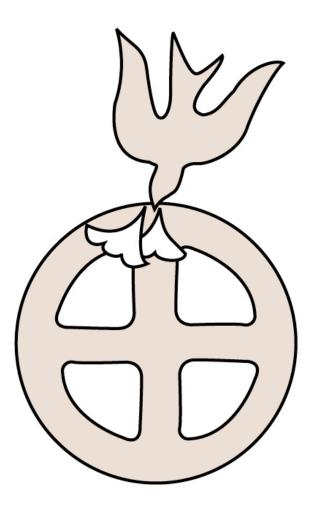
St. Gregory the Great Episcopal Church



JULY 11, 2021 Premiered on <u>YouTube</u>

6PM w/ online chat beginning at 5:45pm

THE HOLY VIRTUAL EUCHARIST

The Seventh Sunday after Pentecost: Proper 10

THE WORD OF GOD

SPIRITUAL COMMUNION *

What happens when you are spiritually prepared and desire to receive communion, but can't? Such a case is referenced by a paragraph in the 1979 Prayer Book:

If a person desires to receive the Sacrament, but, by reason of extreme sickness or physical disability, is unable to eat and drink the Bread and Wine, the Celebrant is to assure that person that all the benefits of Communion are received, even though the Sacrament is not received with the mouth.

A nation-wide shut down due to a pandemic fits, I'm sure we'll agree, with the words "by any other impediment" listed in the first Prayer Book. Our Lord will not cut us off from his grace. If we truly desire him, he will come to us, even if we cannot receive the Sacraments he has instituted so that we may receive his grace. This is not a new idea. St Thomas Aquinas, writing nearly 800 years ago, said:

before receiving a sacrament, the reality of the sacrament can be had through the very desire of receiving the sacrament. Accordingly, before actual reception of this sacrament, a man can obtain salvation through the desire of receiving it, just as he can before Baptism through the desire of Baptism, as stated above (Summa, III.73.iii)

Desiring to receive the spiritual grace of the Most Holy Eucharist (and being prevented from receiving it sacramentally) is known as Spiritual Communion. It is so very important to note that this gift is given to us when we cannot, for very good reason, be present at mass.

When you are watching a live-stream or recording of our liturgies, any of the following prayers may be said at the moment of communion when you would normally leave your pew and make your journey to the altar:

In Union, dear Lord, with the faithful at every altar of Your Church where Your blessed Body and Blood are being offered to the Father, I desire to offer You praise and thanksgiving. I believe that You are present in the Holy Sacrament. And since I cannot now receive You sacramentally, I ask You to come spiritually into my heart. I unite myself to You, and embrace You with all the affections of my soul. Let me never be separated from You. Let me live and die in Your love. Amen.

OR

Faithful God, in the wonder of your wisdom and love, you fed your people in the wilderness with the bread of angels, and you sent Jesus to be the bread of life. Though I cannot physically consume these gifts of bread and wine, I thank you that I have received the sacrament of Christ's presence, the forgiveness of sins, and all other benefits of Christ's passion. By the power of the Holy Spirit, may I embody your desire, and be renewed for your service, through Jesus Christ our Savior. Amen. (from Enriching Our Worship 2)

OR

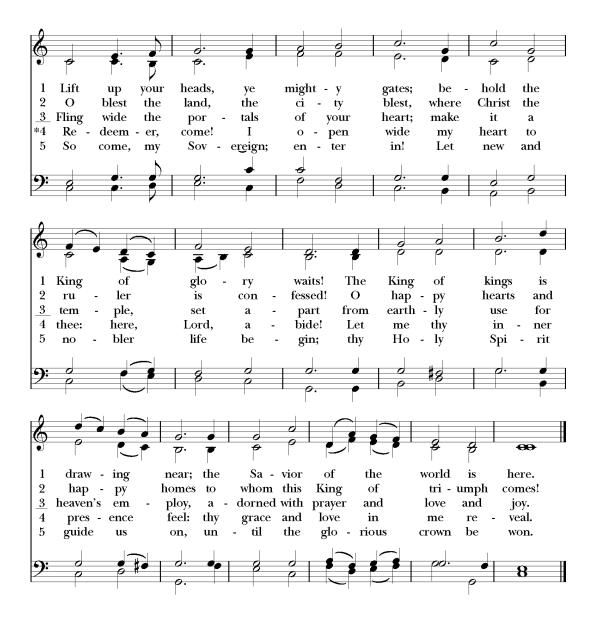
"My Jesus, I believe that you are present in the Blessed Sacrament. I love you above all things and I desire you with all my heart. Since I cannot now receive you sacramentally, I ask you to come spiritually into my heart. I embrace you as if you were already in my heart and unite myself to you completely. Please do not let me ever by separated from you." (by St. Alphonsus Liguori)

*Except where otherwise indicated, the whole of this article (with only very little amendment) is taken from the website of St. Timothy's Episcopal Church, Winston-Salem, North Carolina, where it was posted on April 5, 2020. No author was specified.

ANNOUNCEMENTS

Opening Hymn 436

Lift up your heads, ye mighty gates



OPENING ACCLAMATION

BCP 355

Celebrant:Blessed be God: Father, Son, and Holy SpiritPeople:And blessed be his kingdom, now and for ever. Amen.

COLLECT FOR PURITY

BCP 355

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

TRURO



THE COLLECT OF THE DAY

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

THE FIRST READING

read by Carolyn Abney

2 Samuel 6:1-5, 12b-19

David again gathered all the chosen men of Israel, thirty thousand. David and all the people with him set out and went from Baale-judah, to bring up from there the ark of God, which is called by the name of the Lord of hosts who is enthroned on the cherubim. They carried the ark of God on a new cart, and brought it out of the house of Abinadab, which was on the hill. Uzzah and Ahio, the sons of Abinadab, were driving the new cart with the ark of God; and Ahio went in front of the ark. David and all the house of Israel were dancing before the Lord with all their might, with songs and lyres and harps and tambourines and castanets and cymbals.

So David went and brought up the ark of God from the house of Obed-edom to the city of David with rejoicing; and when those who bore the ark of the Lord had gone six paces, he sacrificed an ox and a fatling. David danced before the Lord with all his might; David was girded with a linen ephod. So David and all the house of Israel brought up the ark of the Lord with shouting, and with the sound of the trumpet.

As the ark of the Lord came into the city of David, Michal daughter of Saul looked out of the window, and saw King David leaping and dancing before the Lord; and she despised him in her heart.

They brought in the ark of the Lord, and set it in its place, inside the tent that David had pitched for it; and David offered burnt offerings and offerings of well-being before the Lord. When David had finished offering the burnt offerings and the offerings of well-being, he blessed the people in the name of the Lord of hosts, and distributed food among all the people, the whole multitude of Israel, both men and women, to each a cake of bread, a portion of meat, and a cake of raisins. Then all the people went back to their homes.

Hear what the Spirit is saying to God's people. Thanks be to God.

PSALM 24

1 The earth is the Lord's and all that is in it, * the world and all who dwell therein.

2 For it is he who founded it upon the seas * and made it firm upon the rivers of the deep.

3 "Who can ascend the hill of the Lord? " * and who can stand in his holy place?"

4 "Those who have clean hands and a pure heart, *

who have not pledged themselves to falsehood, nor sworn by what is a fraud.

5 They shall receive a blessing from the Lord * and a just reward from the God of their salvation."

6 Such is the generation of those who seek him, * of those who seek your face, O God of Jacob.

7 Lift up your heads, O gates; lift them high, O everlasting doors; *

and the King of glory shall come in.

8 "Who is this King of glory?" * "The Lord, strong and mighty, the Lord, mighty in battle."

9 Lift up your heads, O gates; lift them high, O everlasting doors; *

and the King of glory shall come in.

10 "Who is he, this King of glory?" * "The Lord of hosts, he is the King of glory."

THE SECOND READING

Ephesians 1:3-14

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, just as he chose us in Christ before the foundation of the world to be holy and blameless before him in love. He destined us for adoption as his children through Jesus Christ, according to the good pleasure of his will, to the praise of his glorious grace that he freely bestowed on us in the Beloved. In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his good pleasure that he lavished on us. With all wisdom and insight he has made known to us the mystery of his will, according to his good pleasure that he set forth in Christ, as a plan for the fullness of time, to gather up all things in him, things in heaven and things on earth. In Christ we have also obtained an inheritance, having been destined according to the purpose of him who accomplishes all things according to his counsel and will, so that we, who were the first to set our hope on Christ, might live for the praise of his glory. In him you also, when you had heard the word of truth, the gospel of your salvation, and had believed in him, were marked with the seal of the promised Holy Spirit; this is the pledge of our inheritance toward redemption as God's own people, to the praise of his glory.

Hear what the Spirit is saying to God's people. Thanks be to God.



THE GOSPEL

People:

Celebrant: The Holy Gospel of our Savior, Jesus Christ, according to Mark. Glory to you, O Christ.

Mark 6:14-29

King Herod heard of Jesus and his disciples, for Jesus' name had become known. Some were saying, "John the baptizer has been raised from the dead; and for this reason these powers are at work in him." But others said, "It is Elijah." And others said, "It is a prophet, like one of the prophets of old." But when Herod heard of it, he said, "John, whom I beheaded, has been raised." For Herod himself had sent men who arrested John, bound him, and put him in prison on account of Herodias, his brother Philip's wife, because Herod had married her. For John had been telling Herod, "It is not lawful for you to have your brother's wife." And Herodias had a grudge against him, and wanted to kill him. But she could not, for Herod feared John, knowing that he was a righteous and holy man, and he protected him. When he heard him, he was greatly perplexed; and yet he liked to listen to him. But an opportunity came when Herod on his birthday gave a banquet for his courtiers and officers and for the leaders of Galilee. When his daughter Herodias came in and danced, she pleased Herod and his guests; and the king said to the girl, "Ask me for whatever you wish, and I will give it." And he solemnly swore to her, "Whatever you ask me, I will give you, even half of my kingdom." She went out and said to her mother, "What should I ask for?" She replied, "The head of John the baptizer." Immediately she rushed back to the king and requested, "I want you to give me at once the head of John the Baptist on a platter." The king was deeply grieved; yet out of regard for his oaths and for the guests, he did not want to refuse her. Immediately the king sent a soldier of the guard with orders to bring John's head. He went and beheaded him in the prison, brought his head on a platter, and gave it to the girl. Then the girl gave it to her mother. When his disciples heard about it, they came and took his body, and laid it in a tomb.

The Gospel of the Lord. *Praise to you, O Christ.*

The people are seated at the invitation of the preacher.

THE SERMON: The Rev. Beth Long

THE NICENE CREED

(said by all)

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE, Form III

Father, we pray for your holy catholic Church;

That we all may be one.

Grant that every member of the Church may truly and humbly serve you;

That your Name may be glorified by all people.

We pray for all bishops, especially Michael, Rob, Paul, and Don, (...) and all priests and deacons, especially Nikki & Christina;

That they may be faithful ministers of your Word and Sacraments.

We pray for all who govern and hold authority in the nations of the world;

That there may be justice and peace on the earth.

Give us grace to do your will in all that we undertake;

That our works may find favor in your sight.

Have compassion on those who suffer from any grief or trouble;

That they may be delivered from their distress.

Give to the departed eternal rest;

Let light perpetual shine upon them.

We praise you for your saints who have entered into joy;

May we also come to share in your heavenly kingdom. Let us pray for our own needs and those of others. ...

CONFESSION AND ABSOLUTION

Celebrant: Let us confess our sins against God and our neighbor.

Celebrant and People: Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Celebrant: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

THE PEACE

Celebrant:The peace of Christ be always with you.People:And also with you.

BCP 360

BCP 387

BCP 358

THE HOLY COMMUNION

O taste and see

O taste and see how gracious the Lord is: blest is the man that trusteth in him.

Deborah Stephens, soprano | Daniel Moody, countertenor

THE GREAT THANKSGIVING, EUCHARISTIC PRAYER A The Lord be with you. And also with you. Lift up your hearts. We lift them to the Lord. Let us give thanks to the Lord our God. It is right to give our thanks and praise.

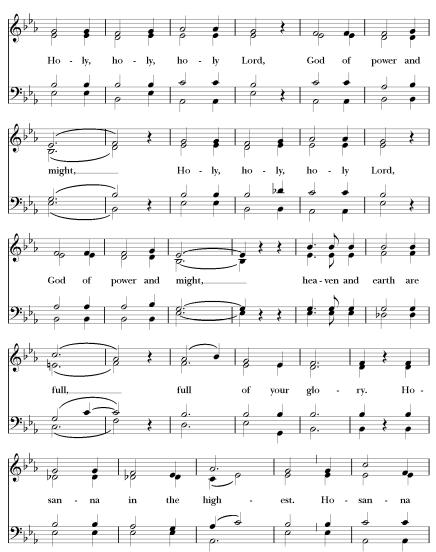
It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. (Proper Preface)

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

* Sanctus S-130

Holy, holy, holy Lord

Franz Schubert

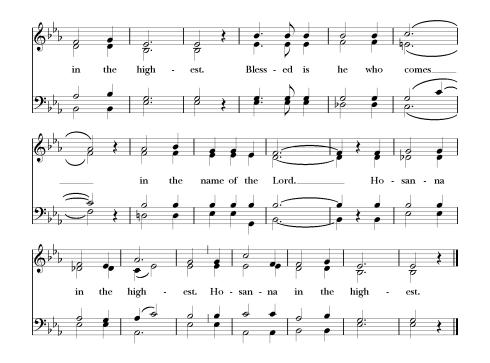


continued ...

Offertory Anthem

Ralph Vaughan Williams

BCP 361



Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People: Christ has died. Christ is risen. Christ will come again.

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen**.

And now, as our Savior Christ has taught us, we are bold to say

THE LORD'S PRAYER

BCP 364

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.



THE COMMUNION OF THE PEOPLE

SPIRITUAL COMMUNION PRAYER

Faithful God, in the wonder of your wisdom and love, you fed your people in the wilderness with the bread of angels, and you sent Jesus to be the bread of life. Though I cannot physically consume these gifts of bread and wine, I thank you that I have received the sacrament of Christ's presence, the forgiveness of sins, and all other benefits of Christ's passion. By the power of the Holy Spirit, may I embody your desire, and be renewed for your service, through Jesus Christ our Savior. Amen.

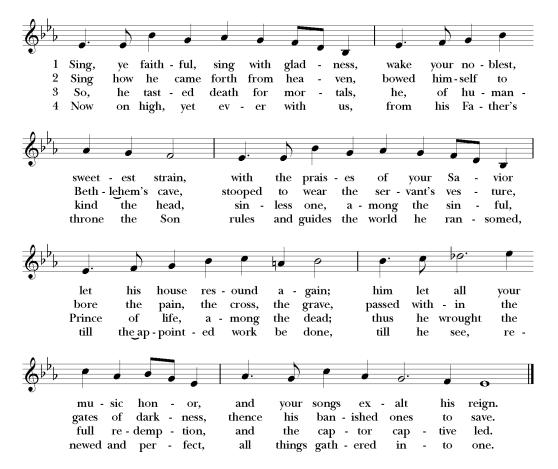
POSTCOMMUNION PRAYER

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

THE BLESSING

Enriching Our Worship 2

BCP 366



THE DISMISSALDeacon:Let us go forth in the name of Christ.People:Thanks be to God.

Fellowship Music

We Gather Together (Evening Tide)

arr. Philip Keveren

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BACKPACKS & BINDERS FOR HOMELESS STUDENTS

The Clarke County School year begins August 4. Several hundred homeless children and youth in Athens-Clarke County begin the school year without adequate school supplies. The economic impact of COVID-19 makes the need even greater this year!

St. Gregory parishioners have always been generous with donating backpacks and binders (the two most needed items) and other school supplies for elementary, middle, and high school students. This year you can contribute in three ways:

- Make an online donation through REALM. Select the *Outreach* option when making your contribution. *Include Backpacks* and Binders in the memo line.
- Write a check to St. Gregory the Great and mail to the parish. Include Backpacks and Binders in the memo line of your check.
- Bring backpacks and binders to the parish office any time Mon-Fri (10am-5pm) or on Sunday when you are here for church.

Monetary contributions should be received by **5PM Tuesday**, **July 20**, allowing Clarke County Homeless Education staff time to purchase supplies for students prior to the school year start. Backpacks and binders should be delivered to the parish by **5PM Sunday**, **July 25**.

Contact Juneball@bellsouth.net if you have questions.

Thank you for your support, St. Gregory Outreach Committee

CONFIRMATION CLASSES - A CHANGE IN DATE

All those wishing to be confirmed please meet with Mother Nikki on **Sunday, July 25th** (*please note this change in date*) after the 10:30AM service. We will have 6 to 8 classes (depends on how fast we go), throughout July and August, with confirmation happening at our 50th Anniversary Celebration Service on September 12.

Email Kendall, our Parish Administrator, to sign up.

Prayers of the People

In our Parish we pray for James Morris, Tom Hiers, Steve Bailey, Jonathan Clark, Paul Tolar, The Spencer Family, Joel Hunt, Jonathan Clark, Mia Camoston, Tammy Bowman, Carol Jones, Rainsly Vogt, Mark Goodwin, Jane Bowen, Mack Thurmond, Marge Massey, Dot Cooper, Sheryl King, Allena Armour, Doug Welch, Pat Irby, Pat Titus, Stephanie Gamble, Rose Ann Pace, Aaron Muckin, Glen Jedlicka, Stephen Morris, George Watson, Conoly Hester, Deborah Freeman, Mary Parkman, Gayle Duncan, Jimmy Simons, Gene Watson, Bill Walker, Sandy Elhenicky, Shelby Welch, Sarah Gordon, Roger Swagler, Stanley Armour, Martha Beach, Jack Beach, Tammy Bishop, Cecil Miller, Bill Beagle, Sally Stuckey, Kim Rider, Diane Holcomb, Stephen Corn, Ken Packer, Bill, Joshua, Kimberleah, Pete, Sophia, Samantha, Jennifer, and Buddy.

In thanksgiving for those celebrating their birthdays this week: Ron Bates, Alice Mohor, Kathie Chong, Cadence Thompson, Isaac Durrett, Robert Wyatt, Ken Packer, & Ann Somerville; and for those celebrating anniversaries: Daniel Nakano & RuthElizabeth Conine-Nakano, and William & Tammy Hale.

The people listed here are prayed for by name at each Sunday service. To request prayer for yourself or someone else, please call the office (706-546-7553). If at the beginning of the next month the person needs to remain on the list, please call and give the office an update.

Clergy and Staff

The Rev. Nikki Mathis Rector rector@stgregoryathens.org | 706-546-7553 x2

The Rev. Christina Dondero Deacon *christinadondero@gmail.com* | 404-918-7248

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Jonathan Klein Music Director/Organist *jonathanfk@gmail.com* | 706-296-8102

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Jude Red-Bear Nursery Director *juderedbear@yahoo.com* | 706-614-0008

Mark Hein Buildings/Grounds markehein@gmail.com | 706-549-3239

Allena Armour Sexton allenaarmour57@yahoo.com | 706-614-3704

Nursery Attendants: Missy Hamlin, Megan Reuter, Allison Weaver

Vestry Members: Jane Hudson, Sr. Warden; Kelly Black, Jr. Warden; Julie Worley; LeeAnne Krause; John Bray; Anna Hiers; Blaine Everson; Eddie Bennett; Caley Ross; Chrissy Moffett, Clerk; Les House, Treasurer

Vestry Person of the Day/Week: Kelly Black kjblack@gmail.com