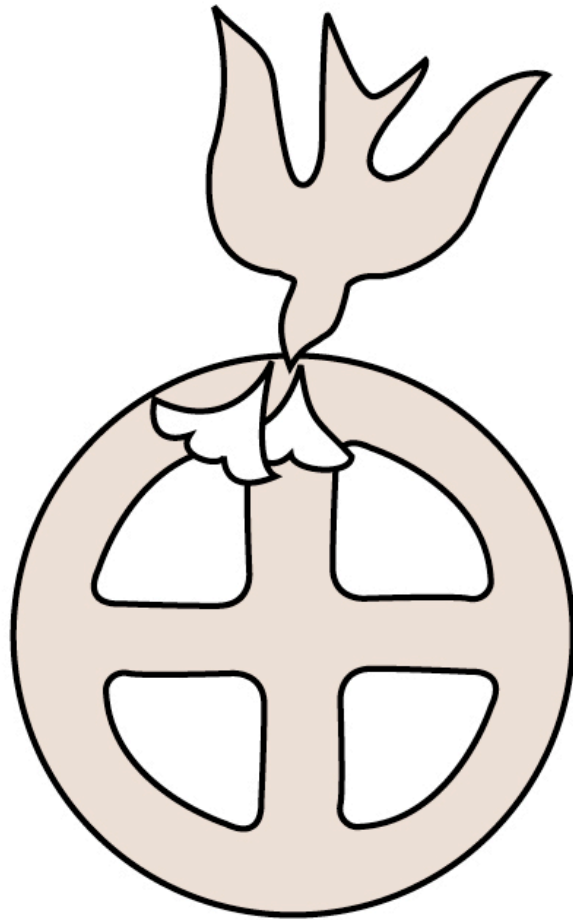


ST. GREGORY THE GREAT EPISCOPAL CHURCH



FEBRUARY 21, 2021
PREMIERED ON YOUTUBE

10:30AM
W/ ONLINE COFFEE HOUR BEGINNING AT 10:15AM

THE HOLY VIRTUAL EUCHARIST

The First Sunday in Lent

THE WORD OF GOD

SPIRITUAL COMMUNION *

What happens when you are spiritually prepared and desire to receive communion, but can't?
Such a case is referenced by a paragraph in the 1979 Prayer Book:

If a person desires to receive the Sacrament, but, by reason of extreme sickness or physical disability, is unable to eat and drink the Bread and Wine, the Celebrant is to assure that person that all the benefits of Communion are received, even though the Sacrament is not received with the mouth.

A nation-wide shut down due to a pandemic fits, I'm sure we'll agree, with the words "by any other impediment" listed in the first Prayer Book. Our Lord will not cut us off from his grace. If we truly desire him, he will come to us, even if we cannot receive the Sacraments he has instituted so that we may receive his grace. This is not a new idea. St Thomas Aquinas, writing nearly 800 years ago, said:

before receiving a sacrament, the reality of the sacrament can be had through the very desire of receiving the sacrament. Accordingly, before actual reception of this sacrament, a man can obtain salvation through the desire of receiving it, just as he can before Baptism through the desire of Baptism, as stated above (Summa, III.73.iii)

Desiring to receive the spiritual grace of the Most Holy Eucharist (and being prevented from receiving it sacramentally) is known as Spiritual Communion. It is so very important to note that this gift is given to us when we cannot, for very good reason, be present at mass.

When you are watching a live-stream or recording of our liturgies, any of the following prayers may be said at the moment of communion when you would normally leave your pew and make your journey to the altar:

In Union, dear Lord, with the faithful at every altar of Your Church where Your blessed Body and Blood are being offered to the Father, I desire to offer You praise and thanksgiving. I believe that You are present in the Holy Sacrament. And since I cannot now receive You sacramentally, I ask You to come spiritually into my heart. I unite myself to You, and embrace You with all the affections of my soul. Let me never be separated from You. Let me live and die in Your love. Amen.

OR

Faithful God, in the wonder of your wisdom and love, you fed your people in the wilderness with the bread of angels, and you sent Jesus to be the bread of life. Though I cannot physically consume these gifts of bread and wine, I thank you that I have received the sacrament of Christ's presence, the forgiveness of sins, and all other benefits of Christ's passion. By the power of the Holy Spirit, may I embody your desire, and be renewed for your service, through Jesus Christ our Savior. Amen. (from *Enriching Our Worship 2*)

OR

**"My Jesus, I believe that you are present in the Blessed Sacrament.
I love you above all things and I desire you with all my heart.
Since I cannot now receive you sacramentally,
I ask you to come spiritually into my heart.
I embrace you as if you were already in my heart
and unite myself to you completely.
Please do not let me ever be separated from you." (by St. Alphonsus Liguori)**

**Except where otherwise indicated, the whole of this article (with only very little amendment) is taken from the website of St. Timothy's Episcopal Church, Winston-Salem, North Carolina, where it was posted on April 5, 2020. No author was specified.*

ANNOUNCEMENTS

THE GREAT LITANY

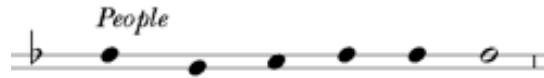
I.



Holy God, Creator of heaven and earth,	Have mer- cy on us.
Holy and Mighty, Redeemer of the world,	Have mer- cy on us.
Holy Immortal One, Sanctifier of the faithful,	Have mer- cy on us.
Holy, blessed and glorious Trinity, One God,	Have mer- cy on us.

II.

From all evil and mischief; from pride vanity and hypocrisy; from envy, hatred and malice; and from all evil intent,



Sa - vior de - li - ver us.

From sloth, worldliness and love of money; from hardness of heart and contempt for your word and your laws,
Savior deliver us.

From sins of body and mind; from deceits of the world, flesh and the devil,
Savior deliver us.

From famine and disaster; from violence, murder, and dying unprepared,
Savior deliver us.

In all times of sorrow, in all times of joy; in the hour of our death and at the day of judgment,
Savior deliver us.

By the mystery of your holy incarnation; by your birth, childhood and obedience, by your baptism, fasting and temptation,
Savior deliver us.

By your ministry in word and work; by your mighty acts of power; by the preaching of your reign,
Savior deliver us.

By your agony and trial; by your cross and passion; by your precious death and burial,
Savior deliver us.

By your mighty resurrection; by your glorious ascension; and by your sending of the Holy Spirit,
Savior deliver us.

III.

People



Hear us, O Christ.

Hear our prayers, O Christ our God.

Govern and direct your holy Church; fill it with love and truth; and grant it that unity which is your will.

Hear us, O Christ.

Give us boldness to preach the gospel in all the world, and to make disciples of all the nations.

Hear us, O Christ.

Enlighten your bishops, priests, and deacons with knowledge and understanding, that by their teaching and their lives they may proclaim your word.

Hear us, O Christ.

Give your people grace to witness to your word and bring forth the fruit of your Spirit.

Hear us, O Christ.

Bring into the way of truth all who have erred and are deceived.

Hear us, O Christ.

Strengthen those who stand; comfort and help the fainthearted; raise up the fallen; and finally beat down Satan under our feet.

Hear us, O Christ.

IV.

Guide the leaders of the nations into the ways of peace and justice.

Hear us, O Christ.

Give your wisdom and strength to Joseph, the President of the United States, Brian the Governor of this state, and Kelly, the Mayor of this city, that in all things they may do your will, for your glory and the common good.

Hear us, O Christ.

Give to the Congress of the United States, the members of the President's Cabinet, those who serve in our state legislature, and all others in authority the grace to walk always in the ways of truth.

Hear us, O Christ.

Bless the justices of the Supreme Court and all those who administer the law, that they may act with integrity and do justice for all your people.

Hear us, O Christ.

Give us the will to use the resources of the earth to your glory and for the good of all.

Hear us, O Christ.

Bless and keep all your people.

Hear us, O Christ.

V.

Comfort and liberate the lonely, the bereaved and the oppressed.

Hear us, O Christ.

Keep in safety those who travel and all who are in peril.

Hear us, O Christ.

Heal the sick in body, mind or spirit, and provide for the homeless, the hungry and the destitute.
Hear us, O Christ.

Guard and protect all children who are in danger.
Hear us, O Christ.

Show your compassion to prisoners, hostages, and refugees, and all who are in trouble.
Hear us, O Christ.

Forgive our enemies, persecutors, and slanderers, and turn their hearts.
Hear us, O Christ.

Hear us as we remember those who have died, and grant us with them a share in your eternal glory.
Hear us, O Christ.

VI.

Give us true repentance; forgive us our sins of negligence and ignorance and our deliberate sins; and grant us the grace of your Holy Spirit to amend our lives according to your word.

Kyrie S-96

Franz Schubert

Lord, have mer - cy. Lord, have mer - cy.

Lord, have mer - cy. Lord, have mer - cy.

Christ, have mer - cy. Christ, have mer - cy. Lord,

Christ, have mer - cy. Christ, have mer - cy.

Lord, have mer - cy. Lord, have mer - cy. Lord,

Lord, have mer - cy. Lord, have mer - cy.

Lord, have mer - cy, have mer - cy.

Lord, have mer - cy, have mer - cy.

THE COLLECT OF THE DAY

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

THE FIRST READING

read by Roger Schwenke

Genesis 9:8-17

God said to Noah and to his sons with him, "As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth." God said, "This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth." God said to Noah, "This is the sign of the covenant that I have established between me and all flesh that is on the earth."

Hear what the Spirit is saying to God's people.

Thanks be to God.

Psalm 25:1-9

Spoken by all

- 1 To you, O Lord, I lift up my soul; my God, I put my trust in you; *
let me not be humiliated, nor let my enemies triumph over me.
- 2 Let none who look to you be put to shame; * let the treacherous be disappointed in their schemes.
- 3 Show me your ways, O Lord, * and teach me your paths.
- 4 Lead me in your truth and teach me, *
for you are the God of my salvation; in you have I trusted all the day long.
- 5 Remember, O Lord, your compassion and love, * for they are from everlasting.
- 6 Remember not the sins of my youth and my transgressions; *
remember me according to your love and for the sake of your goodness, O Lord.
- 7 Gracious and upright is the Lord; * therefore he teaches sinners in his way.
- 8 He guides the humble in doing right * and teaches his way to the lowly.
- 9 All the paths of the Lord are love and faithfulness * to those who keep his covenant and his testimonies.

THE SECOND READING

1 Peter 3:18-22

Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water. And baptism, which this prefigured, now saves you-- not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

Hear what the Spirit is saying to God's people.

Thanks be to God.

1 Lord Je - sus, think on me, and purge a - way my sin;
 2 Lord Je - sus, think on me, with care and woe op - pressed;
 3 Lord Je - sus, think on me, nor let me go a - stray;
 4 Lord Je - sus, think on me, that, when the flood is passed,

from harm - ful pas - sions set me free, and make me pure with - in.
 let me thy lov - ing ser - vant be, and taste thy prom - ised rest.
 through dark - ness and per - plex - i - ty point thou the heav - en - ly way.
 I may the e - ter - nal bright - ness see, and share thy joy at last.

THE GOSPEL

Mark 1:9-15

Celebrant: *The Holy Gospel of our Savior, Jesus Christ, according to Mark.*

People: **Glory to you, O Christ.**

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased." And the Spirit immediately drove him out into the wilderness. He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him. Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

The Gospel of the Lord.

Praise to you, O Christ.

The people are seated at the invitation of the preacher.

THE SERMON: The Rev. Nikki Mathis

THE NICENE CREED

BCP 358

(said by all)

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PEACE

Celebrant: The peace of Christ be always with you.

People: **And also with you.**

THE HOLY COMMUNION

Offertory Hymn 150

Forty days and forty nights

AUS DER TIEFE RUF E ICH

1 For - ty days and for - ty nights thou wast fast - ing in the wild;
 2 Should not we thy sor - row share and from world - ly joys ab - stain,
 3 Then if Sa - tan on us press, Je - sus, Sa - vior, hear our call!
 4 So shall we have peace di - vine: ho - lier glad - ness ours shall be;
 5 Keep, O keep us, Sa - vior dear, ev - er con - stant by thy side;

1 for - ty days and for - ty nights tempt - ed, and yet un - de - filed.
 2 fast - ing with un - ceas - ing prayer, strong with thee to suf - fer pain?
 3 Vic - tor in the wil - der - ness, grant we may not faint nor fall!
 4 round us, too, shall an - gels shine, such as min - is - tered to thee.
 5 that with thee we may ap - pear at the e - ter - nal Eas - ter - tide.

THE GREAT THANKSGIVING, EUCHARISTIC PRAYER C

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

God of all power, Ruler of the Universe, you are worthy of glory and praise.

Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

By his blood, he reconciled us. By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

* **Sanctus S-129**

Holy, holy, holy Lord

Robert Powell

Ho - ly, ho - ly, ho - ly Lord, God of pow-er and
might, hea - ven and earth are full of your glo - ry. Ho -
san - na in the high - est. Bless - ed is he who
comes in the name of the Lord. Ho - san - na in the high - est._____

Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

We celebrate his death and resurrection, as we await the day of his coming.

Lord God of our Fathers; God of Abraham, Isaac, and Jacob; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen.**

And now, as our Savior Christ has taught us, we are bold to say

THE LORD'S PRAYER

BCP 364

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

Cantor or Choir

My flesh is food in - deed, and my blood is drink in -

1 *All* 2 *Cantor or Choir*

deed, says the Lord. My Lord. Those who eat my

All

flesh and drink my blood dwell in me and I in them. My

flesh is food in - deed, and my blood is drink in - deed, says the Lord.

THE COMMUNION OF THE PEOPLE

SPIRITUAL COMMUNION PRAYER

Enriching Our Worship 2

Faithful God, in the wonder of your wisdom and love, you fed your people in the wilderness with the bread of angels, and you sent Jesus to be the bread of life. Though I cannot physically consume these gifts of bread and wine, I thank you that I have received the sacrament of Christ's presence, the forgiveness of sins, and all other benefits of Christ's passion. By the power of the Holy Spirit, may I embody your desire, and be renewed for your service, through Jesus Christ our Savior. Amen.

POSTCOMMUNION PRAYER

BCP 366

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

THE BLESSING

1 Lord, who through-out these for - ty days for us didst fast and pray,
 2 As thou with Sa - tan didst con-tend, and didst the vic-tory win,
 3 As thou didst hun-ger bear and thirst, so teach us, gra-cious Lord,
 4 And through these days of pen - i - tence, and through thy Pas-sion - tide,
 5 A - bide with us, that so, this life of suf - fer-ing o - ver - past,

1 teach us with thee to mourn our sins, and close by thee to stay.
 2 O give us strength in thee to fight, in thee to con-quer sin.
 3 to die to self, and chief - ly live by thy most ho - ly word.
 4 yea, ev - er - more, in life and death, Je - sus! with us a - bide.
 5 an Eas - ter of un - end - ing joy we may at - tain at last!

SOLEMN BIDDING

Deacon: Grant, most merciful Lord, to your faithful people pardon and peace,
 that they may be cleansed from all their sins,
 and serve you with a quiet mind;
 through Christ our Lord.

People: **Amen.**

Fellowship Postlude

Ornamentation on Forty Days and Forty Nights

Charles Callahan

Prayers of the People

In our Parish we pray for Joel Hunt, Carl Hoveland, Carol Jones, Rainsly Vogt, Mark Goodwin, Jane Bowen, Mack Thurmond, Marge Massey, Dot Cooper, Sheryl King, Allena Armour, Doug Welch, Pat Irby, Pat Titus, Stephanie Gamble, Rose Ann Pace, Aaron Muckin, Glen Jedlicka, Stephen Morris, George Watson, Conoly Hester, Deborah Freeman, Catherine Hartley, Mary Parkman, Gayle Duncan, Jimmy Simons, Gene Watson, Bill Walker, Sandy Elhenicky, Shelby Welch, Sarah Gordon, Roger Swagler, Stanley Armour, Martha Beach, Jack Beach, Tammy Bishop, Cecil Miller, Bill Beagle, Sally Stuckey, Kim Rider, Patrick Dean, Diane Holcomb, Stephen Corn, Ken Packer, Pete, Sophia, Samantha, Jennifer, Chip, and Buddy.

In thanksgiving for those celebrating their birthdays this week: Madeleine Lewis, Cedric Van Giesen, Porter Welch, John Barrett, Mark Goodwin, Paula Sanford, Gail Eilers, Sonia Vail, Ben Barkdoll, Rainsly Vogt, Rachel Hoover, Zachary Hamlin, & Emma Gibbs; **and for those celebrating their anniversaries:** Brad & Karen Hankins.

The people listed here are prayed for by name at each Sunday service. To request prayer for yourself or someone else, please call the office (706-546-7553). If at the beginning of the next month the person needs to remain on the list, please call and give the office an update.

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Vestry Person of the Day/Week: Caley Ross greenthumbsross@gmail.com

