve you night and day; and, beholding the glory of your presence, they offer you unceasing praise. Joining with them, and giving voice to every creature under heaven, we acclaim you, and glorify your Name, as we sing,



Celebrant continues

We acclaim you, holy Lord, glorious in power. Your mighty works reveal your wisdom and love. You formed us in your own image, giving the whole world into our care, so that, in obedience to you, our Creator, we might rule and serve all your creatures. When our disobedience took us far from you, you did not abandon us to the power of death. In your mercy you came to our help, so that in seeking you we might find you. Again and again you called us into covenant with you, and through the prophets you taught us to hope for salvation.

Father, you loved the world so much that in the fullness of time you sent your only Son to be our Savior. Incarnate by the Holy Spirit, born of the Virgin Mary, he lived as one of us, yet without sin. To the poor he proclaimed the good news of salvation; to prisoners, freedom; to the sorrowful, joy. To fulfill your purpose he gave himself up to death; and, rising from the grave, destroyed death, and made the whole creation new.

And, that we might live no longer for ourselves, but for him who died and rose for us, he sent the Holy Spirit, his own first gift for those who believe, to complete his work in the world, and to bring to fulfillment the sanctification of all.

When the hour had come for him to be glorified by you, his heavenly Father, having loved his own who were in the world, he loved them to the end; at supper with them he took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Father, we now celebrate this memorial of our redemption. Recalling Christ's death and his descent among the dead, proclaiming his resurrection and ascension to your right hand, awaiting his coming in glory; and offering to you, from the gifts you have given us, this bread and this cup, we praise you and we bless you.

Celebrant and People We praise you, we bless you, we give thanks to you, and we pray to you, Lord our God.

The Celebrant continues

Lord, we pray that in your goodness and mercy your Holy Spirit may descend upon us, and upon these gifts, sanctifying them and showing them to be holy gifts for your holy people, the bread of life and the cup of salvation, the Body and Blood of your Son Jesus Christ.

Grant that all who share this bread and cup may become one body and one spirit, a living sacrifice in Christ, to the praise of your Name.

Remember, Lord, your one holy catholic and apostolic Church, redeemed by the blood of your Christ. Reveal its unity, guard its faith, and preserve it in peace.

And grant that we may find our inheritance with the Blessed Virgin Mary, with patriarchs, prophets, apostles, and martyrs, with Gregory and all the saints who have found favor with you in ages past. We praise you in union with them and give you glory through your Son Jesus Christ our Lord.

Through Christ, and with Christ, and in Christ, all honor and glory are yours, Almighty God and Father, in the unity of the Holy Spirit, for ever and ever. AMEN.

And now, as our Savior Christ has taught us, we are bold to say

THE LORD'S PRAYER

BCP 364

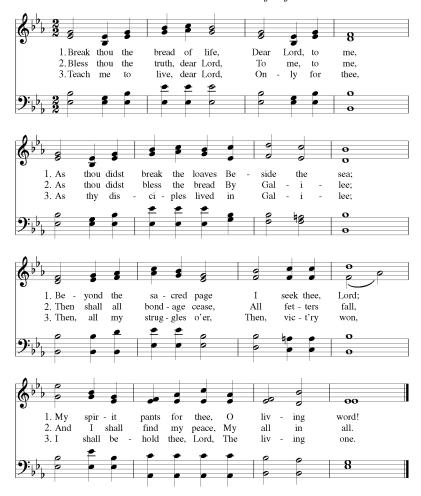
Malcolm Archer

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

Fraction Anthem



THE COMMUNION OF THE PEOPLE



SPIRITUAL COMMUNION PRAYER

Enriching Our Worship 2

Faithful God, in the wonder of your wisdom and love, you fed your people in the wilderness with the bread of angels, and you sent Jesus to be the bread of life. Though I cannot physically consume these gifts of bread and wine, I thank you that I have received the sacrament of Christ's presence, the forgiveness of sins, and all other benefits of Christ's passion. By the power of the Holy Spirit, may I embody your desire, and be renewed for your service, through Jesus Christ our Savior. Amen.

POSTCOMMUNION PRAYER

BCP 366

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

THE BLESSING



THE DISMISSAL

Deacon: Go in peace to love and serve the Lord. Alleluia! Alleluia!

People: Thanks be to God! Alleluia! Alleluia!

Postlude Passacaglia G. F. Handel



The altar flowers are dedicated by Susanne Burton to the honor and glory of God and in gratitude for her daughter, Rebecca, and all her friends and fellow church members.

Prayers of the People

In our Parish we pray for Danielle Vogt, Susan Dunn & family, Donna Hall, Rosalyn Panton, Don Musholt, Beth Massey, Cayden Mitchell, Harry Stooksbury, Billy Hale, Bill Alworth, Ray Hoover, Stephen Morris, Barbara Johnson, Sue Bush, Janice Rusk, Jennifer Polzin, Susan Williams, Dan Williams, Pat MacKinnon, Shelby Welch, Don Downie, Olivia Carlisle, Angie Defalco, Ken Packer, Patricia, Ben, Mobley, Scott, and Lynn.

In thanksgiving for those celebrating their birthday this week: Jane Hudson, Paige Lowe, and Ray Robinson; and for those celebrating anniversaries: Ron Balthazor & Jane Hudson.

The people listed here are prayed for by name at each Sunday service. To request prayer for yourself or someone else, please call the office (706-546-7553). If at the beginning of the next month the person needs to remain on the list, please call and give the office an update.

TODAY

CONFIRMATION CLASS

Confirmation class today, immediately following the 10:30AM service. Bring a lunch! We will meet in the Parish Hall.

THIS WEEK

ATHENS CHAMBER SINGERS | SAT., APRIL 29

The Athens Chamber Singers present *Come, Shaker Life: A Concert of Shaker Songs for Choir and Harp*; at 4PM on Saturday, April 29 at Friendship Presbyterian Church. The concert, which is free and open to the public, is a warm-up for the group's upcoming performance at Piccolo Spoleto in June.

MERIDIAN WOMEN'S CHORUS CONCERT | SUNDAY, APRIL 30

The women of Meridian Women's Chorus invites you to their spring concert, *Mother Earth and Her Gifts*, on Sunday, April 30 at 4PM at Friendship Presbyterian Church. This free concert includes three pieces by local composers; two will be world premieres. For more information contact Stacie Court at stacie.court@gmail.com.

FAMILY PROMISE

St. Gregory's next Family Promise week is coming up April 30-May 6. Family Promise (formerly Interfaith Hospitality Network) is an organization of churches which helps with meals and host responsibilities for local, temporarily homeless families with children. The families stay at Milledge Avenue Baptist Church (MABC). Volunteers sign up to provide a meal or be a host for an evening, night or weekend shift at MABC. Sign up by clicking on this link: https://www.signupgenius.com/go/4090f4ca5aa29a4fe3-2022#/ Scroll down until you find the week of April 30-May 6. For questions, email Annette at bateskannette@gmail.com or call 706-255-5839. This is a way for us to be Christ's feet on the earth here in Athens.

COMING UP...

SACRED GROUND

Sacred Ground is a thoughtful, sensitive, and faith-based resource created and financed by The Episcopal Church to assist local congregations in creating safe space for difficult but respectful and transformative dialogue on race and racism. Inviting participants to reflect on family histories and stories, as well as important narratives that shape the collective American story, the program is one path we can take in seeking to become God's Beloved Community.

St. Gregory's is offering the 10 session Sacred Ground program during this 2023 Sabbatical Summer as an opportunity to gather, pray and share a meal together, and to read, mark, learn and inwardly digest written materials, films and facilitated conversations. The meeting dates will be Wednesday evenings from 6-8:30pm from May 10-June 7 and June 28-July 26 with a two week break (June 14 and 21) to allow each participant to more intensively pursue a particular topic of their choice. We are seeking 8-10 people to participate with one another and 2 facilitators.

If you would like to sign up for this journey, please notify Kendall Kookogey at the St. Gregory's church office office@stgregoryathens.org or at 706-546-7553 by Friday, May 5, 2023. There is no cost to participate other than your time and commitment.

For questions, contact Ellen Richardson at <u>ellenrichardson52@gmail.com</u> or 912-660-0151 or Ron Balthazor at <u>ron.balthazor@gmail.com</u> or 706-338-0625.

If you would like to read more about the program, follow this link: https://episcopalchurch.org/sacred-ground I hope you will prayerfully consider this opportunity at this important time of seeking understanding and healing in our fragile communities and our wider world.

YOUNG DESIGNERS FASHION SHOW | SAT., MAY 13

The Young Designers Sewing Program is a non-profit organization serving girls from Gaines Elementary School, Hillsman Middle School, and Cedar Shoals High School. Participants in the program learn to design, customize, and sew garments of all types. In addition to creative sewing, the girls learn many other life skills to prepare for leadership and success in the world. Travel abroad, field trips, speakers and other enrichment make this a unique program. Every year YDSP holds two fashion shows and this year the first one will be held at St. Gregory's on Saturday, May 13 at 3PM. The show will last about an hour with light refreshments afterward. I began volunteering in 2016, and I love this program, the girls, and other volunteers.

The fashion show is free, donations happily accepted. Friends and families of the girls, members of the community, and I hope that many Gregorians will come and see the creative efforts of these girls. I would like to have some volunteers to help set up and put away chairs in the Parish Hall, and help make tea, coffee, and lemonade.

Please contact me if you are willing to help out, interested in coming to the show, or just want to find out more about this amazing program.

With many thanks, Jenifer Borg 706-614-4895 or jeniferaborg@gmail.com

Those Who Serve

Vestry: Maggie Reinberger

Reader: Stacie Court (8AM); June Ball

(10:30AM)

EMs: Anna Thornton & Beth Thornton Crucifers: Ethan Vogt & Warren Lamm

Torches: Aiden Lamm & Charlotte Lamm

Flowers: Mary Ann Cox

Altar Guild: Barbara Dean & Susanne Burton

Ushers: Anna Hiers & Bruce Zavitz Counters: Stacie Court & Angela Greene

Livestream: Ron Balthazor

Clergy and Staff

The Rev. Nikki Mathis Rector rector@stgregoryathens.org | 706-546-7553 x2

The Rev. Christina Dondero Deacon christinadondero@gmail.com | 404-918-7248

Kendall M. Kookogey Parish Administrator/Bookkeeper office@stgregoryathens.org | 706-546-7553 x1

Jonathan Klein Music Director/Organist jonathanfk@gmail.com | 706-296-8102

Joseph Napoli Choir Director awn1984@att.net | 706-546-6638

The Rev. Doug Adkins Director of Children's Ministries jdadkins@hotmail.com | 706-474-4784

Wade McGlamery Youth Minister wwmcglamery@gmail.com | 770-624-4837

Jude Red-Bear Nursery Director juderedbear@icloud.com | 706-614-0008

Mark Hein Buildings/Grounds markehein@gmail.com | 706-549-3239

Anthony Barkdoll Livestream Coordinator anthonybarkdoll@gmail.com

Terri Tillman WebMaster ttillman@gmail.com

Danielle Vogt Coffee Host danielle1784@gmail.com

Peachy Green Clean Co-op Sexton

Nursery Attendants: Missy Hamlin, Jude Red Bear, Danielle Lyle, Megan Reuter, Allie Weaver

Vestry Members: Kate Avinger, John Barrett; John Bray; Stacie Court; Gail Eilers; Blaine Everson; Anna Hiers; LeeAnne Krause; Lane Norton; Maggie Reinberger; Mark Richardson; Shelby Welch; Anna Thornton, Clerk; Les House, Treasurer

Vestry Person of the Day/Week: Maggie Reinberger mmreinberger@gmail.com