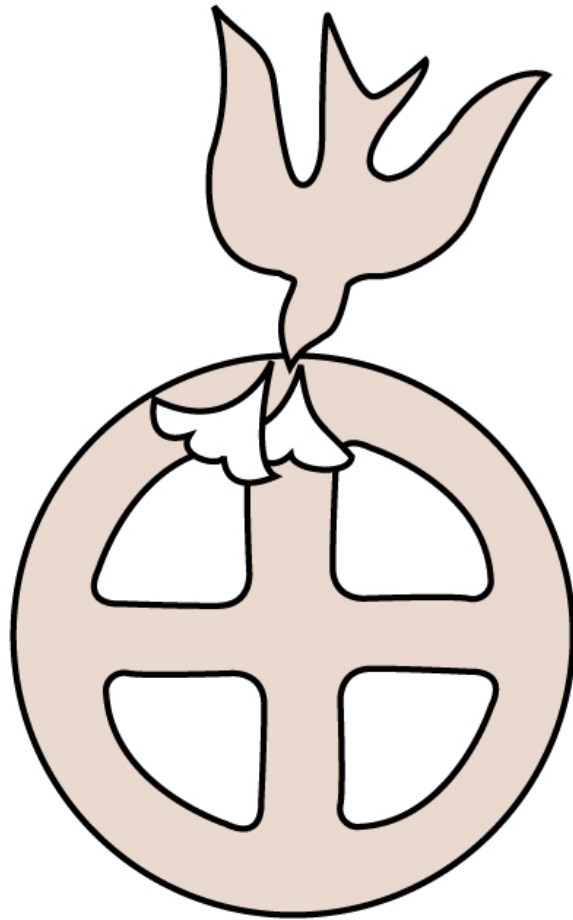


# ST. GREGORY THE GREAT EPISCOPAL CHURCH



MARCH 12, 2023  
LIVE STREAMED ON YOUTUBE

10:30AM

# THE HOLY VIRTUAL EUCHARIST

The Third Sunday in Lent

---

## THE WORD OF GOD

### SPIRITUAL COMMUNION \*

What happens when you are spiritually prepared and desire to receive communion, but can't?  
Such a case is referenced by a paragraph in the 1979 Prayer Book:

*If a person desires to receive the Sacrament, but, by reason of extreme sickness or physical disability, is unable to eat and drink the Bread and Wine, the Celebrant is to assure that person that all the benefits of Communion are received, even though the Sacrament is not received with the mouth.*

A nation-wide shut down due to a pandemic fits, I'm sure we'll agree, with the words "by any other impediment" listed in the first Prayer Book. Our Lord will not cut us off from his grace. If we truly desire him, he will come to us, even if we cannot receive the Sacraments he has instituted so that we may receive his grace. This is not a new idea. St Thomas Aquinas, writing nearly 800 years ago, said:

*before receiving a sacrament, the reality of the sacrament can be had through the very desire of receiving the sacrament. Accordingly, before actual reception of this sacrament, a man can obtain salvation through the desire of receiving it, just as he can before Baptism through the desire of Baptism, as stated above (Summa, III.73.iii)*

Desiring to receive the spiritual grace of the Most Holy Eucharist (and being prevented from receiving it sacramentally) is known as Spiritual Communion. It is so very important to note that this gift is given to us when we cannot, for very good reason, be present at mass.

When you are watching a live-stream or recording of our liturgies, any of the following prayers may be said at the moment of communion when you would normally leave your pew and make your journey to the altar:

**In Union, dear Lord, with the faithful at every altar of Your Church where Your blessed Body and Blood are being offered to the Father, I desire to offer You praise and thanksgiving. I believe that You are present in the Holy Sacrament. And since I cannot now receive You sacramentally, I ask You to come spiritually into my heart. I unite myself to You, and embrace You with all the affections of my soul. Let me never be separated from You. Let me live and die in Your love. Amen.**

OR

**Faithful God, in the wonder of your wisdom and love, you fed your people in the wilderness with the bread of angels, and you sent Jesus to be the bread of life. Though I cannot physically consume these gifts of bread and wine, I thank you that I have received the sacrament of Christ's presence, the forgiveness of sins, and all other benefits of Christ's passion. By the power of the Holy Spirit, may I embody your desire, and be renewed for your service, through Jesus Christ our Savior. Amen. (from *Enriching Our Worship 2*)**

OR

**"My Jesus, I believe that you are present in the Blessed Sacrament.  
I love you above all things and I desire you with all my heart.  
Since I cannot now receive you sacramentally,  
I ask you to come spiritually into my heart.  
I embrace you as if you were already in my heart  
and unite myself to you completely.  
Please do not let me ever be separated from you." (by St. Alphonsus Liguori)**

*\*Except where otherwise indicated, the whole of this article (with only very little amendment) is taken from the website of St. Timothy's Episcopal Church, Winston-Salem, North Carolina, where it was posted on April 5, 2020. No author was specified.*

# THE HOLY VIRTUAL EUCHARIST

The Third Sunday in Lent

---

## THE WORD OF GOD

### WELCOME & ANNOUNCEMENTS

**Prelude**

*Love Divine*

Simon Lesley

*Silent processional*

### A PENITENTIAL ORDER

#### OPENING SENTENCES

BCP 351

*Celebrant:* Bless the Lord who forgives all our sins.

*People:* **His mercy endures for ever.**

#### THE DECALOGUE *(please kneel if you are able)*

BCP 350

*Celebrant:* Hear the commandments of God to his people:  
I am the Lord your God who brought you out of bondage.  
You shall have no other gods but me.

*People:* **Amen. Lord have mercy.**

*Celebrant:* You shall not make for yourself any idol.

*People:* **Amen. Lord have mercy.**

*Celebrant:* You shall not invoke with malice the Name of the Lord your God.

*People:* **Amen. Lord have mercy.**

*Celebrant:* Remember the Sabbath day and keep it holy.

*People:* **Amen. Lord have mercy.**

*Celebrant:* Honor your father and your mother.

*People:* **Amen. Lord have mercy.**

*Celebrant:* You shall not commit murder.

*People:* **Amen. Lord have mercy.**

*Celebrant:* You shall not commit adultery.

*People:* **Amen. Lord have mercy.**

*Celebrant:* You shall not steal.

*People:* **Amen. Lord have mercy.**

*Celebrant:* You shall not be a false witness.

*People:* **Amen. Lord have mercy.**

*Celebrant:* You shall not covet anything that belongs to your neighbor.

*People:* **Amen. Lord have mercy.**

#### *The Celebrant continues*

Jesus said, "The first commandment is this: Hear, O Israel: The Lord our God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no other commandment greater than these." *(Mark 12:29-31)*

#### CONFESSION AND ABSOLUTION

BCP 352

Let us confess our sins against God and our neighbor.

*Minister and People*

**Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

*Celebrant:* Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

Ky - ri - e e - le - i - son. Ky - ri - e e - le - i - son. Ky - ri - e  
 e - le - i - son. Chri - ste e - le - i - son. Chri - ste e -  
 le - i - son. Chri - ste e - le - i - son. Ky - ri - e e - le - i - son.  
 Ky - ri - e e - le - i - son. Ky - ri - e e - le - i - son.

THE COLLECT OF THE DAY

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

THE FIRST READING

Exodus 17:1-7

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, “Give us water to drink.” Moses said to them, “Why do you quarrel with me? Why do you test the Lord?” But the people thirsted there for water; and the people complained against Moses and said, “Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?” So Moses cried out to the Lord, “What shall I do with this people? They are almost ready to stone me.” The Lord said to Moses, “Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink.” Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the Lord, saying, “Is the Lord among us or not?”

*Hear what the Spirit is saying to God's people.  
 Thanks be to God.*

Psalm 95

- 1 Come, let us sing to the / Lord; \*  
 let us shout for joy to the Rock of our sal-/vation.
- 2 Let us come before his presence with thanks-/giving \*  
 and raise a loud shout to him with / psalms.
- 3 For the Lord is a / great God, \*  
 and a great King above / all gods.
- 4 In his hand are the caverns of the / earth, \*  
 and the heights of the hills are his / also.
- 5 The sea is his, for he / made it, \*  
 and his hands have molded the / dry land.
- 6 Come, let us bow down, and bend the / knee, \*  
 and kneel before the Lord our / Maker.
- 7 For he is our God, and we are the people of his pasture and the sheep of his / hand. \*  
 Oh, that today you would hearken to his / voice!
- 8 Harden not your hearts, as your forebears did in the / wilderness, \*  
 at Meribah, and on that day at Massah, when they / tempted me.
- 9 They put me to the / test, \*  
 though they had seen my / works.
- 10 Forty years long I detested that generation and / said, \*  
 "This people are wayward in their hearts; they do not know my / ways."
- 11 So I swore in my / wrath, \*  
 "They shall not enter into my / rest."

© 1979, Robert Knox Kennedy.

THE SECOND READING

Romans 5:1-11

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person-- though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

*Hear what the Spirit is saying to God's people.*

**Thanks be to God.**

Sequence Hymn 399

*To God with gladness sing*

CAMANO

*Descant*

3 Your heaven - ly Fa - ther praise, ac - claim his

1 To God with glad - ness sing, your Rock and Sa - vior  
 2 He cra - dles in his hand the heights and depths of  
 3 Your heaven - ly Fa - ther praise, ac - claim his on - ly

on - ly Son, your voic - es raise to him who

bless; in - to his tem - ple bring your songs of  
 earth; he made the sea and land, he brought the  
 Son, your voice in hom - age raise to him who

makes all one! O Dove on

thank - ful - ness! O God of might, to  
 world to birth! O God Most High, we  
 makes all one! O Dove of peace, on

us de - scend, joy in - crease!

you we sing, en - throned as King on hea - ven's height!  
 are your sheep; on us you keep your shep - herd's eye!  
 us de - scend that strife may end and joy in - crease!

Celebrant: *The Holy Gospel of our Savior, Jesus Christ, according to John.*

People: **Glory to you, O Christ.**

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you."

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him.

Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor."

Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

*The Gospel of the Lord.*

**Praise to you, O Christ.**

*The people are seated at the invitation of the preacher.*

THE SERMON: The Rev. Nikki Mathis

THE NICENE CREED

BCP 358

*(said by all)*

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the

Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE, Form I

BCP 383

The people's response to "let us pray to the Lord" is "**Lord, have mercy.**"

Final petition: *In the communion of Mary, Gregory, and of all the saints, let us commend ourselves, and one another, and all our life, to Christ our God. **To thee, O Lord our God.***

*The Celebrant adds a Collect.*

THE PEACE

*Celebrant:* The peace of Christ be always with you.

*People:* **And also with you.**

THE HOLY COMMUNION

Offertory Anthem

*O Come, Let Us Sing unto the Lord*

Emma Lou Diemer

O come, let us sing unto the Lord;  
Let us heartily rejoice in the strength of our salvation.  
Let us come before His presence with thanksgiving;  
and show ourselves glad in Him with psalms.  
For the Lord is a great God; And a great King above all gods.  
In His hand are all the corners of the earth;  
And the strength of the hills is His also.  
The sea is His and He made it; His hands prepared the dry land.  
O come, let us worship and fall down  
and come, let us kneel before the Lord, our Maker.  
For He is the Lord our God;  
and we are the people of His pasture,  
and the sheep of His hand.  
O worship the Lord in the beauty of holiness;  
Let the whole earth stand in awe of Him.  
For He cometh to judge the earth;  
and with righteousness to judge the world,  
And the peoples with His truth.  
O come, let us sing unto the Lord;  
Let us heartily rejoice in the strength of our salvation.  
For He is the Lord our God.

THE GREAT THANKSGIVING, EUCHARISTIC PRAYER C

BCP 369

*The Lord be with you.*

**And also with you.**

*Lift up your hearts.*

**We lift them to the Lord.**

*Let us give thanks to the Lord our God.*

**It is right to give our thanks and praise.**

God of all power, Ruler of the Universe, you are worthy of glory and praise.

**Glory to you for ever and ever.**

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

**By your will they were created and have their being.**

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

**Have mercy, Lord, for we are sinners in your sight.**

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

**By his blood, he reconciled us. By his wounds, we are healed.**

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

\* Sanctus S-125

*Holy, holy, holy Lord*

Richard Proulx

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,  
heaven and earth are full of your glo - ry. Ho -  
san - na in the high - est. Ho - san - na in the high - est.  
Blessed is he who comes in the name of the Lord. Ho -  
san - na in the high - est. Ho - san - na in the high - est.

*Celebrant continues*

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

**We celebrate his death and resurrection, as we await the day of his coming.**

Lord God of our Fathers; God of Abraham, Isaac, and Jacob; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

**Risen Lord, be known to us in the breaking of the Bread.**

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen.**

And now, as our Savior Christ has taught us, we are bold to say

THE LORD'S PRAYER

BCP 364

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**



\* Fraction Anthem S-169

*My flesh is food indeed*

Ray W. Urwin

*Cantor or Choir*

My flesh is food in - deed, and my blood is drink in -  
 deed, says the Lord. *1 All* My Lord. *2 Cantor or Choir* Those who eat my  
 flesh and drink my blood dwell in me and I in them. *All* My  
 flesh is food in - deed, and my blood is drink in - deed, says the Lord.

THE COMMUNION OF THE PEOPLE

Communion Hymn 700

*O love that casts out fear*

MOSELEY

1 O love that casts out fear, O love that casts out sin,  
 2 True sun - light of the soul, sur - round us as we go;  
 3 Great love of God, come in! Well - spring of heaven - ly peace;  
 4 Love of the liv - ing God, of Fa - ther and of Son;

tar - ry no more with - out, but come and dwell with - in.  
 so shall our way be safe, our feet no stray - ing know.  
 thou Liv - ing Wa - ter, come! Spring up, and nev - er cease.  
 love of the Ho - ly Ghost, fill thou each need - y one.

1 In your mer - cy, Lord, you called me, taught my  
 2 Lord, I did not free - ly choose you till by  
 3 Now my heart sets none a - bove you, for your

sin - filled heart and mind, else this world had  
 grace you set me free; for my heart would  
 grace a - lone I thirst, know - ing well, that

still en - thralled me, and to glo - ry kept me blind.  
 still re - fuse you had your love not cho - sen me.  
 if I love you, you, O Lord, have loved me first.

**SPIRITUAL COMMUNION PRAYER**

Enriching Our Worship 2

Faithful God, in the wonder of your wisdom and love, you fed your people in the wilderness with the bread of angels, and you sent Jesus to be the bread of life. Though I cannot physically consume these gifts of bread and wine, I thank you that I have received the sacrament of Christ's presence, the forgiveness of sins, and all other benefits of Christ's passion. By the power of the Holy Spirit, may I embody your desire, and be renewed for your service, through Jesus Christ our Savior. Amen.

**POSTCOMMUNION PRAYER**

BCP 365

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

**SOLEMN PRAYER OVER THE PEOPLE**

Grant, Almighty God, that your people may recognize their weakness and put their whole trust in your strength, so that they may rejoice for ever in the protection of your loving providence; through Christ our Lord. Amen.

1 Sing - ing songs of ex - pec - ta - tion, on - ward  
 2 One the light of God's own pres - ence, o'er his  
 3 One the strain the lips of thou - sands lift as

goes the pil - grim band, through the night of  
 ran - somed peo - ple shed, chas - ing far the  
 from the heart of one; one the con - flict,

doubt and sor - row, march - ing to the prom - ised land.  
 gloom and ter - ror, bright - ening all the path we tread:  
 one the per - il, one the march in God be - gun:

Clear be - fore us through the dark - ness gleams and  
 one the ob - ject of our jour - ney, one the  
 one the glad - ness of re - joic - ing on the

burns the guid - ing light: trust - ing God we  
 faith which nev - er tires, one the ear - nest  
 far e - ter - nal shore, where the one al -

march to - geth - er step - ping fear - less through the night.  
 look - ing for - ward, one the hope - our God in - spires.  
 might - y Fa - ther reigns in love for ev - er - more.

## THE DISMISSAL

Deacon: Let us bless the Lord.

People: **Thanks be to God.**

## Postlude

Trumpet Tune: *Bonduca*

Henry Purcell



## Prayers of the People

**In our Parish** we pray for Donna Hall, Rosalyn Panton, Don Musholt, Beth Massey, Cayden Mitchell, Harry Stooksbury, Billy Hale, Bill Alworth, Ray Hoover, Stephen Morris, Barbara Johnson, Sue Bush, Janice Rusk, Jennifer Polzin, Susan Williams, Dan Williams, Pat MacKinnon, Shelby Welch, Don Downie, Olivia Carlisle, Angie Defalco, Ken Packer, Ben, Mobley, Scott, and Lynn.

**In thanksgiving for those celebrating their birthdays this week:** Austin Baeckeroot, Missy Martin, Julie Worley, Emery Freeman, George Krause, Charlotte Lamm, Ada Poister, and Beth Davis; **and for those celebrating anniversaries:** Jude Red Bear & Melissa Hamlin, and Ben & Cecilia Reynolds.

*The people listed here are prayed for by name at each Sunday service. To request prayer for yourself or someone else, please call the office (706-546-7553). If at the beginning of the next month the person needs to remain on the list, please call and give the office an update.*

## TODAY

### **CONFIRMATION CLASSES Take 2 | BEGIN TODAY**

Confirmation classes will begin today, immediately following the 10:30AM service. Bring a lunch! We will meet in the Parish Hall. If you're interested in being confirmed, reaffirmed, received, or an adult wishing to be baptized, please come! We'll meet for these weeks: March 12, 19, 26, and April 16 & 23. Please stay tuned for either additional days or 1 or 2 longer sessions.

### **RITE OF CHRISTIAN BURIAL | 2PM**

The Rite of Christian Burial for Mary Katherine "Kathy" Allen Pedersen will be held in our sanctuary today at 2PM.

## THIS WEEK

### **SEVEN DEADLY SINS IN MEDIA | WEDS. in LENT**

*Wednesdays, March 1, 8, 15, 22, & 29*

If you need childcare, you must let the office (Kendall) know by the Monday prior to the Wednesday you are attending the class, or just let her know by February 27 if you know you will need childcare for all 5 Wednesdays.

This Lent, LeeAnne Krause will be reprising the "Seven Deadly Sins in Media" class that was so rudely interrupted by COVID in 2020. Reflection and repentance are cornerstone disciplines during the holy season of Lent, but how do we accomplish this? How do we identify shortcomings in our own behavior? The ancient grouping of objectionable sins into the "Seven Deadly Sins" is a useful framework to begin this practice. We will be discussing the sins themselves, defining them and identifying common manifestations. Then we will watch video clips from feature films, TV, YouTube, and even cartoons, discussing the behaviors of the characters, identifying which, if any, sins they are committing. Examining the behaviors of fictitious characters is more objective and friendly than criticizing each other in the first or second person. Don't worry, we won't be watching anything very racy or violent! If you have any questions, contact LeeAnne Krause (leanne.krause@verizon.net), Ellen Richardson (ellenrichardson52@gmail.com), or Ron Balthazor (ron.balthazor@gmail.com).

Choir will begin at 7:30 during Lent so that choir members can participate in the study.

**5:30 Stations of the Cross**

**6:00 Healing Service w/ Holy Eucharist**

**6:00 Simple supper in the Education Building**

**6:30 Lenten Program**

**7:30 Choir practice**

### **STATIONS OF THE CROSS | WEDNESDAYS @ 5:30PM**

*Wednesdays March 1, 8, 15, 22, 29, & April 5 @ 5:30PM in the Sanctuary*

The stations mark Jesus' journey through the streets of Jerusalem from his arrest and trial to his crucifixion and burial. At each station, we pause for a brief reading and prayer.

### **MOVIE NIGHT! | FRIDAY, MARCH 17**

Come join us this month, on Friday, March 17, when we will watch *Steel Magnolias* (1989). "A young beautician, newly arrived in a small Louisiana town, finds work at the local salon, where a small group of women share a close bond of friendship, and welcome her into the fold." Join us in Parish Hall and enjoy some popcorn and soft drinks - or bring a blanket and a picnic dinner! The movie begins promptly at 7pm.

## COMING UP...

### **ADULT DISCUSSION CLASS | PALM SUNDAY, APRIL 2**

The Right Rev. Porter Taylor (retired) will be here at the 9:15AM adult discussion group in the parish hall on Palm Sunday to do a reading and book signing for his new book, *Are You Persuaded? In and Out of Being a Bishop*.

## NOTES

### **DISMANTLING RACISM TRAINING SCHEDULE**

The 2023 Dismantling Racism Training schedule is available. This class is required for all parish clergy and all lay leaders, including vestry members. We also recommend taking the class every three years. Visit <https://www.centerforracialhealing.org/training> for the training schedule.

## FROM THE WELCOMING COMMITTEE

If you are a visitor or newcomer, welcome. Please help us get to know you. Please fill out a visitor card (found on a nave chair back or in the narthex track rack) and place it in the alms basin (collection plate).

### Those Who Serve

Vestry: Anna Hiers  
Readers: Carolyn Abney (8AM); Anna Thornton  
(10:30AM)  
EMs:  
Crucifers: Mariel Sanford & Gavin Avinger  
Torches: Julia Sanford & Ethan Vogt

Flowers: The Flower Guild  
Altar Guild: Jane Sheridan, Lin Kromhout, Carol  
Schwenke  
Ushers: Anthony & Deb Garner  
Counters: Maggie Reinberger & Anna Hiers  
Livestream: Pete Nicholls

### Clergy and Staff

**The Rev. Nikki Mathis** Rector  
*rector@stgregoryathens.org* | 706-546-7553 x2

**The Rev. Christina Dondero** Deacon  
*christinadondero@gmail.com* | 404-918-7248

**Kendall M. Kookogey** Parish Administrator/Bookkeeper  
*office@stgregoryathens.org* | 706-546-7553 x1

**Jonathan Klein** Music Director/Organist  
*jonathanfk@gmail.com* | 706-296-8102

**Joseph Napoli** Choir Director  
*awn1984@att.net* | 706-546-6638

**The Rev. Doug Adkins** Director of Children's Ministries  
*jdadkins@hotmail.com* | 706-474-4784

**Wade McGlamery** Youth Minister  
*wmcglamery@gmail.com* | 770-624-4837

**Jude Red-Bear** Nursery Director  
*juderedbear@icloud.com* | 706-614-0008

**Mark Hein** Buildings/Grounds  
*markehein@gmail.com* | 706-549-3239

**Anthony Barkdoll** Livestream Coordinator  
*anthonybarkdoll@gmail.com*

**Terri Tillman** WebMaster  
*ttillman@gmail.com*

**Danielle Vogt** Coffee Host  
*danielle1784@gmail.com*

**Peachy Green Clean Co-op** Sexton

**Nursery Attendants:** Missy Hamlin, Jude Red Bear, Danielle Lyle, Megan Reuter, Allie Weaver

**Vestry Members:** Kate Avinger, John Barrett; John Bray; Stacie Court; Gail Eilers; Blaine Everson; Anna Hiers; LeeAnne Krause; Lane Norton; Maggie Reinberger; Mark Richardson; Shelby Welch; Anna Thornton, *Clerk*; Les House, *Treasurer*

**Vestry Person of the Day/Week:** Anna Hiers [aldhiers@gmail.com](mailto:aldhiers@gmail.com)

*Hymn permission used by RiteStuff, a one-time use reprint license for congregational use.  
Permission to podcast/stream the music in this service obtained from ONE LICENSE, License #732703-A*



