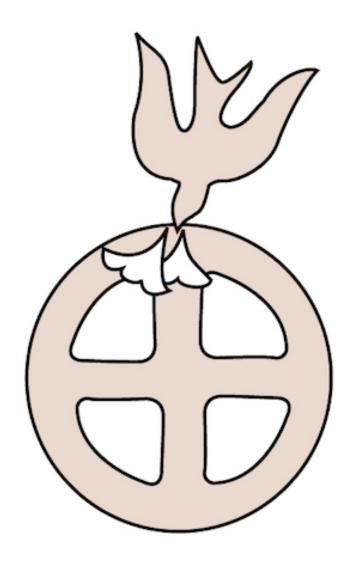
St. Gregory the Great Episcopal Church



FEBRUARY 12, 2023 Live Streamed on <u>YouTube</u>

10:30АМ

SPIRITUAL COMMUNION *

What happens when you are spiritually prepared and desire to receive communion, but can't? Such a case is referenced by a paragraph in the 1979 Prayer Book:

If a person desires to receive the Sacrament, but, by reason of extreme sickness or physical disability, is unable to eat and drink the Bread and Wine, the Celebrant is to assure that person that all the benefits of Communion are received, even though the Sacrament is not received with the mouth.

A nation-wide shut down due to a pandemic fits, I'm sure we'll agree, with the words "by any other impediment" listed in the first Prayer Book. Our Lord will not cut us off from his grace. If we truly desire him, he will come to us, even if we cannot receive the Sacraments he has instituted so that we may receive his grace. This is not a new idea. St Thomas Aquinas, writing nearly 800 years ago, said:

before receiving a sacrament, the reality of the sacrament can be had through the very desire of receiving the sacrament. Accordingly, before actual reception of this sacrament, a man can obtain salvation through the desire of receiving it, just as he can before Baptism through the desire of Baptism, as stated above (Summa, III.73.iii)

Desiring to receive the spiritual grace of the Most Holy Eucharist (and being prevented from receiving it sacramentally) is known as Spiritual Communion. It is so very important to note that this gift is given to us when we cannot, for very good reason, be present at mass.

When you are watching a live-stream or recording of our liturgies, any of the following prayers may be said at the moment of communion when you would normally leave your pew and make your journey to the altar:

In Union, dear Lord, with the faithful at every altar of Your Church where Your blessed Body and Blood are being offered to the Father, I desire to offer You praise and thanksgiving. I believe that You are present in the Holy Sacrament. And since I cannot now receive You sacramentally, I ask You to come spiritually into my heart. I unite myself to You, and embrace You with all the affections of my soul. Let me never be separated from You. Let me live and die in Your love. Amen.

OR

Faithful God, in the wonder of your wisdom and love, you fed your people in the wilderness with the bread of angels, and you sent Jesus to be the bread of life. Though I cannot physically consume these gifts of bread and wine, I thank you that I have received the sacrament of Christ's presence, the forgiveness of sins, and all other benefits of Christ's passion. By the power of the Holy Spirit, may I embody your desire, and be renewed for your service, through Jesus Christ our Savior. Amen. (from Enriching Our Worship 2)

OR

"My Jesus, I believe that you are present in the Blessed Sacrament.

I love you above all things and I desire you with all my heart.

Since I cannot now receive you sacramentally,
I ask you to come spiritually into my heart.
I embrace you as if you were already in my heart
and unite myself to you completely.

Please do not let me ever by separated from you." (by St. Alphonsus Liguori)

*Except where otherwise indicated, the whole of this article (with only very little amendment) is taken from the website of St. Timothy's Episcopal Church, Winston-Salem, North Carolina, where it was posted on April 5, 2020. No author was specified.

THE HOLY VIRTUAL EUCHARIST

The Sixth Sunday after the Epiphany

THE WORD OF GOD

WELCOME & ANNOUNCEMENTS

Prelude

Processional Hymn 635

If thou but trust in God to guide thee

WER NUR DEN LIEBEN GOTT



OPENING ACCLAMATION

BCP 355

Celebrant: Blessed be God: Father, Son, and Holy Spirit.

People: And blessed be his kingdom, now and for ever. Amen.

COLLECT FOR PURITY

BCP 35

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

* Gloria S-280 Glory to God Robert Powell



THE COLLECT OF THE DAY

O God, the strength of all who put their trust in you: Mercifully accept our prayers; and because in our weakness we can do nothing good without you, give us the help of your grace, that in keeping your commandments we may please you both in will and deed; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

THE FIRST READING

Deuteronomy 30:15-20

Moses said, "See, I have set before you today life and prosperity, death and adversity. If you obey the commandments of the Lord your God that I am commanding you today, by loving the Lord your God, walking in his ways, and observing his commandments, decrees, and ordinances, then you shall live and become numerous, and the Lord your God will bless you in the land that you are entering to possess. But if your heart turns away and you do not hear, but are led astray to bow down to other gods and serve them, I declare to you today that you shall perish; you shall not live long in the land that you are crossing the Jordan to enter and possess. I call heaven and earth to witness against you today that I have set before you life and death, blessings and curses. Choose life so that you and your descendants may live, loving the Lord your God, obeying him, and holding fast to him; for that means life to you and length of days, so that you may live in the land that the Lord swore to give to your ancestors, to Abraham, to Isaac, and to Jacob."

Hear what the Spirit is saying to God's people.

Thanks be to God.

Psalm 119: 1-8

1 Happy are they whose way is / blameless, * who walk in the law of the / Lord!

2 Happy are they who observe his de-/crees * and seek him with all their / hearts!

3 Who never do any / wrong, *

but always walk in his / ways.

4 You laid down your com-/mandments, * that we should fully / keep them.

5 Oh, that my ways were made so di-/rect * that I might keep your / statutes!

6 Then I should not be put to / shame, *

when I regard all your com-/mandments.

7 I will thank you with an unfeigned / heart, *

when I have learned your righteous / judgments.

8 I will keep your / statutes; *

do not utterly for-/sake me.



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THE SECOND READING 1 Corinthians 3:1-9

Brothers and sisters, I could not speak to you as spiritual people, but rather as people of the flesh, as infants in Christ. I fed you with milk, not solid food, for you were not ready for solid food. Even now you are still not ready, for you are still of the flesh. For as long as there is jealousy and quarreling among you, are you not of the flesh, and behaving according to human inclinations? For when one says, "I belong to Paul," and another, "I belong to Apollos," are you not merely human? What then is Apollos? What is Paul? Servants through whom you came to believe, as the Lord assigned to each. I planted, Apollos watered, but God gave the growth. So neither the one who plants nor the one who waters is anything, but only God who gives the growth. The one who plants and the one who waters have a common purpose, and each will receive wages according to the labor of each. For we are God's servants, working together; you are God's field, God's building.

Hear what the Spirit is saying to God's people.

Thanks be to God.



THE GOSPEL Matthew 5:21-37

Celebrant: The Holy Gospel of our Savior, Jesus Christ, according to Matthew. People: Glory to you, O Christ.

Jesus said, "You have heard that it was said to those of ancient times, 'You shall not murder'; and 'whoever murders shall be liable to judgment.' But I say to you that if you are angry with a brother or sister, you will be liable to judgment; and if you insult a brother or sister, you will be liable to the council; and if you say, 'You fool,' you will be liable to the hell of fire. So when you are offering your gift at the altar, if you remember that your brother or sister has something against you, leave your gift there before the altar and go; first be reconciled to your brother or sister, and then come and offer your gift. Come to terms quickly with your accuser while you are on the way to court with him, or your accuser may hand you over to the judge, and the judge to the guard, and you will be thrown into prison. Truly I tell you, you will never get out until you have paid the last penny. "You have heard that it was said, 'You shall not commit adultery.' But I say to you that everyone who looks at a woman with lust has already committed adultery with her in his heart. If your right eye causes you to sin, tear it out and throw it away; it is better for you to lose one of your members than for your whole body to be thrown into hell. And if your right hand causes you to sin, cut it off and throw it away; it is better for you to lose one of your members than for your whole body to go into hell. "It was also said, 'Whoever divorces his wife, let him give her a certificate of divorce.' But I say to you that anyone who divorces his wife, except on the ground of unchastity, causes her to commit adultery; and whoever marries a divorced woman commits adultery. "Again, you have heard that it was said to those of ancient times, 'You shall not swear falsely, but carry out the vows you have made to the Lord.' But I say to you, Do not swear at all, either by heaven, for it is the throne of God, or by the earth, for it is his footstool, or by Jerusalem, for it is the city of the great King. And do not swear by your head, for you cannot make one hair white or black. Let your word be 'Yes, Yes' or 'No, No'; anything more than this comes from the evil one."

The Gospel of the Lord. **Praise to you, O Christ.**

The people are seated at the invitation of the preacher.

THE SERMON: The Rev. Nikki Mathis

THE NICENE CREED BCP 358

(said by all, standing)

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE, Form VI

BCP 392

In peace, we pray to you, Lord God.

For all people in their daily life and work;

For our families, friends, and neighbors, and for those who are alone.

For this community, the nation, and the world; We pray for our President, Joseph, our Governor, Brian, and our Mayor, Kelly.

For all who work for justice, freedom, and peace.

For the just and proper use of your creation;

For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;

For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God;

For all who proclaim the Gospel, and all who seek the Truth.

For Michael, our Presiding Bishop, Rob, Paul, and Don, our Bishops; (...) and for all bishops and other ministers, priests, deacons, and clergy associates, especially Lin, Dutton, Carol, Ellen, Christina, Doug, & Nikki;

For all who serve God in his Church.

For the special needs and concerns of this congregation. We pray especially for (...)

Hear us, Lord;

For your mercy is great.

We thank you, Lord, for all the blessings of this life. We give thanks for (...)

We will exalt you, O God our King;

And praise your Name for ever and ever.

We pray for all who have died, that they may have a place in your eternal kingdom.

Lord, let your loving-kindness be upon them;

Who put their trust in you.

The Celebrant adds a Collect.

CONFESSION AND ABSOLUTION

BCP 360

Celebrant: Let us confess our sins against God and our neighbor.

Celebrant and People: Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Celebrant: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

THE PEACE

Celebrant: The peace of Christ be always with you.

People: And also with you.

THE HOLY COMMUNION

Offertory Anthem

Lead me, Lord

Samuel Sebastian Wesley

Lead me Lord, lead me in thy righteousness, make thy way plain before my face. For it is thou, Lord, thou, Lord, only, that makest me dwell in safety.

Presentation Hymn 380 v. 3

Doxology

OLD 100TH

Praise God, from whom all blessings flow; praise him, all creatures here below; praise him above, ye heavenly host: praise Father, Son, and Holy Ghost.

THE GREAT THANKSGIVING, EUCHARISTIC PRAYER B

BCP 367

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

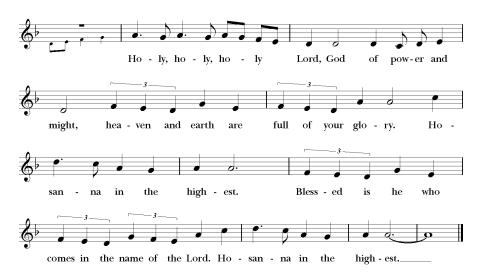
It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. (Here a Proper Preface is said)

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

* Sanctus S-129

Holy, holy, holy Lord

Robert Powell



We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, according to his command, O Father,

Celebrant and People: We remember his death,
We proclaim his resurrection,
We await his coming in glory;

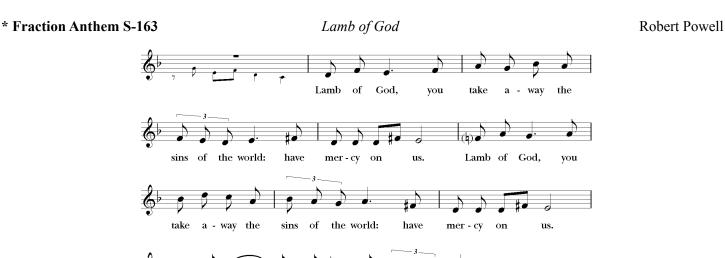
And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen**.

And now, as our Savior Christ has taught us, we are bold to say

THE LORD'S PRAYER BCP 364

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.



take a-way the sins of the world:

0

us peace.

THE COMMUNION OF THE PEOPLE

Lamb of God,



Communion Hymn 440

Blessed Jesus, at thy word

LIEBSTER JESU



Faithful God, in the wonder of your wisdom and love, you fed your people in the wilderness with the bread of angels, and you sent Jesus to be the bread of life. Though I cannot physically consume these gifts of bread and wine, I thank you that I have received the sacrament of Christ's presence, the forgiveness of sins, and all other benefits of Christ's passion. By the power of the Holy Spirit, may I embody your desire, and be renewed for your service, through Jesus Christ our Savior. Amen.

POSTCOMMUNION PRAYER

BCP 366

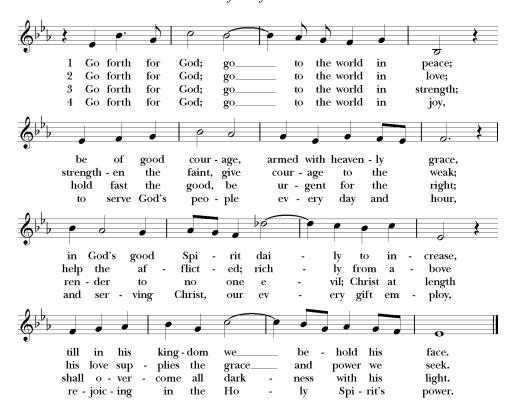
Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

THE BLESSING

Recessional Hymn 347

Go forth for God

LITTON



THE DISMISSAL

Deacon: Let us go forth into the world rejoicing in the power of the Spirit.

People: Thanks be to God.

Postlude

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Prayers of the People

In our Parish we pray for Harry Stooksbury, Billy Hale, Bill Alworth, Ray Hoover, Stephen Morris, Barbara Johnson, Sue Bush, Janice Rusk, Jennifer Polzin, Susan Williams, Dan Williams, Pat MacKinnon, Shelby Welch, Don Downie, Olivia Carlisle, Angie Defalco, Ken Packer, Ben, Mobley, Scott, and Lynn.

In thanksgiving for those celebrating their birthday this week: Shelby Welch, Jude Red Bear, Deborah Garner, Mirabelle Freeman, Vivian Carabello, Karen Hankins, and Rose Ann Pace; and for those celebrating anniversaries: David & Judith DeJoy, and Garvin & Amanda Aycock.

The people listed here are prayed for by name at each Sunday service. To request prayer for yourself or someone else, please call the office (706-546-7553). If at the beginning of the next month the person needs to remain on the list, please call and give the office an update.

TODAY

MEMORIAL SERVICE | 3PM

A memorial service for Dr. Robert F. Gomez will be held in our sanctuary at 3PM this afternoon.

THIS WEEK

MOVIE NIGHT | FRIDAY, FEB. 17

Come join us this month, on Friday, Feb. 17, when we will watch Soul (2020). "After landing the gig of a lifetime, a New York jazz pianist suddenly finds himself trapped in a strange land between Earth and the afterlife." Join us in the Christian Education building (note location this month!) and enjoy some popcorn and soft drinks - or bring a blanket and a picnic dinner! The movie begins promptly at 7pm.

NEXT WEEK

COMMITTAL SERVICE FOR LIEF CARTER | SUNDAY, FEB. 19

The committal service for Lief Carter will be held in our memorial garden on Sunday, February 19 @ 2:30PM followed by a celebration at the Botanical Garden Terrace Room at 3PM.

ASH WEDNESDAY | FEB. 22

Ash Wednesday is on Wednesday, February 22. We will have 2 services this year: 12 noon and 6PM. Childcare will be provided at the 6PM service.

NOTES

FAMILY PROMISE

Thanks to so many for donating to the Family Promise Amazon wishlist! The program director Madison Saunders told me that a number of you have participated in this request. Now, a new request: Because several churches have dropped out of the program, we will get four weeks in 2023, these are: March 5-12; April 30-May 7; August 13-20, and November 12-19. Please put these in your calendars and look for a signup genius as our first week gets closer. You can also email Annette Bates at bateskannette@gmail.com to let her know of your interest in participating. There is no longer a need for transportation, only for meals and evening, overnight and weekend hosts. It's so good to be in community with you who are so generous with your time and talents!

DISMANTLING RACISM TRAINING SCHEDULE

The 2023 Dismantling Racism Training schedule is available. This class is required for all parish clergy and all lay leaders, including vestry members. We also recommend taking the class every three years. Visit https://www.centerforracialhealing.org/training for the training schedule.

FROM THE WELCOMING COMMITTEE

If you are a visitor or newcomer, welcome. Please help us get to know you. Please fill out a visitor card (found on a nave chair back or in the narthex track rack) and place it in the alms basin (collection plate).

CHILDREN'S MINISTRY

As we begin a new semester, we are looking for two more people to serve as teachers/shepherds for Sunday School and/or Children's Church. Preparation will be provided. Please see Doug for more information.

Those Who Serve

Vestry: Mark Richardson

Readers: Karen Radde (8AM); June Ball (10:30AM)

EMs: Barbara Kuhn & Beth Thornton Crucifers: Mariel Sanford & Grayson Krause Torches: Julia Sanford & Gavin Avinger

Flowers: MaryAnn Cox

Altar Guild: Jane Sheridan, David Lowe, Carol Schwenke,

Lin Kromhout

Ushers: Anthony & Deborah Garner Counters: Maggie Reinberger & Anna Hiers

Livestream: Pete Nicholls

Clergy and Staff

The Rev. Nikki Mathis Rector rector@stgregoryathens.org | 706-546-7553 x2

The Rev. Christina Dondero Deacon *christinadondero@gmail.com* | 404-918-7248

Kendall M. Kookogey Parish Administrator/Bookkeeper *office@stgregoryathens.org* | 706-546-7553 x1

Jonathan Klein Music Director/Organist *jonathanfk@gmail.com* | 706-296-8102

Joseph Napoli Choir Director awn1984@att.net | 706-546-6638

The Rev. Doug Adkins Director of Children's Ministries *jdadkins@hotmail.com* | 706-474-4784

Wade McGlamery Youth Minister www.cglamery@gmail.com | 770-624-4837

Jude Red-Bear Nursery Director *juderedbear@icloud.com* | 706-614-0008

Mark Hein Buildings/Grounds *markehein@gmail.com* | 706-549-3239

Terri Tillman WebMaster *ttillman@gmail.com*

Danielle Vogt Coffee Host danielle 1784@gmail.com

Anthony Barkdoll Livestream Coordinator anthonybarkdoll@gmail.com

Peachy Green Clean Co-op Sexton

Nursery Attendants: Missy Hamlin, Jude Red Bear, Danielle Lyle, Megan Reuter, Allie Weaver

Vestry Members: Kate Avinger; John Barrett; John Bray; Stacie Court; Gail Eilers; Blaine Everson; Anna Hiers; LeeAnne Krause; Lane Norton; Maggie Reinberger; Mark Richardson; Shelby Welch; Anna Thornton, Clerk; Les House, Treasurer

Vestry Person of the Day/Week: Mark Richardson mrichsn@gmail.com

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