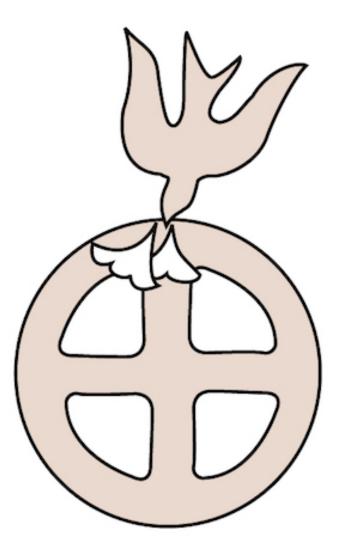
St. Gregory the Great Episcopal Church



JANUARY 22, 2023 Live Streamed on <u>YouTube</u>

10:30AM

SPIRITUAL COMMUNION *

What happens when you are spiritually prepared and desire to receive communion, but can't? Such a case is referenced by a paragraph in the 1979 Prayer Book:

If a person desires to receive the Sacrament, but, by reason of extreme sickness or physical disability, is unable to eat and drink the Bread and Wine, the Celebrant is to assure that person that all the benefits of Communion are received, even though the Sacrament is not received with the mouth.

A nation-wide shut down due to a pandemic fits, I'm sure we'll agree, with the words "by any other impediment" listed in the first Prayer Book. Our Lord will not cut us off from his grace. If we truly desire him, he will come to us, even if we cannot receive the Sacraments he has instituted so that we may receive his grace. This is not a new idea. St Thomas Aquinas, writing nearly 800 years ago, said:

before receiving a sacrament, the reality of the sacrament can be had through the very desire of receiving the sacrament. Accordingly, before actual reception of this sacrament, a man can obtain salvation through the desire of receiving it, just as he can before Baptism through the desire of Baptism, as stated above (Summa, III.73.iii)

Desiring to receive the spiritual grace of the Most Holy Eucharist (and being prevented from receiving it sacramentally) is known as Spiritual Communion. It is so very important to note that this gift is given to us when we cannot, for very good reason, be present at mass.

When you are watching a live-stream or recording of our liturgies, any of the following prayers may be said at the moment of communion when you would normally leave your pew and make your journey to the altar:

In Union, dear Lord, with the faithful at every altar of Your Church where Your blessed Body and Blood are being offered to the Father, I desire to offer You praise and thanksgiving. I believe that You are present in the Holy Sacrament. And since I cannot now receive You sacramentally, I ask You to come spiritually into my heart. I unite myself to You, and embrace You with all the affections of my soul. Let me never be separated from You. Let me live and die in Your love. Amen.

OR

Faithful God, in the wonder of your wisdom and love, you fed your people in the wilderness with the bread of angels, and you sent Jesus to be the bread of life. Though I cannot physically consume these gifts of bread and wine, I thank you that I have received the sacrament of Christ's presence, the forgiveness of sins, and all other benefits of Christ's passion. By the power of the Holy Spirit, may I embody your desire, and be renewed for your service, through Jesus Christ our Savior. Amen. (from Enriching Our Worship 2)

OR

"My Jesus, I believe that you are present in the Blessed Sacrament. I love you above all things and I desire you with all my heart. Since I cannot now receive you sacramentally, I ask you to come spiritually into my heart. I embrace you as if you were already in my heart and unite myself to you completely. Please do not let me ever by separated from you." (by St. Alphonsus Liguori)

*Except where otherwise indicated, the whole of this article (with only very little amendment) is taken from the website of St. Timothy's Episcopal Church, Winston-Salem, North Carolina, where it was posted on April 5, 2020. No author was specified.

THE HOLY VIRTUAL EUCHARIST

The Third Sunday after the Epiphany

THE WORD OF GOD

WELCOME & ANNOUNCEMENTS

Prelude

Processional Hymn 381

Thy strong word did cleave the darkness

TON-Y-BOTEL



The Alleluias in stanzas 1-3 may be sung antiphonally.

OPENING ACCLAMATIONCelebrant:Blessed be God: Father, Son, and Holy Spirit.People:And blessed be his kingdom, now and for ever. Amen.

COLLECT FOR PURITY

BCP 355

BCP 355

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

Robert Powell



THE COLLECT OF THE DAY

Give us grace, O Lord, to answer readily the call of our Savior Jesus Christ and proclaim to all people the Good News of his salvation, that we and the whole world may perceive the glory of his marvelous works; who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

THE FIRST READING

There will be no gloom for those who were in anguish. In the former time he brought into contempt the land of Zebulun and the land of Naphtali, but in the latter time he will make glorious the way of the sea, the land beyond the Jordan, Galilee of the nations. The people who walked in darkness have seen a great light; those who lived in a land of deep darkness— on them light has shined. You have multiplied the nation, you have increased its joy; they rejoice before you as with joy at the harvest, as people exult when dividing plunder. For the yoke of their burden, and the bar across their shoulders, the rod of their oppressor, you have broken as on the day of Midian.

Hear what the Spirit is saying to God's people. Thanks be to God.

Psalm 27:1, 5-13



© 1978, James Frazier.

1 The Lord is my light and my salvation; whom then shall I / fear? *

the Lord is the strength of my life; of whom then shall I be a-/fraid?

5 One thing have I asked of the Lord; one thing I / seek; *

that I may dwell in the house of the Lord all the days of my / life;

6 To behold the fair beauty of the / Lord *

and to seek him in his / temple.

7 For in the day of trouble he shall keep me safe in his / shelter; *

he shall hide me in the secrecy of his dwelling and set me high upon a / rock.



© 1979, Robert Knox Kennedy.

8 Even now he lifts up my / head *

above my enemies round a-/bout me.

9 Therefore I will offer in his dwelling an oblation with sounds of great / gladness; *

- I will sing and make music to the / Lord.
- 10 Hearken to my voice, O Lord, when I / call; *
- have mercy on me and / answer me. 11 You speak in my heart and say, "Seek my / face." *
- Your face, Lord, will I / seek.
- 12 Hide not your / face from me, *
 - nor turn away your servant in dis-/pleasure.

13 You have been my helper; cast me not a-/way; *

do not forsake me, O God of my sal-/vation.

THE SECOND READING

1 Corinthians 1:10-18

Now I appeal to you, brothers and sisters, by the name of our Lord Jesus Christ, that all of you be in agreement and that there be no divisions among you, but that you be united in the same mind and the same purpose. For it has been reported to me by Chloe's people that there are quarrels among you, my brothers and sisters. What I mean is that each of you says, "I belong to Paul," or "I belong to Apollos," or "I belong to Cephas," or "I belong to Christ." Has Christ been divided? Was Paul crucified for you? Or were you baptized in the name of Paul? I thank God that I baptized none of you except Crispus and Gaius, so that no one can say that you were baptized in my name. (I did baptize also the household of Stephanas; beyond that, I do not know whether I baptized anyone else.) For Christ did not send me to baptize but to proclaim the

gospel, and not with eloquent wisdom, so that the cross of Christ might not be emptied of its power. For the message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God.

Hear what the Spirit is saying to God's people. Thanks be to God.

Sequence Hymn 581

Where charity and love prevail

CHESHIRE



6 Love can exclude no race or creed if honored be God's Name; our common life embraces all whose Father is the same.

THE GOSPEL

Matthew 4:12-23

Celebrant:The Holy Gospel of our Savior, Jesus Christ, according to Matthew.People:Glory to you, O Christ.

When Jesus heard that John had been arrested, he withdrew to Galilee. He left Nazareth and made his home in Capernaum by the sea, in the territory of Zebulun and Naphtali, so that what had been spoken through the prophet Isaiah might be fulfilled: "Land of Zebulun, land of Naphtali, on the road by the sea, across the Jordan, Galilee of the Gentiles— the people who sat in darkness have seen a great light, and for those who sat in the region and shadow of death light has dawned." From that time Jesus began to proclaim, "Repent, for the kingdom of heaven has come near." As he walked by the Sea of Galilee, he saw two brothers, Simon, who is called Peter, and Andrew his brother, casting a net into the sea—for they were fishermen. And he said to them, "Follow me, and I will make you fish for people." Immediately they left their nets and followed him. As he went from there, he saw two other brothers, James son of Zebedee and his brother John, in the boat with their father Zebedee, mending their nets, and he called them. Immediately they left the boat and their father, and followed him. Jesus went throughout Galilee, teaching in their synagogues and proclaiming the good news of the kingdom and curing every disease and every sickness among the people.

The Gospel of the Lord. **Praise to you, O Christ.**

The people are seated at the invitation of the preacher.

THE SERMON: The Rev. Ellen Richardson

THE NICENE CREED

(said by all, standing)

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE, Form VI

In peace, we pray to you, Lord God.

For all people in their daily life and work;

For our families, friends, and neighbors, and for those who are alone.

For this community, the nation, and the world; We pray for our President, Joseph, our Governor, Brian, and our Mayor, Kelly.

For all who work for justice, freedom, and peace.

For the just and proper use of your creation;

For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;

For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God;

For all who proclaim the Gospel, and all who seek the Truth.

For Michael, our Presiding Bishop, Rob, Paul, and Don, our Bishops; (...) and for all bishops and other ministers, priests, deacons, and clergy associates, especially Lin, Dutton, Carol, Ellen, Christina, & Nikki;

For all who serve God in his Church.

For the special needs and concerns of this congregation. We pray especially for (...) Hear us, Lord;

For your mercy is great.

We thank you, Lord, for all the blessings of this life. We give thanks for (...)

We will exalt you, O God our King; And praise your Name for ever and ever.

We pray for all who have died, that they may have a place in your eternal kingdom.

Lord, let your loving-kindness be upon them;

Who put their trust in you.

The Celebrant adds a Collect.

CONFESSION AND ABSOLUTION

Celebrant: Let us confess our sins against God and our neighbor.

Celebrant and People: Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Celebrant: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

THE PEACE

Celebrant: The peace of Christ be always with you. People: And also with you. BCP 358

BCP 360

BCP 392

THE HOLY COMMUNION

Offertory Anthem	Song of the Spirit Come, Holy Spirit, fill this sacred place. Make us one body in Your love's embrace. Bind now our hearts in peace and unity. Though we are many, we are one in Thee. Spirit of heaven, Spirit of love, teach us Your music, the song of the dove. Create in our hearts new temples of praise, cathedrals of hope and altars of grace. Come, Holy Spirit, come. Spirit of heaven, Spirit of light, clothe us in glory and blaze in our night. Shine in our shadows. Grant us, we pray, hope for tomorrow and joy for today. Spirit of heaven, Spirit of power, sing to Your children in this very hour. Lord, make us an echo of Your perfect song, repeating the gospel of love clear and strong. O come, Holy Spirit, come. Come. Come.	Joseph M. Martin
Presentation Hymn 380 v. 3	Doxology Praise God, from whom all blessings flow; praise him, all creatures here below; praise him above, ye heavenly host: praise Father, Son, and Holy Ghost.	OLD 100 th
THE GREAT THANKSGIVING, The Lord be with you. And also with you. Lift up your hearts. We lift them to the Lord		BCP 367

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. (*Here a Proper Preface is said*)

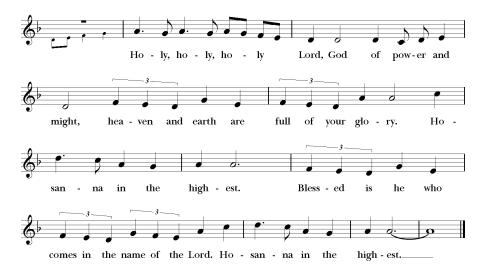
Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

* Sanctus S-129

Let us give thanks to the Lord our God. It is right to give our thanks and praise.

Holy, holy, holy Lord

Robert Powell



We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, according to his command, O Father,

Celebrant and People: We remember his death, We proclaim his resurrection, We await his coming in glory;

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen**.

And now, as our Savior Christ has taught us, we are bold to say

THE LORD'S PRAYER

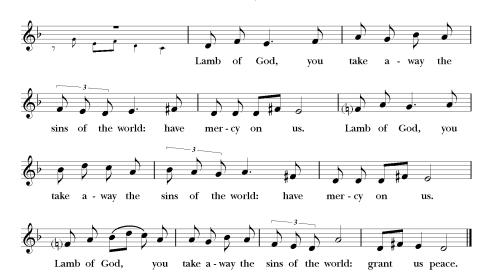
Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

* Fraction Anthem S-163

Lamb of God

Robert Powell

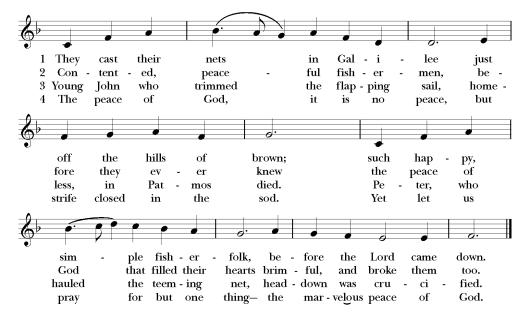
BCP 364



THE COMMUNION OF THE PEOPLE

Communion Hymn 661

GEORGETOWN



Communion Hymn 652

Dear Lord and Father of mankind

Lord and Dear Fa - ther man-kind, for give 1 of our fool - ish 23 In sim - ple trust like theirs who heard, be side the Syr - ian 0 Sab - bath rest by Gal - i - lee! 0 calm of hills a -4 Drop thy still dews of qui - et - ness, till all our striv-ings 5 Breathe through the heats of de - sire thy cool - ness and thy our ways! Re clothe us our right ful mind, in 1 - \mathbf{in} gra ing 2 sea. the cious call of the Lord, let <u>3</u> bove, where Je knelt share with thee the sus to take cease; from souls the strain and stress, and 4 our $\mathbf{5}$ balm; let sense be dumb, let flesh re - tire; speak 8 pur - er lives ser - vice find, in praise. 1 thy deep - er rev-erence, 2 like them, with out a word, rise up and fol thee. us, - low 3 si - lence of е ter - ni - ty in by love! ter - pret - ed 4 or - dered lives con-fess the beau - ty of thy peace. let our 5 through the earth-quake, wind, and fire, O still, small voice calm. of 0

REST

SPIRITUAL COMMUNION PRAYER

Faithful God, in the wonder of your wisdom and love, you fed your people in the wilderness with the bread of angels, and you sent Jesus to be the bread of life. Though I cannot physically consume these gifts of bread and wine, I thank you that I have received the sacrament of Christ's presence, the forgiveness of sins, and all other benefits of Christ's passion. By the power of the Holy Spirit, may I embody your desire, and be renewed for your service, through Jesus Christ our Savior. Amen.

POSTCOMMUNION PRAYER

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

THE BLESSING

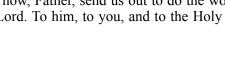
Recessional Hymn 136 LEVAS

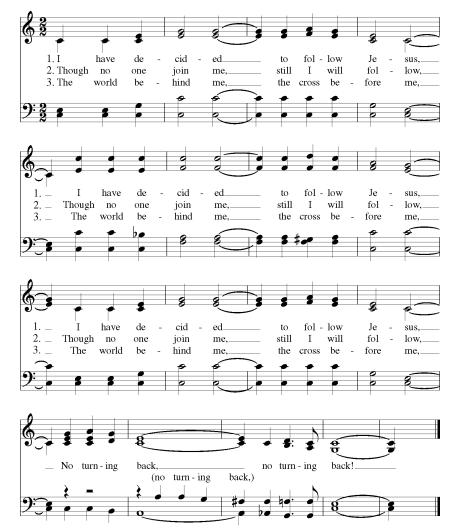
I Have Decided to Follow Jesus

Indian Folk Melody

BCP 366

Enriching Our Worship 2





THE DISMISSAL

Let us go forth into the world rejoicing in the power of the Spirit. Deacon: People: Thanks be to God.

Postlude

Voluntary in D minor

William Herschel

The altar flowers are dedicated to the honor and glory of God, and in memory of Peter Aman Dondero.

Prayers of the People

In our Parish we pray for Billy Hale, Eric Agner, Ann Worley, Bill Alworth, Ray Hoover, RuthElizabeth Conine-Nakano, Stephen Morris, Barbara Johnson, Sue Bush, Janice Rusk, Jennifer Polzin, Susan Williams, Dan Williams, Pat MacKinnon, Dick MacKinnon, Shelby Welch, Don Downie, Olivia Carlisle, Angie Defalco, Ken Packer, Ben, Mobley, Scott, and Lynn.

In thanksgiving for those celebrating their birthday this week: David Stooksbury, Claire Salter, Kitty Ross, Annabelle Coyne, Mayah Blackman, Sheila Kelley, Carolyn Howell, Karen Kassinger, Joe Napoli, and Ruth Vann; and for those celebrating anniversaries: Mark & Barbara Goodwin.

The people listed here are prayed for by name at each Sunday service. To request prayer for yourself or someone else, please call the office (706-546-7553). If at the beginning of the next month the person needs to remain on the list, please call and give the office an update.

COMING UP ...

BROWN BAG LECTURE SERIES | SUNDAY, FEB. 5

Our next Brown Bag Lecture will be "Healthy Brain and Healthy Body: The Science of Aging Well" on Sunday, Feb. 5 from 3-5PM in our Parish Hall. The presenter will be Caleb Snead, UGA College of Public Health, Cognitive Aging, and Research Education Center. This session is for all ages and focuses on how nutrition, exercise, social relationships, and learning new information lead to a healthy brain and healthy body! Come join us! Bring a snack, if you'd like!

NOTES

2023 EPIPHANY DRIVE: FAMILY PROMISE WISHLIST DONATIONS

The Outreach Committee has set up a table in the Education Building designated for contributions to Family Promise's Amazon Wishlist. Family Promise is committed to helping the homeless in our community with temporary shelter, meals, rides to work and/or emergency financial help to avoid losing homes. If you would like to contribute to this mission, you may use the live link to the organization's Amazon Wishlist, which will be included in the Friday newsletter during January. If you prefer to buy items directly, you will find paper copies of the Wishlist in the narthex; you may bring your items to the Education Building through February 6. Thank you, in advance, for your support of Family Promise and our 2023 Epiphany Drive.

CHILDREN'S MINISTRY

As we begin a new semester, we are looking for two more people to serve as teachers/shepherds for Sunday School and/or Children's Church. Preparation will be provided. Please see Doug for more information.

WELCOMING REQUEST

Greeters are needed for the 10:30AM worship services. Please add your name to the sign-up sheet on the inside of the nave double doors. *Thank you, Alice Mohor*

Those Who Serve

Vestry: Maggie Reinberger Readers: Carolyn Abney (8AM); June Ball (10:30AM) EMs: David Stooksbury & Karen Hankins Crucifers: Julia Sanford & Mariel Sanford Torches: Grayson Krause & Porter Welch Flowers: Janet Patterson Altar Guild: Barbara Dean, Mary Ann Caplinger, Jennifer Caplinger Ushers: Anthony & Deborah Garner Counters: Stacie Court & Angela Greene Livestream: Alec Nelson

Clergy and Staff

The Rev. Nikki Mathis Rector rector@stgregoryathens.org | 706-546-7553 x2

The Rev. Christina Dondero Deacon christinadondero@gmail.com | 404-918-7248

Kendall M. Kookogey Parish Administrator/Bookkeeper office@stgregoryathens.org | 706-546-7553 x1

Jonathan Klein Music Director/Organist jonathanfk@gmail.com | 706-296-8102

Joseph Napoli Choir Director awn1984@att.net | 706-546-6638

The Rev. Doug Adkins Director of Children's Ministries *jdadkins@hotmail.com* | 706-474-4784

Wade McGlamery Youth Minister wwmcglamery@gmail.com | 770-624-4837

Jude Red-Bear Nursery Director *juderedbear@icloud.com* | 706-614-0008

Mark Hein Buildings/Grounds markehein@gmail.com | 706-549-3239

Terri Tillman WebMaster *ttillman@gmail.com*

Danielle Vogt Coffee Host *danielle1784@gmail.com*

Anthony Barkdoll Livestream Coordinator anthonybarkdoll@gmail.com

Peachy Green Clean Co-op Sexton

Nursery Attendants: Missy Hamlin, Jude Red Bear, Danielle Lyle, Megan Reuter, Allie Weaver

Vestry Members: Kate Avinger; John Barrett; John Bray; Stacie Court; Gail Eilers; Blaine Everson; Anna Hiers; LeeAnne Krause; Lane Norton; Maggie Reinberger; Mark Richardson; Shelby Welch; Anna Thornton, *Clerk*; Les House, *Treasurer*

Vestry Person of the Day/Week: Maggie Reinberger mmreinberger@gmail.com

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