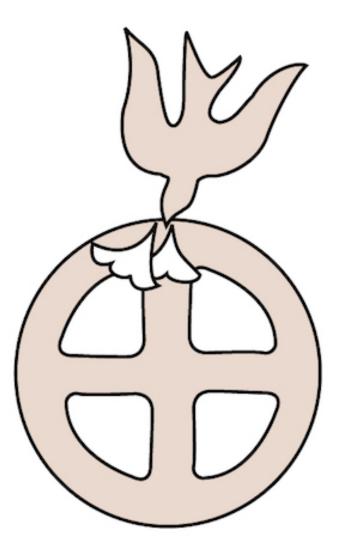
# St. Gregory the Great Episcopal Church



JANUARY 29, 2023 Live Streamed on <u>YouTube</u>

10:30AM

#### SPIRITUAL COMMUNION \*

What happens when you are spiritually prepared and desire to receive communion, but can't? Such a case is referenced by a paragraph in the 1979 Prayer Book:

If a person desires to receive the Sacrament, but, by reason of extreme sickness or physical disability, is unable to eat and drink the Bread and Wine, the Celebrant is to assure that person that all the benefits of Communion are received, even though the Sacrament is not received with the mouth.

A nation-wide shut down due to a pandemic fits, I'm sure we'll agree, with the words "by any other impediment" listed in the first Prayer Book. Our Lord will not cut us off from his grace. If we truly desire him, he will come to us, even if we cannot receive the Sacraments he has instituted so that we may receive his grace. This is not a new idea. St Thomas Aquinas, writing nearly 800 years ago, said:

before receiving a sacrament, the reality of the sacrament can be had through the very desire of receiving the sacrament. Accordingly, before actual reception of this sacrament, a man can obtain salvation through the desire of receiving it, just as he can before Baptism through the desire of Baptism, as stated above (Summa, III.73.iii)

Desiring to receive the spiritual grace of the Most Holy Eucharist (and being prevented from receiving it sacramentally) is known as Spiritual Communion. It is so very important to note that this gift is given to us when we cannot, for very good reason, be present at mass.

When you are watching a live-stream or recording of our liturgies, any of the following prayers may be said at the moment of communion when you would normally leave your pew and make your journey to the altar:

In Union, dear Lord, with the faithful at every altar of Your Church where Your blessed Body and Blood are being offered to the Father, I desire to offer You praise and thanksgiving. I believe that You are present in the Holy Sacrament. And since I cannot now receive You sacramentally, I ask You to come spiritually into my heart. I unite myself to You, and embrace You with all the affections of my soul. Let me never be separated from You. Let me live and die in Your love. Amen.

OR

Faithful God, in the wonder of your wisdom and love, you fed your people in the wilderness with the bread of angels, and you sent Jesus to be the bread of life. Though I cannot physically consume these gifts of bread and wine, I thank you that I have received the sacrament of Christ's presence, the forgiveness of sins, and all other benefits of Christ's passion. By the power of the Holy Spirit, may I embody your desire, and be renewed for your service, through Jesus Christ our Savior. Amen. (from Enriching Our Worship 2)

OR

"My Jesus, I believe that you are present in the Blessed Sacrament. I love you above all things and I desire you with all my heart. Since I cannot now receive you sacramentally, I ask you to come spiritually into my heart. I embrace you as if you were already in my heart and unite myself to you completely. Please do not let me ever by separated from you." (by St. Alphonsus Liguori)

\*Except where otherwise indicated, the whole of this article (with only very little amendment) is taken from the website of St. Timothy's Episcopal Church, Winston-Salem, North Carolina, where it was posted on April 5, 2020. No author was specified.

# THE HOLY VIRTUAL EUCHARIST

The Fourth Sunday after the Epiphany

# THE WORD OF GOD

#### WELCOME & ANNOUNCEMENTS

#### Prelude

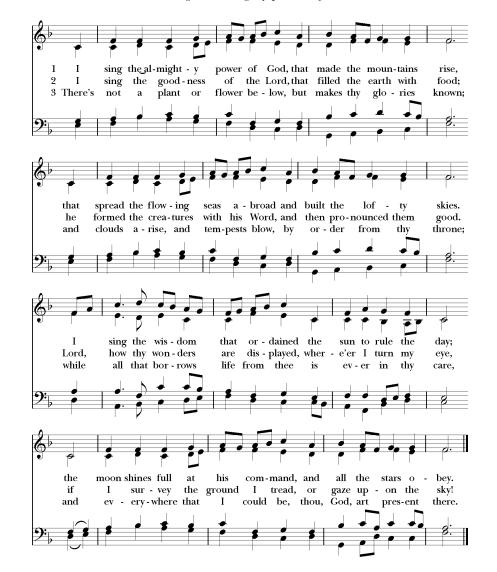
#### Holy Ground

Geron Davis arr. Carol Tornquist

FOREST GREEN

**Processional Hymn 398** 

I sing the almighty power of God



### **OPENING ACCLAMATION**

Celebrant: Blessed be God: Father, Son, and Holy Spirit. People: And blessed be his kingdom, now and for ever. Amen.

## COLLECT FOR PURITY

**BCP 355** 

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

BCP 355



#### THE COLLECT OF THE DAY

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

#### THE FIRST READING

Hear what the Lord says: Rise, plead your case before the mountains, and let the hills hear your voice. Hear, you mountains, the controversy of the Lord, and you enduring foundations of the earth; for the Lord has a controversy with his people, and he will contend with Israel. "O my people, what have I done to you? In what have I wearied you? Answer me! For I brought you up from the land of Egypt, and redeemed you from the house of slavery; and I sent before you Moses, Aaron, and Miriam. O my people, remember now what King Balak of Moab devised, what Balaam son of Beor answered him, and what happened from Shittim to Gilgal, that you may know the saving acts of the Lord." "With what shall I come before the Lord, and bow myself before God on high? Shall I come before him with burnt-offerings, with calves a year old? Will the Lord be pleased with thousands of rams, with tens of thousands of rivers of oil? Shall I give my firstborn for my transgression, the fruit of my body for the sin of my soul?" He has told you, O mortal, what is good; and what does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God?

*Hear what the Spirit is saying to God's people. Thanks be to God.* 

Psalm 15 (spoken)

- 1 Lord, who may dwell in your tabernacle? \* who may abide upon your holy hill?
- 2 Whoever leads a blameless life and does what is right, \* who speaks the truth from his heart.
- 3 There is no guile upon his tongue; he does no evil to his friend; \* he does not heap contempt upon his neighbor.
- 4 In his sight the wicked is rejected, \*
  - but he honors those who fear the Lord.
- 5 He has sworn to do no wrong \*
  - and does not take back his word.
- 6 He does not give his money in hope of gain, \*
- nor does he take a bribe against the innocent.
- 7 Whoever does these things \*

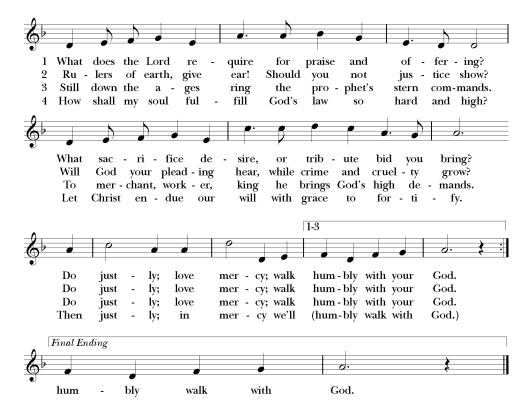
shall never be overthrown.

#### THE SECOND READING

#### 1 Corinthians 1:18-31

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written, "I will destroy the wisdom of the wise, and the discernment of the discerning I will thwart." Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength. Consider your own call, brothers and sisters: not many of you were wise by human standards, not many were powerful, not many were of noble birth. But God chose what is foolish in the world to shame the wise; God chose what is weak in the world to shame the strong; God chose what is low and despised in the world, things that are not, to reduce to nothing things that are, so that no one might boast in the presence of God. He is the source of your life in Christ Jesus, who became for us wisdom from God, and righteousness and sanctification and redemption, in order that, as it is written, "Let the one who boasts, boast in the Lord."

*Hear what the Spirit is saying to God's people. Thanks be to God.* 



THE GOSPEL

Matthew 5:1-12

# Celebrant:The Holy Gospel of our Savior, Jesus Christ, according to Matthew.People:Glory to you, O Christ.

When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. Then he began to speak, and taught them, saying:

"Blessed are the poor in spirit, for theirs is the kingdom of heaven.

"Blessed are those who mourn, for they will be comforted.

"Blessed are the meek, for they will inherit the earth.

"Blessed are those who hunger and thirst for righteousness, for they will be filled.

"Blessed are the merciful, for they will receive mercy.

"Blessed are the pure in heart, for they will see God.

"Blessed are the peacemakers, for they will be called children of God.

"Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.

"Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you."

The Gospel of the Lord. **Praise to you, O Christ.** 

*The people are seated at the invitation of the preacher.* 

THE SERMON: The Rev. Doug Adkins

# THE NICENE CREED

#### (said by all, standing)

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

# PRAYERS OF THE PEOPLE, Form VI

In peace, we pray to you, Lord God.

# For all people in their daily life and work;

# For our families, friends, and neighbors, and for those who are alone.

For this community, the nation, and the world; We pray for our President, Joseph, our Governor, Brian, and our Mayor, Kelly.

## For all who work for justice, freedom, and peace.

For the just and proper use of your creation;

For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;

# For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God;

# For all who proclaim the Gospel, and all who seek the Truth.

For Michael, our Presiding Bishop, Rob, Paul, and Don, our Bishops; (...) and for all bishops and other ministers, priests, deacons, and clergy associates, especially Lin, Dutton, Carol, Ellen, Christina, Doug, & Nikki;

# For all who serve God in his Church.

For the special needs and concerns of this congregation. We pray especially for (...) Hear us, Lord;

### For your mercy is great.

We thank you, Lord, for all the blessings of this life. We give thanks for (...)

We will exalt you, O God our King;

# And praise your Name for ever and ever.

We pray for all who have died, that they may have a place in your eternal kingdom. Lord, let your loving-kindness be upon them;

### Who put their trust in you.

The Celebrant adds a Collect.

# CONFESSION AND ABSOLUTION

Celebrant: Let us confess our sins against God and our neighbor.

Celebrant and People: Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

*Celebrant*: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

# THE PEACE

Celebrant:The peace of Christ be always with you.People:And also with you.

BCP 360

BCP 392

## THE HOLY COMMUNION

<b>Offertory Anthem</b>	In the cross of Christ I glory	John Bowring/Ithamar Conkey
	In the cross of Christ I glory, towering o'er the wrecks of time; all the light of sacred story gathers round its head sublime. When the woes of life o'er-take me, hopes deceive, and fears annoy never shall the cross forsake me: lo, it glows with peace and joy. When the sun of bliss is beaming light and love upon my way, from the cross the radiance streaming adds new luster to the day. Bane and blessing, pain and pleasure, by the cross are sanctified; peace is there that knows no measure, joys that through all time abid In the cross of Christ I glory, towering o'er the wrecks of time; all the light of sacred story gathers round its head sublime.	
Presentation Hymn 380 v. 3	Doxology	OLD 100 <sup>th</sup>
	Praise God, from whom all blessings flow; praise him, all creatures here below; praise him above, ye heavenly host: praise Father, Son, and Holy Ghost.	
THE GREAT THANKSGIVING, EUCHARISTIC PRAYER B The Lord be with you. And also with you. Lift up your hearts. We lift them to the Lord. Let us give thanks to the Lord our God.		BCP 367

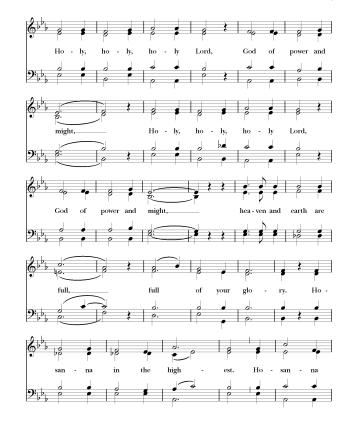
It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. (*Here a Proper Preface is said*)

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

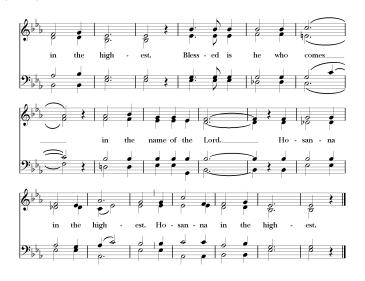
\* Sanctus S-130

#### Holy, holy, holy Lord

Franz Schubert



It is right to give our thanks and praise.



We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, according to his command, O Father,

#### Celebrant and People: We remember his death, We proclaim his resurrection, We await his coming in glory;

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen**.

And now, as our Savior Christ has taught us, we are bold to say

#### THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

\* Fraction Anthem S-164

Jesus, Lamb of God

Je - sus, Lamb of God: have mer - cy on us.

Franz Schubert

BCP 364

#### THE COMMUNION OF THE PEOPLE

#### **Communion Hymn 554**



#### **Communion Hymn 343**

Shepherd of souls

ST. AGNES



#### SIMPLE GIFTS

#### SPIRITUAL COMMUNION PRAYER

Faithful God, in the wonder of your wisdom and love, you fed your people in the wilderness with the bread of angels, and you sent Jesus to be the bread of life. Though I cannot physically consume these gifts of bread and wine, I thank you that I have received the sacrament of Christ's presence, the forgiveness of sins, and all other benefits of Christ's passion. By the power of the Holy Spirit, may I embody your desire, and be renewed for your service, through Jesus Christ our Savior. Amen.

#### POSTCOMMUNION PRAYER

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

#### THE BLESSING

#### **Recessional Hymn 556**

#### Rejoice, ye pure in heart!

MARION

**BCP 366** 

Enriching Our Worship 2



## THE DISMISSAL

Deacon:Let us go forth into the world rejoicing in the power of the Spirit.People:Thanks be to God.

#### Postlude

We Bring the Sacrifice of Praise

Kirk Dearman arr. Mark Hayes

# Prayers of the People

In our Parish we pray for Billy Hale, Eric Agner, Bill Alworth, Ray Hoover, RuthElizabeth Conine-Nakano, Stephen Morris, Barbara Johnson, Sue Bush, Janice Rusk, Jennifer Polzin, Susan Williams, Dan Williams, Pat MacKinnon, Shelby Welch, Don Downie, Olivia Carlisle, Angie Defalco, Ken Packer, Ben, Mobley, Scott, and Lynn.

In thanksgiving for those celebrating their birthday this week: Bernie McCranie, Tristen Webb, Jean Russe, McGowan Drewry, Ken Taylor, Harper Ann Moffett, and Charlie Carabello.

The people listed here are prayed for by name at each Sunday service. To request prayer for yourself or someone else, please call the office (706-546-7553). If at the beginning of the next month the person needs to remain on the list, please call and give the office an update.

# COMING UP ...

# **BROWN BAG LECTURE SERIES | SUNDAY, FEB. 5**

Our next Brown Bag Lecture will be "Healthy Brain and Healthy Body: The Science of Aging Well" on Sunday, Feb. 5 from 3-5PM in our Parish Hall. The presenter will be Caleb Snead, UGA College of Public Health, Cognitive Aging, and Research Education Center. This session is for all ages and focuses on how nutrition, exercise, social relationships, and learning new information lead to a healthy brain and healthy body! Come join us! Bring a snack, if you'd like!

# COMMITTAL SERVICE FOR LIEF CARTER | SUNDAY, FEB. 19

The committal service for Lief Carter will be held in our memorial garden on Sunday, February 19 @ 2:30PM followed by a celebration at the Botanical Garden Terrace Room at 3PM.

# **NOTES**

# 2023 EPIPHANY DRIVE: FAMILY PROMISE WISHLIST DONATIONS

The Outreach Committee has set up a table in the Education Building designated for contributions to Family Promise's Amazon Wishlist. Family Promise is committed to helping the homeless in our community with temporary shelter, meals, rides to work and/or emergency financial help to avoid losing homes. If you would like to contribute to this mission, you may use the live link to the organization's Amazon Wishlist, which will be included in the Friday newsletter during January. If you prefer to buy items directly, you will find paper copies of the Wishlist in the narthex; you may bring your items to the Education Building through February 6. Thank you, in advance, for your support of Family Promise and our 2023 Epiphany Drive.

# CHILDREN'S MINISTRY

As we begin a new semester, we are looking for two more people to serve as teachers/shepherds for Sunday School and/or Children's Church. Preparation will be provided. Please see Doug for more information.

# WELCOMING REQUEST

Greeters are needed for the 10:30AM worship services. Please add your name to the sign-up sheet on the inside of the nave double doors. *Thank you, Alice Mohor* 

# Those Who Serve

Vestry: LeeAnne Krause Readers: Lynn Hanna (8AM); Annette Bates (10:30AM) EMs: Barbara Kuhn & Lin Kromhout Crucifers: Anna Thornton & Wade McGlamery Torches: Roger Schwenke & Beth Thornton Flowers: Kris Braman Altar Guild: Nancy Watson & Anna Thornton Ushers: Bill & Lois Alworth Counters: Alice Mohor & Gail Eilers Livestream: Jeff Welch

## Clergy and Staff

**The Rev. Nikki Mathis** Rector rector@stgregoryathens.org | 706-546-7553 x2

**The Rev. Christina Dondero** Deacon christinadondero@gmail.com | 404-918-7248

Kendall M. Kookogey Parish Administrator/Bookkeeper office@stgregoryathens.org | 706-546-7553 x1

Jonathan Klein Music Director/Organist jonathanfk@gmail.com | 706-296-8102

Joseph Napoli Choir Director awn1984@att.net | 706-546-6638

**The Rev. Doug Adkins** Director of Children's Ministries *jdadkins@hotmail.com* | 706-474-4784

Wade McGlamery Youth Minister wwmcglamery@gmail.com | 770-624-4837

Jude Red-Bear Nursery Director juderedbear@icloud.com | 706-614-0008

Mark Hein Buildings/Grounds markehein@gmail.com | 706-549-3239

**Terri Tillman** WebMaster *ttillman@gmail.com* 

**Danielle Vogt** Coffee Host *danielle1784@gmail.com* 

Anthony Barkdoll Livestream Coordinator anthonybarkdoll@gmail.com

Peachy Green Clean Co-op Sexton

Nursery Attendants: Missy Hamlin, Jude Red Bear, Danielle Lyle, Megan Reuter, Allie Weaver

*Vestry Members:* Kate Avinger; John Barrett; John Bray; Stacie Court; Gail Eilers; Blaine Everson; Anna Hiers; LeeAnne Krause; Lane Norton; Maggie Reinberger; Mark Richardson; Shelby Welch; Anna Thornton, *Clerk*; Les House, *Treasurer* 

Vestry Person of the Day/Week: LeeAnne Krause leeanne.krause@verizon.net

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