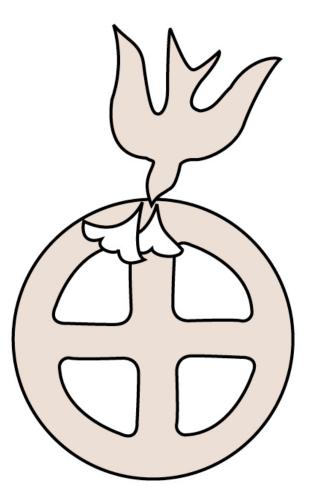
St. Gregory the Great Episcopal Church



JANUARY 24, 2021 Premiered on <u>YouTube</u>

IO:30AM W/ ONLINE COFFEE HOUR BEGINNING AT IO:15AM

THE HOLY VIRTUAL EUCHARIST

The Third Sunday after the Epiphany

THE WORD OF GOD

SPIRITUAL COMMUNION *

What happens when you are spiritually prepared and desire to receive communion, but can't? Such a case is referenced by a paragraph in the 1979 Prayer Book:

If a person desires to receive the Sacrament, but, by reason of extreme sickness or physical disability, is unable to eat and drink the Bread and Wine, the Celebrant is to assure that person that all the benefits of Communion are received, even though the Sacrament is not received with the mouth.

A nation-wide shut down due to a pandemic fits, I'm sure we'll agree, with the words "by any other impediment" listed in the first Prayer Book. Our Lord will not cut us off from his grace. If we truly desire him, he will come to us, even if we cannot receive the Sacraments he has instituted so that we may receive his grace. This is not a new idea. St Thomas Aquinas, writing nearly 800 years ago, said:

before receiving a sacrament, the reality of the sacrament can be had through the very desire of receiving the sacrament. Accordingly, before actual reception of this sacrament, a man can obtain salvation through the desire of receiving it, just as he can before Baptism through the desire of Baptism, as stated above (Summa, III.73.iii)

Desiring to receive the spiritual grace of the Most Holy Eucharist (and being prevented from receiving it sacramentally) is known as Spiritual Communion. It is so very important to note that this gift is given to us when we cannot, for very good reason, be present at mass.

When you are watching a live-stream or recording of our liturgies, any of the following prayers may be said at the moment of communion when you would normally leave your pew and make your journey to the altar:

In Union, dear Lord, with the faithful at every altar of Your Church where Your blessed Body and Blood are being offered to the Father, I desire to offer You praise and thanksgiving. I believe that You are present in the Holy Sacrament. And since I cannot now receive You sacramentally, I ask You to come spiritually into my heart. I unite myself to You, and embrace You with all the affections of my soul. Let me never be separated from You. Let me live and die in Your love. Amen.

OR

Faithful God, in the wonder of your wisdom and love, you fed your people in the wilderness with the bread of angels, and you sent Jesus to be the bread of life. Though I cannot physically consume these gifts of bread and wine, I thank you that I have received the sacrament of Christ's presence, the forgiveness of sins, and all other benefits of Christ's passion. By the power of the Holy Spirit, may I embody your desire, and be renewed for your service, through Jesus Christ our Savior. Amen. (from Enriching Our Worship 2)

OR

"My Jesus, I believe that you are present in the Blessed Sacrament. I love you above all things and I desire you with all my heart. Since I cannot now receive you sacramentally, I ask you to come spiritually into my heart. I embrace you as if you were already in my heart and unite myself to you completely. Please do not let me ever by separated from you." (by St. Alphonsus Liguori)

*Except where otherwise indicated, the whole of this article (with only very little amendment) is taken from the website of St. Timothy's Episcopal Church, Winston-Salem, North Carolina, where it was posted on April 5, 2020. No author was specified.

ANNOUNCEMENTS

Opening Hymn 533

How wondrous and great thy works



OPENING ACCLAMATION

Celebrant:Blessed be God: Father, Son, and Holy Spirit.People:And blessed be his kingdom, now and for ever. Amen.

COLLECT FOR PURITY

BCP 355

LYONS

BCP 355

Glory to God

Robert Powell



THE COLLECT OF THE DAY

Give us grace, O Lord, to answer readily the call of our Savior Jesus Christ and proclaim to all people the Good News of his salvation, that we and the whole world may perceive the glory of his marvelous works; who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

THE FIRST READING

read by Ron Balthazor

Jonah 3:1-5, 10

The word of the Lord came to Jonah a second time, saying, "Get up, go to Nineveh, that great city, and proclaim to it the message that I tell you." So Jonah set out and went to Nineveh, according to the word of the Lord. Now Nineveh was an exceedingly large city, a three days' walk across. Jonah began to go into the city, going a day's walk. And he cried out, "Forty days more, and Nineveh shall be overthrown!" And the people of Nineveh believed God; they proclaimed a fast, and everyone, great and small, put on sackcloth. When God saw what they did, how they turned from their evil ways, God changed his mind about the calamity that he had said he would bring upon them; and he did not do it.

Hear what the Spirit is saying to God's people. Thanks be to God.

Psalm 62:6-14

Spoken by all

6 For God alone my soul in silence waits; * truly, my hope is in him.

7 He alone is my rock and my salvation, * my stronghold, so that I shall not be shaken.

8 In God is my safety and my honor; * God is my strong rock and my refuge.

9 Put your trust in him always, O people, * pour out your hearts before him, for God is our refuge.

10 Those of high degree are but a fleeting breath, * even those of low estate cannot be trusted.

11 On the scales they are lighter than a breath, * all of them together.

12 Put no trust in extortion; in robbery take no empty pride; * though wealth increase, set not your heart upon it.

13 God has spoken once, twice have I heard it, * that power belongs to God.

14 Steadfast love is yours, O Lord, * for you repay everyone according to his deeds.

THE SECOND READING

1 Corinthians 7:29-31

I mean, brothers and sisters, the appointed time has grown short; from now on, let even those who have wives be as though they had none, and those who mourn as though they were not mourning, and those who rejoice as though they were not rejoicing, and those who buy as though they had no possessions, and those who deal with the world as though they had no dealings with it. For the present form of this world is passing away.

Hear what the Spirit is saying to God's people. *Thanks be to God.*



THE GOSPEL

Celebrant: People: Mark 1:14-20

nt: *The Holy Gospel of our Savior, Jesus Christ, according to Mark.* Glory to you, O Christ.

After John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news." As Jesus passed along the Sea of Galilee, he saw Simon and his brother Andrew casting a net into the sea—for they were fishermen. And Jesus said to them, "Follow me and I will make you fish for people." And immediately they left their nets and followed him. As he went a little farther, he saw James son of Zebedee and his brother John, who were in their boat mending the nets. Immediately he called them; and they left their father Zebedee in the boat with the hired men, and followed him.

The Gospel of the Lord. *Praise to you, O Christ.*

The people are seated at the invitation of the preacher.

THE SERMON: The Rev. Nikki Mathis

THE NICENE CREED

(said by all)

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE In peace, we pray to you, Lord God.

For all people in their daily life and work; For our families, friends, and neighbors, and for those who are alone.

For this community, the nation, and the world; For all who work for justice, freedom, and peace.

For the just and proper use of your creation; For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble; For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God; For all who proclaim the Gospel, and all who seek the Truth.

For Michael, our Presiding Bishop, and Rob and Don, our Bishops; and for all bishops and other ministers, especially Nikki, our Priest, and Christina, our Deacon; **For all who serve God in his Church.**

For the special needs and concerns of this congregation. (...) Hear us, Lord; For your mercy is great.

We thank you, Lord, for all the blessings of this life. (...) We will exalt you, O God our King; And praise your Name for ever and ever.

We pray for all who have died, that they may have a place in your eternal kingdom. Lord, let your loving-kindness be upon them; Who put their trust in you.

The Celebrant adds a concluding Collect.

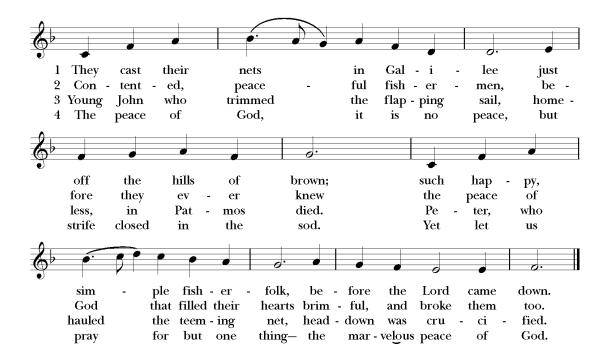
THE PEACECelebrant:The peace of Christ be always with you.People:And also with you.

THE HOLY COMMUNION

Offertory Hymn 661

They cast their nets in Galilee

GEORGETOWN



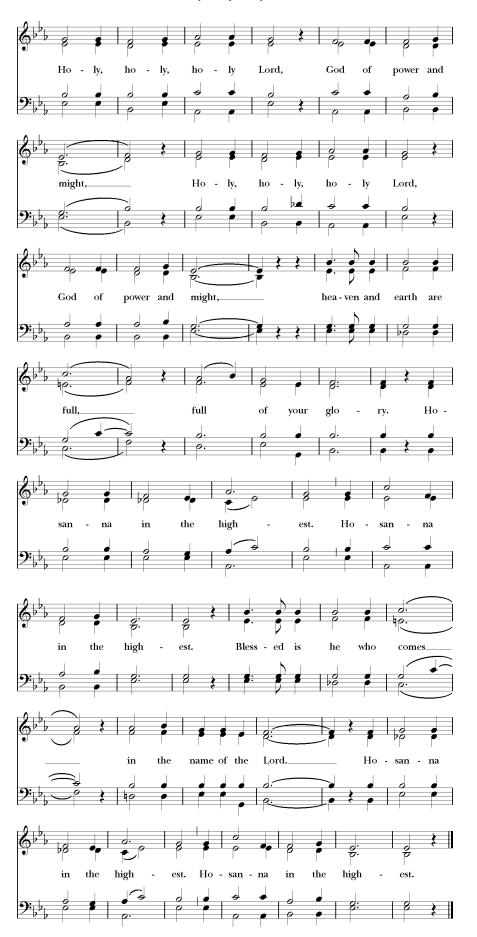
THE GREAT THANKSGIVING, EUCHARISTIC PRAYER B The Lord be with you. And also with you. Lift up your hearts. We lift them to the Lord. Let us give thanks to the Lord our God. It is right to give our thanks and praise.

It is right, and a good and joyful thing, always and every- where to give thanks to you, Father Almighty, Creator of heaven and earth. (*Here a Proper Preface is said*)

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

BCP 367

Franz Schubert



Celebrant continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

Celebrant and People	We remember his death,
*	We proclaim his resurrection,
	We await his coming in glory;

The Celebrant continues

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Mary, St. Gregory the Great, and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. Amen.

And now, as our Savior Christ has taught us, we are bold to say

THE LORD'S PRAYER

BCP 364

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

Jesus, Lamb of God



THE COMMUNION OF THE PEOPLE

SPIRITUAL COMMUNION PRAYER

Faithful God, in the wonder of your wisdom and love, you fed your people in the wilderness with the bread of angels, and you sent Jesus to be the bread of life. Though I cannot physically consume these gifts of bread and wine, I thank you that I have received the sacrament of Christ's presence, the forgiveness of sins, and all other benefits of Christ's passion. By the power of the Holy Spirit, may I embody your desire, and be renewed for your service, through Jesus Christ our Savior. Amen.

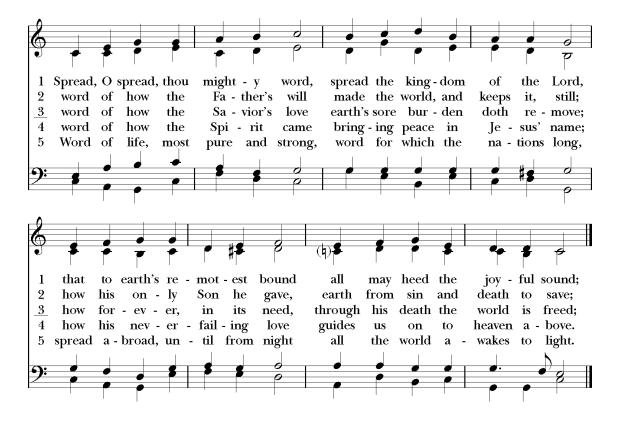
POSTCOMMUNION PRAYER

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

THE BLESSING

Enriching Our Worship 2

BCP 365



THE DISMISSAL

Deacon:Let us go forth into the world rejoicing in the power of the Spirit.People:Thanks be to God.

Fellowship Postlude

God Fashioned Love

Carol Muehlig

The altar flowers are dedicated to the honor and glory of God, and in memory of John R. Curtis.

Prayers of the People

In our Parish we pray for Carl Hoveland, Terrell Benton, Carol Jones, Rainsly Vogt, Mark Goodwin, Jane Bowen, Mack Thurmond, Marge Massey, Dot Cooper, Allena Armour, Doug Welch, Pat Irby, Pat Titus, Stephanie Gamble, Rose Ann Pace, Aaron Muckin, Glen Jedlicka, Stephen Morris, George Watson, Conoly Hester, Deborah Freeman, Catherine Hartley, Mary Parkman, Gayle Duncan, Jimmy Simons, Gene Watson, Bill Walker, Sandy Elhenicky, Shelby Welch, Sarah Gordon, Roger Swagler, Stanley Armour, Martha Beach, Jack Beach, Tammy Bishop, Cecil Miller, Bill Beagle, Sally Stuckey, Kim Rider, Patrick Dean, Diane Holcomb, Stephen Corn, Ken Packer, Pete, Sophia, Samantha, Jennifer, Chip, and Buddy.

In thanksgiving for those celebrating their birthdays this week: Annabelle Coyne, Mayah Blackman, Sheila Kelley, Carolyn Howell, Karen Kassinger, Joe Napoli, and Berni McCranie; and for those celebrating anniversaries: Lief Carter & Marilyn Vickers, and Mark & Barbara Goodwin.

The people listed here are prayed for by name at each Sunday service. To request prayer for yourself or someone else, please call the office (706-546-7553). If at the beginning of the next month the person needs to remain on the list, please call and give the office an update.

Clergy and Staff

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Vestry Members: Kathryn Musholt, Sr. Warden; Kelly Black, Jr. Warden, Jack Armistead; Eddie Bennett; Rhonda Hefner-Packer; Jane Hudson; Marge Massey; Caley Ross; Beth Thornton; Chrissy Moffett, Clerk; Les House, Treasurer

Vestry Person of the Day/Week: Kathryn Musholt kathrynmusholt@sbcglobal.net