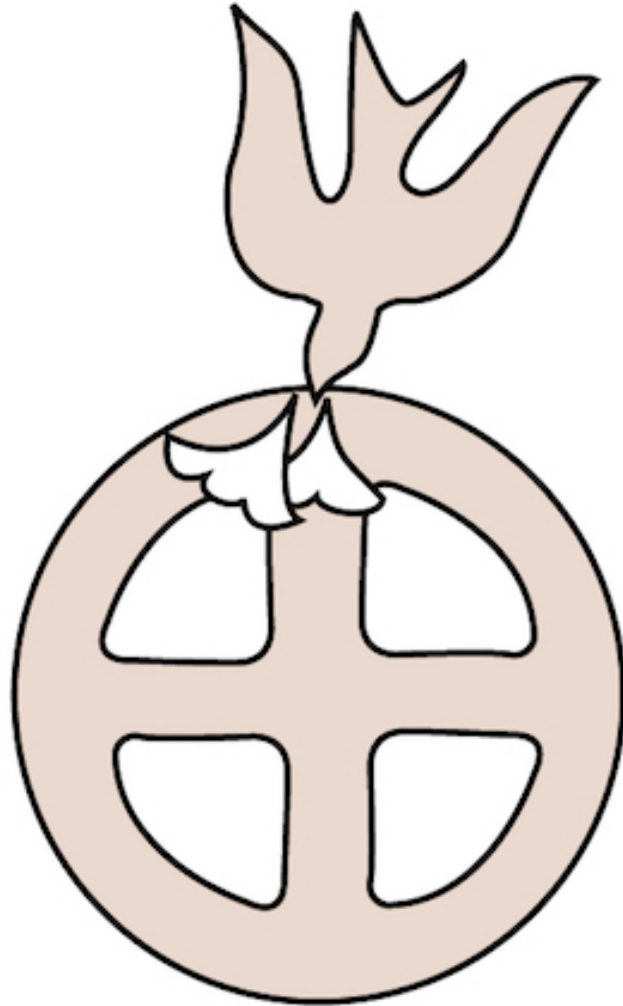


# ST. GREGORY THE GREAT EPISCOPAL CHURCH



MARCH 10, 2024  
LIVE STREAMED ON YOUTUBE

10:30AM

## SPIRITUAL COMMUNION \*

What happens when you are spiritually prepared and desire to receive communion, but can't? Such a case is referenced by a paragraph in the 1979 Prayer Book:

*If a person desires to receive the Sacrament, but, by reason of extreme sickness or physical disability, is unable to eat and drink the Bread and Wine, the Celebrant is to assure that person that all the benefits of Communion are received, even though the Sacrament is not received with the mouth.*

A nation-wide shut down due to a pandemic fits, I'm sure we'll agree, with the words "by any other impediment" listed in the first Prayer Book. Our Lord will not cut us off from his grace. If we truly desire him, he will come to us, even if we cannot receive the Sacraments he has instituted so that we may receive his grace. This is not a new idea. St Thomas Aquinas, writing nearly 800 years ago, said:

*before receiving a sacrament, the reality of the sacrament can be had through the very desire of receiving the sacrament. Accordingly, before actual reception of this sacrament, a man can obtain salvation through the desire of receiving it, just as he can before Baptism through the desire of Baptism, as stated above (Summa, III.73.iii)*

Desiring to receive the spiritual grace of the Most Holy Eucharist (and being prevented from receiving it sacramentally) is known as Spiritual Communion. It is so very important to note that this gift is given to us when we cannot, for very good reason, be present at mass.

When you are watching a live-stream or recording of our liturgies, any of the following prayers may be said at the moment of communion when you would normally leave your pew and make your journey to the altar:

**In Union, dear Lord, with the faithful at every altar of Your Church where Your blessed Body and Blood are being offered to the Father, I desire to offer You praise and thanksgiving. I believe that You are present in the Holy Sacrament. And since I cannot now receive You sacramentally, I ask You to come spiritually into my heart. I unite myself to You, and embrace You with all the affections of my soul. Let me never be separated from You. Let me live and die in Your love. Amen.**

OR

**Faithful God, in the wonder of your wisdom and love, you fed your people in the wilderness with the bread of angels, and you sent Jesus to be the bread of life. Though I cannot physically consume these gifts of bread and wine, I thank you that I have received the sacrament of Christ's presence, the forgiveness of sins, and all other benefits of Christ's passion. By the power of the Holy Spirit, may I embody your desire, and be renewed for your service, through Jesus Christ our Savior. Amen. (from *Enriching Our Worship 2*)**

OR

**"My Jesus, I believe that you are present in the Blessed Sacrament.  
I love you above all things and I desire you with all my heart.  
Since I cannot now receive you sacramentally,  
I ask you to come spiritually into my heart.  
I embrace you as if you were already in my heart  
and unite myself to you completely.  
Please do not let me ever be separated from you." (by St. Alphonsus Liguori)**

*\*Except where otherwise indicated, the whole of this article (with only very little amendment) is taken from the website of St. Timothy's Episcopal Church, Winston-Salem, North Carolina, where it was posted on April 5, 2020. No author was specified.*

# THE HOLY VIRTUAL EUCHARIST

The Fourth Sunday of Lent

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## THE WORD OF GOD

### WELCOME & ANNOUNCEMENTS

#### Prelude

*Prélude Lent*

A. Schmitt

*Silent processional*

### A PENITENTIAL ORDER

#### OPENING SENTENCES

BCP 351

*Celebrant:* Bless the Lord who forgives all our sins.

*People:* **His mercy endures for ever.**

#### THE DECALOGUE *(please kneel if you are able)*

BCP 350

*Celebrant:* Hear the commandments of God to his people:  
I am the Lord your God who brought you out of bondage.  
You shall have no other gods but me.

*People:* **Amen. Lord have mercy.**

*Celebrant:* You shall not make for yourself any idol.

*People:* **Amen. Lord have mercy.**

*Celebrant:* You shall not invoke with malice the Name of the Lord your God.

*People:* **Amen. Lord have mercy.**

*Celebrant:* Remember the Sabbath day and keep it holy.

*People:* **Amen. Lord have mercy.**

*Celebrant:* Honor your father and your mother.

*People:* **Amen. Lord have mercy.**

*Celebrant:* You shall not commit murder.

*People:* **Amen. Lord have mercy.**

*Celebrant:* You shall not commit adultery.

*People:* **Amen. Lord have mercy.**

*Celebrant:* You shall not steal.

*People:* **Amen. Lord have mercy.**

*Celebrant:* You shall not be a false witness.

*People:* **Amen. Lord have mercy.**

*Celebrant:* You shall not covet anything that belongs to your neighbor.

*People:* **Amen. Lord have mercy.**

#### *The Celebrant continues*

Jesus said, "The first commandment is this: Hear, O Israel: The Lord our God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no other commandment greater than these." *(Mark 12:29-31)*

#### CONFESSION AND ABSOLUTION

BCP 352

Let us confess our sins against God and our neighbor.

*Minister and People*

**Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

*Celebrant:* Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

Lord, have mer - cy. Lord, have mer - cy.

Lord, have mer - cy. Lord, have mer - cy.

Christ, have mer - cy. Christ, have mer - cy. Lord,

Christ, have mer - cy. Christ, have mer - cy.

Lord, have mer - cy. Lord, have mer - cy. Lord,

Lord, have mer - cy, have mer - cy.

Lord, have mer - cy, have mer - cy.

THE COLLECT OF THE DAY

Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which gives life to the world: Evermore give us this bread, that he may live in us, and we in him; who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

THE FIRST READING

Numbers 21:4-9

From Mount Hor the Israelites set out by the way to the Red Sea, to go around the land of Edom; but the people became impatient on the way. The people spoke against God and against Moses, "Why have you brought us up out of Egypt to die in the wilderness? For there is no food and no water, and we detest this miserable food." Then the Lord sent poisonous serpents among the people, and they bit the people, so that many Israelites died. The people came to Moses and said, "We have sinned by speaking against the Lord and against you; pray to the Lord to take away the serpents from us." So Moses prayed for the people. And the Lord said to Moses, "Make a poisonous serpent, and set it on a pole; and everyone who is bitten shall look at it and live." So Moses made a serpent of bronze, and put it upon a pole; and whenever a serpent bit someone, that person would look at the serpent of bronze and live.

*Hear what the Spirit is saying to God's people.  
Thanks be to God.*

**Psalm 107:1-3, 17-22** (*spoken at 8AM*)

- 1 Give thanks to the Lord, for he is / good, \*  
and his mercy endures for / ever.
- 2 Let all those whom the Lord has redeemed pro-/claim \*  
that he redeemed them from the hand of the / foe.
- 3 He gathered them out of the / lands; \*  
from the east and from the west, from the north and from the / south.
- 17 Some were fools and took to rebellious / ways; \*  
they were afflicted because of their / sins.
- 18 They abhorred all manner of / food \*  
and drew near to death's / door.
- 19 Then they cried to the Lord in their / trouble, \*  
and he delivered them from their dis-/tress.
- 20 He sent forth his word and / healed them \*  
and saved them from the / grave.
- 21 Let them give thanks to the Lord for his / mercy \*  
and the wonders he does for his / children.
- 22 Let them offer a sacrifice of thanks-/giving \*  
and tell of his acts with shouts of / joy.



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**THE SECOND READING**

Ephesians 2:1-10

You were dead through the trespasses and sins in which you once lived, following the course of this world, following the ruler of the power of the air, the spirit that is now at work among those who are disobedient. All of us once lived among them in the passions of our flesh, following the desires of flesh and senses, and we were by nature children of wrath, like everyone else. But God, who is rich in mercy, out of the great love with which he loved us even when we were dead through our trespasses, made us alive together with Christ-- by grace you have been saved-- and raised us up with him and seated us with him in the heavenly places in Christ Jesus, so that in the ages to come he might show the immeasurable riches of his grace in kindness toward us in Christ Jesus. For by grace you have been saved through faith, and this is not your own doing; it is the gift of God-- not the result of works, so that no one may boast. For we are what he has made us, created in Christ Jesus for good works, which God prepared beforehand to be our way of life.

*Hear what the Spirit is saying to God's people.  
Thanks be to God.*

**Sequence Hymn 467**

*Sing, my soul, his wondrous love*

**ST. BEES**

1 Sing, my soul, his won-drous love, who, from yon bright throne a - bove,  
2 Heaven and earth by him were made; all is by his scep - ter swayed;  
3 God, the mer - ci - ful and good, bought us with the Sa - vior's blood,  
4 Sing, my soul, a - dore his Name! Let his glo - ry be thy theme:

ev - er watch - ful o'er our race, still to us ex - tends his grace.  
what are we that he should show so much love to us be - low?  
and, to make sal - va - tion sure, guides us by his Spi - rit pure.  
praise him till he calls thee home; trust his love for all to come.

THE GOSPEL

John 3:14-21

Celebrant: *The Holy Gospel of our Savior, Jesus Christ, according to John.*

People: **Glory to you, O Christ.**

Jesus said, "Just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

"For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

"Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him. Those who believe in him are not condemned; but those who do not believe are condemned already, because they have not believed in the name of the only Son of God. And this is the judgment, that the light has come into the world, and people loved darkness rather than light because their deeds were evil. For all who do evil hate the light and do not come to the light, so that their deeds may not be exposed. But those who do what is true come to the light, so that it may be clearly seen that their deeds have been done in God."

*The Gospel of the Lord.*

**Praise to you, O Christ.**

*The people are seated at the invitation of the preacher.*

THE SERMON: The Rev. Nikki Mathis

THE NICENE CREED

BCP 358

*(said by all, standing)*

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE, Form I

BCP 383

The people's response to "let us pray to the Lord" is "**Lord, have mercy.**"

Final petition: *In the communion of Mary, Gregory, and of all the saints, let us commend ourselves, and one another, and all our life, to Christ our God. **To thee, O Lord our God.***

*The Celebrant adds a Collect.*

THE PEACE

*Celebrant:* The peace of Christ be always with you.

People: **And also with you.**

**THE HOLY COMMUNION**

**Offertory Anthem**

*God so loved the world*

Bob Chilcott

God so loved the world  
that he gave his only begotten son that whoso believeth in him  
should not perish but have everlasting life.  
God so loved the world.

**Presentation Hymn 380 vs. 3**

*Doxology*

OLD 100<sup>TH</sup>

*The Lord be with you.*

**And also with you.**

*Lift up your hearts.*

**We lift them to the Lord.**

*Let us give thanks to the Lord our God.*

**It is right to give our thanks and praise.**

It is truly right to glorify you, Father, and to give you thanks; for you alone are God, living and true, dwelling in light inaccessible from before time and for ever.

Fountain of life and source of all goodness, you made all things and fill them with your blessing; you created them to rejoice in the splendor of your radiance.

Countless throngs of angels stand before you to serve you night and day; and, beholding the glory of your presence, they offer you unceasing praise. Joining with them, and giving voice to every creature under heaven, we acclaim you, and glorify your Name, as we sing (say),

\* **Sanctus S-129**

*Holy, holy, holy Lord*

Robert Powell

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and  
might, hea - ven and earth are full of your glo - ry. Ho -  
san - na in the high - est. Bless - ed is he who  
comes in the name of the Lord. Ho - san - na in the high - est.\_\_\_\_\_

We acclaim you, holy Lord, glorious in power. Your mighty works reveal your wisdom and love. You formed us in your own image, giving the whole world into our care, so that, in obedience to you, our Creator, we might rule and serve all your creatures. When our disobedience took us far from you, you did not abandon us to the power of death. In your mercy you came to our help, so that in seeking you we might find you. Again and again you called us into covenant with you, and through the prophets you taught us to hope for salvation.

Father, you loved the world so much that in the fullness of time you sent your only Son to be our Savior. Incarnate by the Holy Spirit, born of the Virgin Mary, he lived as one of us, yet without sin. To the poor he proclaimed the good news of salvation; to prisoners, freedom; to the sorrowful, joy. To fulfill your purpose he gave himself up to death; and, rising from the grave, destroyed death, and made the whole creation new.

And, that we might live no longer for ourselves, but for him who died and rose for us, he sent the Holy Spirit, his own first gift for those who believe, to complete his work in the world, and to bring to fulfillment the sanctification of all.

When the hour had come for him to be glorified by you, his heavenly Father, having loved his own who were in the world, he loved them to the end; at supper with them he took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Father, we now celebrate this memorial of our redemption. Recalling Christ's death and his descent among the dead, proclaiming his resurrection and ascension to your right hand, awaiting his coming in glory; and offering to you, from the gifts you have given us, this bread and this cup, we praise you and we bless you.

*Celebrant and People*

***We praise you, we bless you,  
we give thanks to you,  
and we pray to you, Lord our God.***

*The Celebrant continues*

Lord, we pray that in your goodness and mercy your Holy Spirit may descend upon us, and upon these gifts, sanctifying them and showing them to be holy gifts for your holy people, the bread of life and the cup of salvation, the Body and Blood of your Son Jesus Christ.

Grant that all who share this bread and cup may become one body and one spirit, a living sacrifice in Christ, to the praise of your Name.

Remember, Lord, your one holy catholic and apostolic Church, redeemed by the blood of your Christ. Reveal its unity, guard its faith, and preserve it in peace.

And grant that we may find our inheritance with the Blessed Virgin Mary, with patriarchs, prophets, apostles, and martyrs, with Gregory and all the saints who have found favor with you in ages past. We praise you in union with them and give you glory through your Son Jesus Christ our Lord.

Through Christ, and with Christ, and in Christ, all honor and glory are yours, Almighty God and Father, in the unity of the Holy Spirit, for ever and ever. AMEN.

And now, as our Savior Christ has taught us, we are bold to say

THE LORD'S PRAYER

BCP 364

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

\* Fraction Anthem S-169

*My flesh is food indeed*

Ray W. Urwin

Musical score for the Fraction Anthem S-169, titled "My flesh is food indeed" by Ray W. Urwin. The score is written in G major and 4/4 time. It consists of four staves of music. The first staff is marked "Cantor or Choir" and begins with a treble clef, a key signature of one sharp (F#), and a common time signature. The lyrics "My flesh is food in - deed, and my blood is drink in -" are written below the notes. The second staff has two first endings: the first is marked "1 All" and the second is marked "2 Cantor or Choir". The lyrics "deed, says the Lord. My Lord. Those who eat my" are written below. The third staff is marked "All" and has the lyrics "flesh and drink my blood dwell in me and I in them. My". The fourth staff has the lyrics "flesh is food in - deed, and my blood is drink in - deed, says the Lord." and ends with a double bar line.

THE COMMUNION OF THE PEOPLE



Communion Hymn 323

*Bread of heaven, thee we feed*

JESU, JESU, DU MEIN HIRT

1 Bread of heaven, on thee we feed, for thy Flesh is  
 2 Vine of heaven, thy Blood sup-plies this blest cup of  
 meat in-deed; ev - er may our souls be fed  
 sac - ri - fice; Lord, thy wounds our heal - ing give,  
 with this true and liv - ing Bread; day by day with  
 to thy cross we look and live: Je - sus, may we  
 strength sup-plied, through the life of him who died.  
 ev - er be graft - ed, root - ed, built in thee.

Communion Hymn 691

*My faith looks up to thee*

OLIVET

1 My faith looks up to thee, thou Lamb of Cal - va - ry,  
 2 May thy rich grace im - part strength to my faint - ing heart,  
 3 While life's dark maze I tread, and griefs a - round me spread,  
 Sa - vior di - vine! Now hear me while I pray, take all my  
 my zeal in - spire; as thou hast died for me, O may my  
 be thou my guide; bid dark-ness turn to day; wipe sor - row's  
 guilt a - way; O let me from this day be whol - ly thine.  
 love to thee pure, warm, and change-less be, a liv - ing fire.  
 tears a - way, nor let me ev - er stray from thee a - side.

## SPIRITUAL COMMUNION PRAYER

Enriching Our Worship 2

Faithful God, in the wonder of your wisdom and love, you fed your people in the wilderness with the bread of angels, and you sent Jesus to be the bread of life. Though I cannot physically consume these gifts of bread and wine, I thank you that I have received the sacrament of Christ's presence, the forgiveness of sins, and all other benefits of Christ's passion. By the power of the Holy Spirit, may I embody your desire, and be renewed for your service, through Jesus Christ our Savior. Amen.

## POSTCOMMUNION PRAYER

BCP 365

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

## SOLEMN PRAYER OVER THE PEOPLE

Grant, Almighty God, that your people may recognize their weakness and put their whole trust in your strength, so that they may rejoice for ever in the protection of your loving providence; through Christ our Lord. Amen.

## Closing Hymn 149

### *Eternal Lord of love*

OLD 124<sup>TH</sup>

*Unison or harmony*

1 E - ter - nal Lord of love, be - hold your Church  
2 So dai - ly dy - ing to the way of self,  
3 If dead in you, so in you we a - rise,

walk - ing once more the pil - grim way of Lent,  
so dai - ly liv - ing to your way of love,  
you the first - born of all the faith - ful dead;

led by your cloud by day, by night your fire,  
we walk the road, Lord Je - sus, that you trod,  
and as through ston - y ground the green shoots break,

moved by your love and toward your pres - ence bent:  
know - ing our - selves bap - tized in - to your death:  
glo - rious in spring - time dress of leaf and flower,

far off yet here— the goal of all de - sire.  
so we are dead and live with you in God.  
so in the Fa - ther's glo - ry shall we wake.

## THE DISMISSAL

*Deacon:* Go in peace to love and serve the Lord.

*People:* **Thanks be to God.**



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About today's music...

*Eternal Lord of love, behold your Church (149) is a hymn that closely links the Lenten season with baptism. Thomas H. Cain's text is full of paradoxical language of the scriptures and the baptismal liturgy with lines like "Far off yet here", "Daily dying...daily living" and "If dead in you, so in you we arise". Cain has even written that he addresses the hymn primarily to the baptized and notes that "this should not make the text irrelevant for the catechumens since it describes -- I hope-- something of the state into which they are to enter".*

*Regarding the music to this hymn (Old 124th) is it interesting to note that this melody was one of the most universally known in the Reformed churches of the sixteenth century and in 1919 Gustav Holst composed a fantasy on the tune for chorus and orchestra titled "Turn Back O Man"*

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## Prayers of the People

**In our Parish** we pray for Sue Hall, Jennifer Johnson, Sheldon Clements, Evan Powell, Janet Wright, Billy Hale, Kyra Madden, Eddie Bennett, Mary Burkett, Cecil Beagle, Diana Beagle, William Beagle, Jim Klippel, Jackie Dorsey, Denise Glynn, Mike Fowler, Cecil Hudson, Jean Estes, Elmer Clark, Shelby Welch, Nancy Carter, Randy Harrelson, Teri Bouknecht, Kara Russe, Ellen Kappel, Cayden Mitchell, Bill Alworth, Stephen Morris, Barbara Johnson, Sue Bush, Janice Rusk, Jennifer Polzin, Susan Williams, Pat MacKinnon, Don Downie, Angie Defalco, Ken Packer, Donna, Kelly, Michael, Rachel, Christy, Rosina, Eliot, Patricia, Ben, Scott, and Lynn.

**In thanksgiving for those celebrating their birthdays this week:** Jennifer Johnson, Bruce Zavitz, Austin Baeckeroot, Missy Martin, Julie Worley, Emery Freeman, George Krause, Charlotte Lamm, and Ada Poister; **and for those celebrating anniversaries:** Jude Red Bear & Melissa Hamlin, and Ben & Cecilia Reynolds.

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*The people listed here are prayed for by name at each Sunday service. To request prayer for yourself or someone else, please call the office (706-546-7553). If at the beginning of the next month the person needs to remain on the list, please call and give the office an update.*

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Don't forget to turn in your vote on which physical improvements to our church are most important to you!  
The ballot box and blank voting forms are in the narthex;  
or mail them to the church office

## THIS WEEK

### **LENTEN PROGRAM | FEB. 21 - MARCH 20**

Adult Spiritual Formation will be offering a Wednesday evening program for Lent. The wonderful Matt Rogers will once again be leading us in Bibliodrama, this time in an exploration of the Psalms. Wednesday evenings 2/21-3/20, 6:30PM for a simple supper with the program to follow at 7PM.

### **STATIONS OF THE CROSS | WEDNESDAYS @ 5:30PM**

*Wednesdays February 21, 28, & March 6, 13, 20, & 27 @ 5:30PM in the Sanctuary*

The stations mark Jesus' journey through the streets of Jerusalem from his arrest and trial to his crucifixion and burial. At each station, we pause for a brief reading and prayer.

### **FAMILY PROMISE TRAINING**

If you plan to volunteer for Family Promise, there is training available to help you be more comfortable with the program. You may just show up to one of these events, which are all held at the First Baptist Day Center.

**Thursday, March 14, 6-7PM**

Park behind the church and head toward the door marked Family Promise on the far right hand side of the building as you face it.

## NEXT WEEK

### **PASTORAL CARE COMMITTEE MEETING | SUNDAY, MARCH 17**

Pastoral Care Committee will meet next Sunday, March 17, in the library right after the 10:30AM service. Anyone is welcome to join!

### **FLOWER GUILD MEETING | SUNDAY, MARCH 17**

The Flower Guild will meet in the office next to Kendall's right after the 10:30AM service on Sunday, March 17. We are also seeking new members! So please join us!

### **FAMILY PROMISE | MARCH 17-24**

Some of the needs of the homeless families in the program are being taken care of. Here are a few things still needed:

1. Transport families to and from the First Baptist Day Center on Saturday, March 23, 12:45-1:15 p.m. and/or 4:45-5:15 p.m. using the Family Promise van. This can be filled by two different people, one early and one late.

The Day Center is located in First Baptist Church downtown. Park behind the church and head toward the door marked Family Promise on the far right hand side of the building as you face it.

2. Hygiene supplies of tissues, paper towels, deodorant, cleaning products and gently used washcloths and towels. You can drop these off in the narthex in the box marked for Family Promise.

Please sign up to drive the van using this link: <https://www.signupgenius.com/go/4090F4CA5AA29A4FE3-47300007-2024#/>

Questions? Annette Bates at [bateskannette@gmail.com](mailto:bateskannette@gmail.com)

## COMING UP ...

### **SAVE THE DATE | SAT., APRIL 6**

Jack Armistead has again chaired a committee to plan the annual 5K run/walk in support of Parkinson's research through the Michael J. Fox Foundation. This year's event will honor his late wife Jane (1946-2023) for her work toward finding a cure for Parkinson's. Outpace Parkinson's 9 will start at 8 am on April 6th in Sandy Creek Park, Pavilion 1. Runners can choose either on-site or virtual participation. To qualify for a T-shirt, they should register by midnight, March 22nd. Late registration will be available as well. There will be a full slate of awards and plenty of refreshments and opportunities to socialize. Donations to the Parkinson's research effort are also encouraged. Details about the race and links to registration and donations can be found at [pdathens.com](http://pdathens.com).

### **CONFIRMATION CLASSES | BEGIN APRIL 14**

For all those interested in getting confirmed, received, reaffirmed, or if you just want to learn more about the Episcopal Church - confirmation class will be offered starting on April 14th following the 10:30am service then every Sunday leading up to Diocesan confirmation on June 2nd in Atlanta. If you are interested in joining the class please reach out to Mother Nikki or Wade McGlamery and let us know.

### **SAVE THE DATE BLUE JEAN SUNDAY | SUNDAY, APRIL 14**

Save the date for Sunday, April 14: Blue Jean Sunday! Come enjoy a free lunch and help us spring clean the church! Everyone wear their blue jeans to church that day and bring your gardening gloves. Jobs for every ability!

### **NEW FOLK OFFERING | FRIDAY, APRIL 19**

Beginning on Friday, April 19, St Gregory's will be offering a monthly Ceilidh service (pronounced kay-lee). Based on a Gaelic tradition of celebrating community and hospitality, a folk liturgy complete with live folk music and a meal will be offered in the Christian Education building at 6:30PM. Foot washing and hand anointing will also be available at these services for anyone who wants to take part. Any musicians that are interested in helping to provide the music for these services, as well as anyone with questions about the service, are encouraged to reach out to Wade McGlamery.

## ONGOING

### **HOLY EUCHARIST & HEALING SERVICE | WEDNESDAYS**

Please join us on Wednesday evenings at 6PM in the sanctuary for eucharist and prayers for healing.

## NOTES

### **EASTER EGG HUNT**

Easter is almost here, and among the many Easter week events will be the Children's Egg Hunt on Easter Sunday! We need some candy donations! If you would like to help out, bring donations to the copy room across from Kendall's office. And remember, we are a peanut free parish. Thanks!

### **EASTER LILIES**

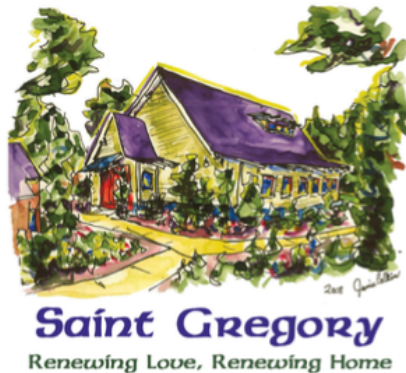
If you wish to dedicate an Easter lily in honor/thanksgiving of someone living or in remembrance of someone deceased, please complete the yellow form found in your bulletin or in the narthex and leave the form and your donation in the offering plate or in Kendall's office. The suggested donation is \$15/lily. **The deadline is Monday, March 25.** **\*\* Please note the additional question we ask on the form: Would you like to keep your lily after Easter or have it given to Pastoral Care to take to one of our shut-ins? \*\***

### **FREE BOOKS**

The newly formed Library Committee has begun to sort through generations of books with the intention of making the offerings of the St. Gregory Library more accessible and useful to everyone. Those volumes that have seen better days and times will be placed for a week or so on the long white tables in the main area of the Education Building and made available for the taking with one rule—no bringing them back! Though you never know what might speak to you! Those books left there over a week or two will be donated to the public library. Hopefully by making some space the many hidden treasures that remain in St. Gregory's Library will be more easily seen, accessed and appreciated.

### **THE LITTLE RED WAGON**

The Athens Area Emergency Food Bank needs boxed mac & cheese, pork & beans, dried beans, and sanitary napkins! Please help us fill the Little Red Wagon!



For more information about our Capital Campaign Improvements Campaign, please [click here](#) or use the QR code below to access our dedicated webpage



## Those Who Serve

Vestry: Amanda Aycock  
Reader: Roger Schwenke (8AM)  
Barbara Kuhn (10:30AM)  
EMs: Anna Thornton & David Stooksbury  
Crucifers: Ethan Vogt & Charlotte Lamm  
Torches: Aiden & Warren Lamm

Flowers: Flower Guild  
Altar Guild: Nancy Watson & Jenifer Marquardt  
Ushers: Lois Alworth & Gail Eilers  
Counters: Maggie Reinberger & Karen Radde  
Livestream: Pete Nicholls

## Clergy and Staff

**The Rev. Nikki Mathis** Rector  
*rector@stgregoryathens.org* | 706-546-7553 x2

**The Rev. Christina Dondero** Deacon  
*christinadondero@gmail.com* | 404-918-7248

**Kendall M. Kookogey** Parish Administrator/Bookkeeper  
*office@stgregoryathens.org* | 706-546-7553 x1

**Jonathan Klein** Music Director/Organist  
*jonathanfk@gmail.com* | 706-296-8102

**Wade McGlamery** Youth Minister  
*wwmcglamery@gmail.com* | 770-624-4837

**Jude Red-Bear** Nursery Director  
*juderedbear@icloud.com* | 706-614-0008

**Mark Hein** Buildings/Grounds  
*markehein@gmail.com* | 706-549-3239

**Terri Tillman** WebMaster  
*ttillman@gmail.com*

**Danielle Vogt** Coffee Host  
*danielle1784@gmail.com*

**Anthony Barkdoll** Livestream Coordinator  
*anthonybarkdoll@gmail.com*

**Peachy Green Clean Co-op** Sexton

**Nursery Attendants:** Missy Hamlin, Jude Red Bear, Willem Swindler, Stephanie Swindler, Berkeley Boone

**Vestry Members:** Amanda Aycock; Kate Avinger, John Barrett, *Jr. Warden*; Stacie Court; Gail Eilers; Berni McCranie; Lane Norton; Maggie Reinberger; Mark Richardson, *Sr. Warden*; Vicky Tavernier; Paul Welch; Shelby Welch; Anna Thornton, *Clerk*; Les House, *Treasurer*

**Vestry Person of the Day/Week:** Amanda Aycock [\*asaycock@gmail.com\*](mailto:asaycock@gmail.com)

