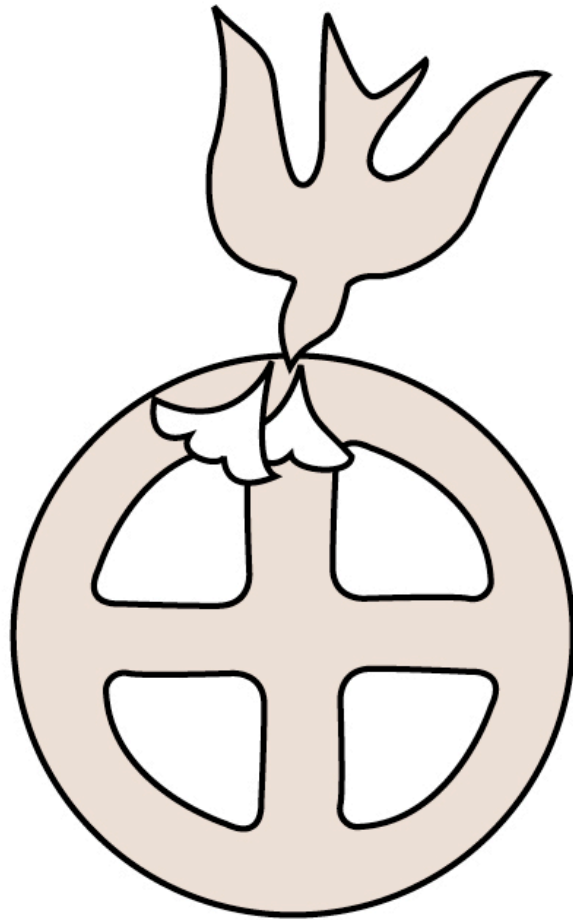


ST. GREGORY THE GREAT EPISCOPAL CHURCH



FEBRUARY 26, 2023
LIVE STREAMED ON YOUTUBE

10:30AM

THE HOLY VIRTUAL EUCHARIST

The First Sunday in Lent

THE WORD OF GOD

SPIRITUAL COMMUNION *

What happens when you are spiritually prepared and desire to receive communion, but can't?
Such a case is referenced by a paragraph in the 1979 Prayer Book:

If a person desires to receive the Sacrament, but, by reason of extreme sickness or physical disability, is unable to eat and drink the Bread and Wine, the Celebrant is to assure that person that all the benefits of Communion are received, even though the Sacrament is not received with the mouth.

A nation-wide shut down due to a pandemic fits, I'm sure we'll agree, with the words "by any other impediment" listed in the first Prayer Book. Our Lord will not cut us off from his grace. If we truly desire him, he will come to us, even if we cannot receive the Sacraments he has instituted so that we may receive his grace. This is not a new idea. St Thomas Aquinas, writing nearly 800 years ago, said:

before receiving a sacrament, the reality of the sacrament can be had through the very desire of receiving the sacrament. Accordingly, before actual reception of this sacrament, a man can obtain salvation through the desire of receiving it, just as he can before Baptism through the desire of Baptism, as stated above (Summa, III.73.iii)

Desiring to receive the spiritual grace of the Most Holy Eucharist (and being prevented from receiving it sacramentally) is known as Spiritual Communion. It is so very important to note that this gift is given to us when we cannot, for very good reason, be present at mass.

When you are watching a live-stream or recording of our liturgies, any of the following prayers may be said at the moment of communion when you would normally leave your pew and make your journey to the altar:

In Union, dear Lord, with the faithful at every altar of Your Church where Your blessed Body and Blood are being offered to the Father, I desire to offer You praise and thanksgiving. I believe that You are present in the Holy Sacrament. And since I cannot now receive You sacramentally, I ask You to come spiritually into my heart. I unite myself to You, and embrace You with all the affections of my soul. Let me never be separated from You. Let me live and die in Your love. Amen.

OR

Faithful God, in the wonder of your wisdom and love, you fed your people in the wilderness with the bread of angels, and you sent Jesus to be the bread of life. Though I cannot physically consume these gifts of bread and wine, I thank you that I have received the sacrament of Christ's presence, the forgiveness of sins, and all other benefits of Christ's passion. By the power of the Holy Spirit, may I embody your desire, and be renewed for your service, through Jesus Christ our Savior. Amen. (from *Enriching Our Worship 2*)

OR

**"My Jesus, I believe that you are present in the Blessed Sacrament.
I love you above all things and I desire you with all my heart.
Since I cannot now receive you sacramentally,
I ask you to come spiritually into my heart.
I embrace you as if you were already in my heart
and unite myself to you completely.
Please do not let me ever be separated from you." (by St. Alphonsus Liguori)**

**Except where otherwise indicated, the whole of this article (with only very little amendment) is taken from the website of St. Timothy's Episcopal Church, Winston-Salem, North Carolina, where it was posted on April 5, 2020. No author was specified.*

THE HOLY VIRTUAL EUCHARIST

The First Sunday in Lent

THE WORD OF GOD

Prelude

Ornamentation on AUS DER TIEFE RUFÉ

Charles Callahan

ANNOUNCEMENTS

THE GREAT LITANY

I.



Holy God, Creator of heaven and earth,

Have mer- cy on us.

Holy and Mighty, Redeemer of the world,

Have mer- cy on us.

Holy Immortal One, Sanctifier of the faithful,

Have mer- cy on us.

Holy, blessed and glorious Trinity, One God,

Have mer- cy on us.

II.

From all evil and mischief; from pride vanity and hypocrisy; from envy, hatred and malice; and from all evil intent,



Sa - vior de - li - ver us.

From sloth, worldliness and love of money; from hardness of heart and contempt for your word and your laws,
Savior deliver us.

From sins of body and mind; from deceits of the world, flesh and the devil,
Savior deliver us.

From famine and disaster; from violence, murder, and dying unprepared,
Savior deliver us.

In all times of sorrow, in all times of joy; in the hour of our death and at the day of judgment,
Savior deliver us.

By the mystery of your holy incarnation; by your birth, childhood and obedience, by your baptism, fasting and temptation,
Savior deliver us.

By your ministry in word and work; by your mighty acts of power; by the preaching of your reign,
Savior deliver us.

By your agony and trial; by your cross and passion; by your precious death and burial,
Savior deliver us.

By your mighty resurrection; by your glorious ascension; and by your sending of the Holy Spirit,
Savior deliver us.

III.

People



Hear our prayers, O Christ our God.

Hear us, O Christ.

Govern and direct your holy Church; fill it with love and truth; and grant it that unity which is your will.

Hear us, O Christ.

Give us boldness to preach the gospel in all the world, and to make disciples of all the nations.

Hear us, O Christ.

Enlighten your bishops, priests, and deacons with knowledge and understanding, that by their teaching and their lives they may proclaim your word.

Hear us, O Christ.

Give your people grace to witness to your word and bring forth the fruit of your Spirit.

Hear us, O Christ.

Bring into the way of truth all who have erred and are deceived.

Hear us, O Christ.

Strengthen those who stand; comfort and help the fainthearted; raise up the fallen; and finally beat down Satan under our feet.

Hear us, O Christ.

IV.

Guide the leaders of the nations into the ways of peace and justice.

Hear us, O Christ.

Give your wisdom and strength to Joseph, the President of the United States, Brian the Governor of this state, and Kelly, the Mayor of this city, that in all things they may do your will, for your glory and the common good.

Hear us, O Christ.

Give to the Congress of the United States, the members of the President's Cabinet, those who serve in our state legislature, and all others in authority the grace to walk always in the ways of truth.

Hear us, O Christ.

Bless the justices of the Supreme Court and all those who administer the law, that they may act with integrity and do justice for all your people.

Hear us, O Christ.

Give us the will to use the resources of the earth to your glory and for the good of all.

Hear us, O Christ.

Bless and keep all your people.

Hear us, O Christ.

V.

Comfort and liberate the lonely, the bereaved and the oppressed.

Hear us, O Christ.

Keep in safety those who travel and all who are in peril.

Hear us, O Christ.

Heal the sick in body, mind or spirit, and provide for the homeless, the hungry and the destitute.
Hear us, O Christ.

Guard and protect all children who are in danger.
Hear us, O Christ.

Show your compassion to prisoners, hostages, and refugees, and all who are in trouble.
Hear us, O Christ.

Forgive our enemies, persecutors, and slanderers, and turn their hearts.
Hear us, O Christ.

Hear us as we remember those who have died, and grant us with them a share in your eternal glory.
Hear us, O Christ.

VI.

Give us true repentance; forgive us our sins of negligence and ignorance and our deliberate sins; and grant us the grace of your Holy Spirit to amend our lives according to your word.

Kyrie S-96

Franz Schubert

Lord, have mer - cy. Lord, have mer - cy.

Lord, have mer - cy. Lord, have mer - cy.

Christ, have mer - cy. Christ, have mer - cy. Lord,

Christ, have mer - cy. Christ, have mer - cy.

Lord, have mer - cy. Lord, have mer - cy. Lord,

Lord, have mer - cy. Lord, have mer - cy.

Lord, have mer - cy, have mer - cy.

Lord, have mer - cy, have mer - cy.

THE COLLECT OF THE DAY

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

THE FIRST READING

Genesis 2:15-17; 3:1-7

The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, "You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die."

Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, "Did God say, 'You shall not eat from any tree in the garden'?" The woman said to the serpent, "We may eat of the fruit of the trees in the garden; but God said, 'You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.'" But the serpent said to the woman, "You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil." So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

*Hear what the Spirit is saying to God's people.
Thanks be to God.*

Psalm 32

- 1 Happy are they whose transgressions are for-/given, *
and whose sin is put a-/way!
- 2 Happy are they to whom the Lord imputes no / guilt, *
and in whose spirit there is no / guile!
- 3 While I held my tongue, my bones withered a-/way, *
because of my groaning all day / long.
- 4 For your hand was heavy upon me day and / night; *
my moisture was dried up as in the heat of / summer.
- 5 Then I acknowledged my / sin to you, *
and did not conceal my / guilt.
- 6 I said, " I will confess my transgressions to the / Lord." *
Then you forgave me the guilt of my / sin.
- 7 Therefore all the faithful will make their prayers to you in time of / trouble; *
when the great waters overflow, they shall not / reach them.
- 8 You are my hiding-place; you preserve me from / trouble; *
you surround me with shouts of de-/liverance.
- 9 "I will instruct you and teach you in the way that you should / go; *
I will guide you with my / eye.
- 10 Do not be like horse or mule, which have no under-/standing; *
who must be fitted with bit and bridle, or else they will not stay / near you."
- 11 Great are the tribulations of the / wicked; *
but mercy embraces those who trust in the / Lord.
- 12 Be glad, you righteous, and rejoice in the / Lord; *
shout for joy, all who are true of / heart.

James Frazier
(b. 1947)



THE SECOND READING

Romans 5:12-19

As sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned-- sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come. But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgment following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ. Therefore just as one man's trespass led to condemnation for

all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

*Hear what the Spirit is saying to God's people.
Thanks be to God.*

Sequence Hymn 141

Wilt thou forgive that sin

SO GIEBST DU NUN

1 Wilt thou for-give that sin, where I be - gun,
 2 Wilt thou for-give that sin, by which I won
 3 I have a sin of fear that when I've spun

which is my sin, though it were done be - fore?
 o - thers to sin, and made my sin their door?
 my last thread, I shall per - ish on the shore;

Wilt thou for-give those sins through which I run,
 Wilt thou for-give that sin which I did shun
 swear by thy-self, that at my death thy Son

and do run still, though still I do de-plore?
 a year or two, but wal - lowed in a score?
 shall shine as he shines now, and here - to - fore.

When thou hast done, thou hast not done, for I have more.
 When thou hast done, thou hast not done, for I have more.
 And hav - ing done that, thou hast done, I fear no more.

THE GOSPEL

Matthew 4:1-11

Celebrant: *The Holy Gospel of our Savior, Jesus Christ, according to Matthew.*

People: **Glory to you, O Christ.**

Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written, 'One does not live by bread alone, but by every word that comes from the mouth of God.'" Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written, 'He will command his angels concerning you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'" Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test.'" Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; and he said to him, "All these I will give you, if you will fall down and worship me." Jesus said to him, "Away with you, Satan! for it is written, 'Worship the Lord your God, and serve only him.'" Then the devil left him, and suddenly angels came and waited on him.

The Gospel of the Lord.

Praise to you, O Christ.

The people are seated at the invitation of the preacher.

THE SERMON: The Rev. Doug Adkins

THE NICENE CREED

BCP 358

(said by all)

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

CONFESSION AND ABSOLUTION

BCP 360

Celebrant: Let us confess our sins against God and our neighbor.

Celebrant and People: **Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

Celebrant: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

Celebrant: The peace of Christ be always with you.

People: **And also with you.**

THE HOLY COMMUNION

Offertory Anthem

More Love to Thee

Timothy Shaw

More love to Thee, O Christ, More love to Thee!
Hear Thou the prayer I make On bended knee.
This is my earnest plea: More love, O Christ, to Thee,
More love to Thee, More love to Thee!
Once earthly joy I craved, Sought peace and rest;
Now Thee alone I seek, Give what is best.
This all my prayer shall be:
More love, O Christ, to Thee,
More love to Thee, More love to Thee!
Then shall my latest breath Whisper Thy praise;
This be the parting cry My heart shall raise.
This still its prayer shall be: More love, O Christ to Thee,
More love to Thee, O Christ, to Thee!
Amen.

THE GREAT THANKSGIVING, EUCHARISTIC PRAYER C

BCP 369

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

God of all power, Ruler of the Universe, you are worthy of glory and praise.

Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

By his blood, he reconciled us. By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

* Sanctus S-127

Holy, holy, holy Lord

Calvin Hampton

Ho - ly, ho - ly, ho - ly Lord, God of
pow - er and might, hea - ven and earth are full of your
glo - ry. Ho - san - na in the high -
est. Bless - ed is he who comes in the name of the
Lord. Ho - san - na in the high - est.

Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection, as we await the day of his coming.

Lord God of our Fathers; God of Abraham, Isaac, and Jacob; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen.**

And now, as our Savior Christ has taught us, we are bold to say

THE LORD'S PRAYER

BCP 364

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

* Fraction Anthem S-169

My flesh is food indeed

Ray W. Urwin

The musical score is written on four staves of music. The first staff begins with the instruction "Cantor or Choir" above the staff. The lyrics under the first staff are "My flesh is food in - deed, and my blood is drink in -". The second staff has two first endings: the first is marked "1 All" and the second is marked "2 Cantor or Choir". The lyrics under the second staff are "deed, says the Lord. My Lord. Those who eat my". The third staff is marked "All" and the lyrics are "flesh and drink my blood dwell in me and I in them. My". The fourth staff concludes the piece with the lyrics "flesh is food in - deed, and my blood is drink in - deed, says the Lord."

THE COMMUNION OF THE PEOPLE

Communion Hymn 147

Now let us all with one accord

BOURBON



1 Now let us all with one ac - cord, in
 2 The cov - e - nant, so long re - vealed to
 3 Your love, O Lord, our sin - ful race has
 4 Re - mem - ber, Lord, though frail we be, in
 5 There - fore, we pray you, Lord, for - give; so



1 com - pa - ny with a - ges past, keep vi - gil with our
 2 those of faith in for - mer time, Christ by his own ex -
 3 not re - turned, but fal - si - fied; au - thor of mer - cy,
 4 your own i - mage were we made; help us, lest in anx -
 5 when our wan - derings here shall cease, we may with you for



1 heav - en - ly Lord in his temp - ta - tion and his fast.
 2 am - ple sealed, the Lord of love, in love sub - lime.
 3 turn your face and grant re - pent - ance for our pride.
 4 i - e - ty, we cause your Name to be be - trayed.
 5 ev - er live, in love and u - ni - ty and peace.

Communion Hymn 143

The glory of these forty days

ERHALT UNS, HERR



1 The glo - ry of these for - ty days we
 2 A - lone and fast - ing Mo - ses saw the
 3 So Dan - iel trained his mys - tic sight, de -
 4 Then grant us, Lord, like them to be full
 *5 O Fa - ther, Son, and Spi - rit blest, to



1 ce - le - brate with songs of praise; for Christ, through whom all
 2 lov - ing God who gave the law; and to E - li - jah,
 3 liv - ered from the li - ons' might; and John, the Bride - groom's
 4 oft in fast and prayer with thee; our spi - rits strength - en
 5 thee be - ev - ery prayer ad - dressed, who art in three - fold



1 things were made, him - self has fast - ed and has prayed.
 2 fast - ing, came the steeds and char - i - ots of flame.
 3 friend, be - came the her - ald of Mes - si - ah's name.
 4 with thy grace, and give us joy to see thy face.
 5 Name a - dored, from age to age, the on - ly Lord.

SPIRITUAL COMMUNION PRAYER

Enriching Our Worship 2

Faithful God, in the wonder of your wisdom and love, you fed your people in the wilderness with the bread of angels, and you sent Jesus to be the bread of life. Though I cannot physically consume these gifts of bread and wine, I thank you that I have received the sacrament of Christ's presence, the forgiveness of sins, and all other benefits of Christ's passion. By the power of the Holy Spirit, may I embody your desire, and be renewed for your service, through Jesus Christ our Savior. Amen.

POSTCOMMUNION PRAYER

BCP 365

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

SOLEMN PRAYER OVER THE PEOPLE

Grant, Almighty God, that your people may recognize their weakness and put their whole trust in your strength, so that they may rejoice for ever in the protection of your loving providence; through Christ our Lord. Amen.

Closing Hymn 150

Forty days and forty nights

AUS DER TIEFE RUF E ICH

1 For - ty days and for - ty nights thou wast fast - ing in the wild;
 2 Should not we thy sor - row share and from world - ly joys ab - stain,
 3 Then if Sa - tan on us press, Je - sus, Sa - vior, hear our call!
 4 So shall we have peace di - vine: ho - lier glad - ness ours shall be;
 5 Keep, O keep us, Sa - vior dear, ev - er con - stant by thy side;

1 for - ty days and for - ty nights tempt - ed, and yet un - de - filed.
 2 fast - ing with un - ceas - ing prayer, strong with thee to suf - fer pain?
 3 Vic - tor in the wil - der - ness, grant we may not faint nor fall!
 4 round us, too, shall an - gels shine, such as min - is - tered to thee.
 5 that with thee we may ap - pear at the e - ter - nal Eas - ter - tide.

THE DISMISSAL

Deacon: Let us bless the Lord.
 People: **Thanks be to God.**

Postlude

Postludio in D

Domenico Zipoli

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Prayers of the People

In our Parish we pray for Don Musholt, Harry Stooksbury, Billy Hale, Bill Alworth, Ray Hoover, Stephen Morris, Barbara Johnson, Sue Bush, Janice Rusk, Jennifer Polzin, Susan Williams, Dan Williams, Pat MacKinnon, Shelby Welch, Don Downie, Olivia Carlisle, Angie Defalco, Ken Packer, Ben, Mobley, Scott, and Lynn.

In thanksgiving for those celebrating their birthdays this week: Ben Barkdoll, Rainsly Vogt, Rachel Hoover, Zachary Hamlin, Nancy Watson, Sami Johnson, David DeJoy, Olivia Carlisle, and Hugh Sawyer; **and to those celebrating their anniversaries:** Jason & Danielle Vogt.

The people listed here are prayed for by name at each Sunday service. To request prayer for yourself or someone else, please call the office (706-546-7553). If at the beginning of the next month the person needs to remain on the list, please call and give the office an update.

THIS WEEK

LABYRINTH | FEB. 22 - MARCH 4

The cloth labyrinth will be out in Parish Hall from Wednesday, Feb. 22 through Saturday, March 4. Please come and walk the labyrinth at your leisure, when other events are not going on in Parish Hall.

SEVEN DEADLY SINS IN MEDIA | WEDS. in LENT

Wednesdays, March 1, 8, 15, 22, & 29

If you need childcare, you must let the office (Kendall) know by the Monday prior to the Wednesday you are attending the class, or just let her know by February 27 if you know you will need childcare for all 5 Wednesdays.

This Lent, LeeAnne Krause will be reprising the "Seven Deadly Sins in Media" class that was so rudely interrupted by COVID in 2020. Reflection and repentance are cornerstone disciplines during the holy season of Lent, but how do we accomplish this? How do we identify shortcomings in our own behavior? The ancient grouping of objectionable sins into the "Seven Deadly Sins" is a useful framework to begin this practice. We will be discussing the sins themselves, defining them and identifying common manifestations. Then we will watch video clips from feature films, TV, YouTube, and even cartoons, discussing the behaviors of the characters, identifying which, if any, sins they are committing. Examining the behaviors of fictitious characters is more objective and friendly than criticizing each other in the first or second person. Don't worry, we won't be watching anything very racy or violent! If you have any questions, contact LeeAnne Krause (leeanne.krause@verizon.net), Ellen Richardson (ellenrichardson52@gmail.com), or Ron Balthazor (ron.balthazor@gmail.com).

Choir will begin at 7:30 during Lent so that choir members can participate in the study.

5:30 Stations of the Cross

6:00 Healing Service w/ Holy Eucharist

6:00 Simple supper in the Education Building

6:30 Lenten Program

7:30 Choir practice

STATIONS OF THE CROSS | WEDNESDAYS @ 5:30PM

Wednesdays March 1, 8, 15, 22, 29, & April 5 @ 5:30PM in the Sanctuary

The stations mark Jesus' journey through the streets of Jerusalem from his arrest and trial to his crucifixion and burial. At each station, we pause for a brief reading and prayer.

NEXT WEEK

CONFIRMATION CLASSES | BEGIN MARCH 5

Confirmation classes will begin Sunday, March 5, immediately following the 10:30AM service. We will meet in the Parish Hall. If you're interested in being confirmed, reaffirmed, received, or an adult wishing to be baptized, please come! We'll meet for 6 weeks: March 5, 12, 19, 26, April 16, & 23.

COMING UP ...

WARRIOR WOMEN SPARK COMMUNITY CONVERSATION | SAT., MARCH 11

The Richard B. Russell Library for Political Research and Studies and the Jeannette Rankin Foundation will host a community conversation on Saturday, March 11 at the University of Georgia's Special Collections Library. This community conversation is sparked by artist Alice Woodruff's recent exhibition *Warrior Women: From Invisible to Formidable One Hundred Strong* depicting the stories and experiences of one hundred formidable women.

At the event, a selection of the sculptures from the Warrior Women exhibition will be on display starting at 1 p.m. After a brief lecture by Woodruff at 2 p.m., a panel featuring Patricia Richards, Professor of Sociology and Women's Studies and director of UGA'S Institute for Women's; Joan Prittie, Executive Director of Project Safe Domestic Violence Center and Instructor in UGA's Institute for Nonprofit Management and Leadership and the Masters in Public Administration program; and Tracy Brown, the subject of one of Woodruff's Warrior Women sculptures and Shelter Coordinator for the Athens Area Homeless Shelter (AAHS), will explore themes from the exhibition.

The warrior women community conversation will be held Saturday, March 11 from 1 – 4 p.m. at the Richard B. Russell Building, Special Collections Libraries, University of Georgia 300 South Hull Street, Athens, GA. The artist and panelists will participate in a Q&A with the audience. A light reception will follow.

ADULT DISCUSSION CLASS | PALM SUNDAY, APRIL 2

The Right Rev. Porter Taylor (retired) will be here at the 9:15AM adult discussion group in the parish hall on Palm Sunday to do a reading and book signing for his new book, *Are You Persuaded? In and Out of Being a Bishop*.

NOTES

FAMILY PROMISE

Our Family Promise week is coming up soon, March 5-12. Some of you have already signed up to bring a meal or as an evening, night or weekend host. Here's the signup link again: <https://www.signupgenius.com/go/4090f4ca5aa29a4fe3-2022#/> Your help makes it possible for 12 current residents (including children) eat good meals like they would make themselves if they had a home. Hosts are in the host room, where there is a manual with information, and they are available to answer any questions or concerns the family members may have. We believe that our brothers and sisters and their children deserve adequate housing and good food and this program makes that possible. Helping Family Promise is a way to put your faith into action. For questions, call or email Annette Bates, bateskannette@gmail.com or 706-255-5839.

DISMANTLING RACISM TRAINING SCHEDULE

The 2023 Dismantling Racism Training schedule is available. This class is required for all parish clergy and all lay leaders, including vestry members. We also recommend taking the class every three years. Visit <https://www.centerforracialhealing.org/training> for the training schedule.

FROM THE WELCOMING COMMITTEE

If you are a visitor or newcomer, welcome. Please help us get to know you. Please fill out a visitor card (found on a nave chair back or in the narthex track rack) and place it in the alms basin (collection plate).

Those Who Serve

Vestry: John Bray
Readers: Carolyn Abney (8AM); Anna Thornton
(10:30AM)
EMs: David Stooksbury & Karen Hankins
Crucifers: Maggie Reinberger & Roger Schwenke
Torches: Beth Thornton & Anna Thornton
Flowers: The Flower Guild

Altar Guild: MaryAnn Caplinger, Jennifer
Caplinger, Barbara Dean, Carol Schwenke, Lin
Kromhout
Ushers: Mark & Ellen Richardson
Counters: Stacie Court & Angela Greene
Livestream: Alec Nelson

Clergy and Staff

The Rev. Nikki Mathis Rector
rector@stgregoryathens.org | 706-546-7553 x2

The Rev. Christina Dondero Deacon
christinadondero@gmail.com | 404-918-7248

Kendall M. Kookogey Parish Administrator/Bookkeeper
office@stgregoryathens.org | 706-546-7553 x1

Jonathan Klein Music Director/Organist
jonathanfk@gmail.com | 706-296-8102

Joseph Napoli Choir Director
awn1984@att.net | 706-546-6638

The Rev. Doug Adkins Director of Children's Ministries
jdadkins@hotmail.com | 706-474-4784

Wade McGlamery Youth Minister
wwwmclamery@gmail.com | 770-624-4837

Jude Red-Bear Nursery Director
juderedbear@icloud.com | 706-614-0008

Mark Hein Buildings/Grounds
markehein@gmail.com | 706-549-3239

Anthony Barkdoll Livestream Coordinator
anthonybarkdoll@gmail.com

Terri Tillman WebMaster
ttillman@gmail.com

Danielle Vogt Coffee Host
danielle1784@gmail.com

Peachy Green Clean Co-op Sexton

Nursery Attendants: Missy Hamlin, Jude Red Bear, Danielle Lyle, Megan Reuter, Allie Weaver

Vestry Members: Kate Avinger, John Barrett; John Bray; Stacie Court; Gail Eilers; Blaine Everson; Anna Hiers; LeeAnne Krause; Lane Norton; Maggie Reinberger; Mark Richardson; Shelby Welch; Anna Thornton, *Clerk*; Les House, *Treasurer*

Vestry Person of the Day/Week: John Bray *johnpatrickbray@gmail.com*