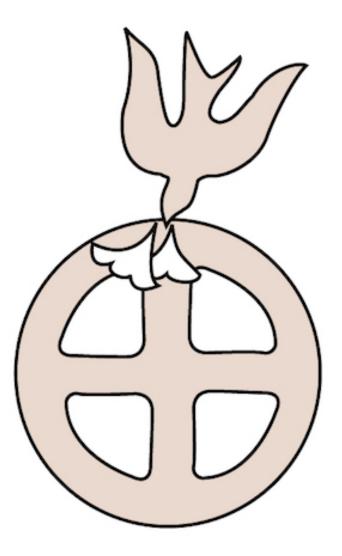
St. Gregory the Great Episcopal Church



AUGUST 21, 2022 Live Streamed on <u>YouTube</u>

10:30AM

SPIRITUAL COMMUNION *

What happens when you are spiritually prepared and desire to receive communion, but can't? Such a case is referenced by a paragraph in the 1979 Prayer Book:

If a person desires to receive the Sacrament, but, by reason of extreme sickness or physical disability, is unable to eat and drink the Bread and Wine, the Celebrant is to assure that person that all the benefits of Communion are received, even though the Sacrament is not received with the mouth.

A nation-wide shut down due to a pandemic fits, I'm sure we'll agree, with the words "by any other impediment" listed in the first Prayer Book. Our Lord will not cut us off from his grace. If we truly desire him, he will come to us, even if we cannot receive the Sacraments he has instituted so that we may receive his grace. This is not a new idea. St Thomas Aquinas, writing nearly 800 years ago, said:

before receiving a sacrament, the reality of the sacrament can be had through the very desire of receiving the sacrament. Accordingly, before actual reception of this sacrament, a man can obtain salvation through the desire of receiving it, just as he can before Baptism through the desire of Baptism, as stated above (Summa, III.73.iii)

Desiring to receive the spiritual grace of the Most Holy Eucharist (and being prevented from receiving it sacramentally) is known as Spiritual Communion. It is so very important to note that this gift is given to us when we cannot, for very good reason, be present at mass.

When you are watching a live-stream or recording of our liturgies, any of the following prayers may be said at the moment of communion when you would normally leave your pew and make your journey to the altar:

In Union, dear Lord, with the faithful at every altar of Your Church where Your blessed Body and Blood are being offered to the Father, I desire to offer You praise and thanksgiving. I believe that You are present in the Holy Sacrament. And since I cannot now receive You sacramentally, I ask You to come spiritually into my heart. I unite myself to You, and embrace You with all the affections of my soul. Let me never be separated from You. Let me live and die in Your love. Amen.

OR

Faithful God, in the wonder of your wisdom and love, you fed your people in the wilderness with the bread of angels, and you sent Jesus to be the bread of life. Though I cannot physically consume these gifts of bread and wine, I thank you that I have received the sacrament of Christ's presence, the forgiveness of sins, and all other benefits of Christ's passion. By the power of the Holy Spirit, may I embody your desire, and be renewed for your service, through Jesus Christ our Savior. Amen. (from Enriching Our Worship 2)

OR

"My Jesus, I believe that you are present in the Blessed Sacrament. I love you above all things and I desire you with all my heart. Since I cannot now receive you sacramentally, I ask you to come spiritually into my heart. I embrace you as if you were already in my heart and unite myself to you completely. Please do not let me ever by separated from you." (by St. Alphonsus Liguori)

*Except where otherwise indicated, the whole of this article (with only very little amendment) is taken from the website of St. Timothy's Episcopal Church, Winston-Salem, North Carolina, where it was posted on April 5, 2020. No author was specified.

THE HOLY VIRTUAL EUCHARIST

The 11th Sunday after Pentecost: Proper 16

THE WORD OF GOD

WELCOME & ANNOUNCEMENTS

Prelude

We invite you to please silence your cell phones and to enter worship in stillness, silence, and reverence during the Prelude, which begins our service.

REGENT SQUARE

Processional Hymn 368



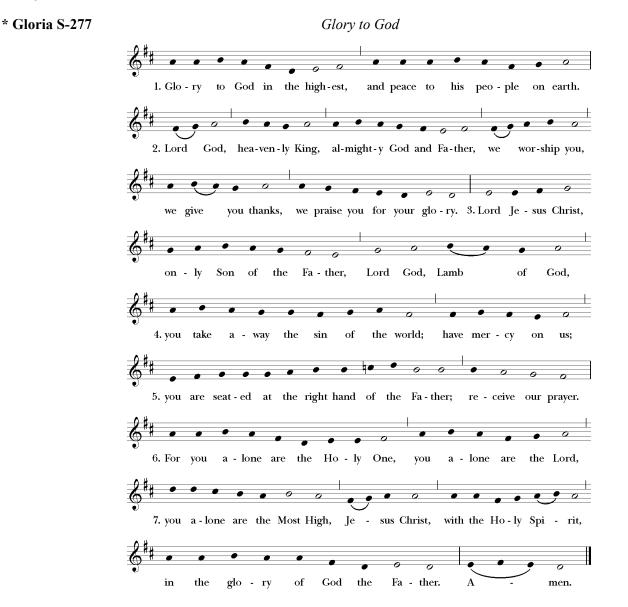
OPENING ACCLAMATION

Celebrant: Blessed be God: Father, Son, and Holy Spirit.

People: And blessed be his kingdom, now and for ever. Amen.

COLLECT FOR PURITY

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.



THE COLLECT OF THE DAY

Grant, O merciful God, that your Church, being gathered together in unity by your Holy Spirit, may show forth your power among all peoples, to the glory of your Name; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

BCP 355

David Hurd

THE FIRST READING

The word of the Lord came to me saying, "Before I formed you in the womb I knew you, and before you were born I consecrated you; I appointed you a prophet to the nations." Then I said, "Ah, Lord God! Truly I do not know how to speak, for I am only a boy." But the Lord said to me, "Do not say, 'I am only a boy'; for you shall go to all to whom I send you, and you shall speak whatever I command you, Do not be afraid of them, for I am with you to deliver you, says the Lord." Then the Lord put out his hand and touched my mouth; and the Lord said to me, "Now I have put my words in your mouth. See, today I appoint you over nations and over kingdoms, to pluck up and to pull down, to destroy and to overthrow, to build and to plant."

Hear what the Spirit is saying to God's people. Thanks be to God.

Psalm 71:1-6 (spoken in unison at 8AM)



© 1979, Robert Knox Kennedy

- In you, O Lord, have I taken / refuge; *
 let me never be a-/shamed.
 In your righteousness, deliver me and set me / free; *
- incline your ear to me and / save me.
- 3 Be my strong rock, a castle to keep me / safe; * you are my crag and my / stronghold.
- 4 Deliver me, my God, from the hand of the / wicked, * from the clutches of the evildoer and the op-/pressor.
- 5 For you are my hope, O Lord / God, *
- my confidence since I was / young.
- 6 I have been sustained by you ever since I was born; from my mother's womb you have been my / strength; * my praise shall be always of / you.

THE SECOND READING

Hebrews 12:18-29

You have not come to something that can be touched, a blazing fire, and darkness, and gloom, and a tempest, and the sound of a trumpet, and a voice whose words made the hearers beg that not another word be spoken to them. (For they could not endure the order that was given, "If even an animal touches the mountain, it shall be stoned to death." Indeed, so terrifying was the sight that Moses said, "I tremble with fear.") But you have come to Mount Zion and to the city of the living God, the heavenly Jerusalem, and to innumerable angels in festal gathering, and to the assembly of the firstborn who are enrolled in heaven, and to God the judge of all, and to the spirits of the righteous made perfect, and to Jesus, the mediator of a new covenant, and to the spirikled blood that speaks a better word than the blood of Abel.

See that you do not refuse the one who is speaking; for if they did not escape when they refused the one who warned them on earth, how much less will we escape if we reject the one who warns from heaven! At that time his voice shook the earth; but now he has promised, "Yet once more I will shake not only the earth but also the heaven." This phrase, "Yet once more," indicates the removal of what is shaken-- that is, created things-- so that what cannot be shaken may remain. Therefore, since we are receiving a kingdom that cannot be shaken, let us give thanks, by which we offer to God an acceptable worship with reverence and awe; for indeed our God is a consuming fire.

Hear what the Spirit is saying to God's people. Thanks be to God.



THE GOSPEL

Celebrant: People:

The Holy Gospel of our Savior, Jesus Christ, according to Luke. Glory to you, O Christ.

Now Jesus was teaching in one of the synagogues on the sabbath. And just then there appeared a woman with a spirit that had crippled her for eighteen years. She was bent over and was quite unable to stand up straight. When Jesus saw her, he called her over and said, "Woman, you are set free from your ailment." When he laid his hands on her, immediately she stood up straight and began praising God. But the leader of the synagogue, indignant because Jesus had cured on the sabbath, kept saying to the crowd, "There are six days on which work ought to be done; come on those days and be cured, and not on the sabbath day." But the Lord answered him and said, "You hypocrites! Does not each of you on the sabbath untie his ox or his donkey from the manger, and lead it away to give it water? And ought not this woman, a daughter of Abraham whom Satan bound for eighteen long years, be set free from this bondage on the sabbath day?" When he said this, all his opponents were put to shame; and the entire crowd was rejoicing at all the wonderful things that he was doing.

The Gospel of the Lord. **Praise to you, O Christ.**

The people are seated at the invitation of the preacher.

THE SERMON: The Rev. Nikki Mathis

Luke 13:10-17

THE NICENE CREED (said by all)

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE, Form VI

In peace, we pray to you, Lord God.

For all people in their daily life and work;

For our families, friends, and neighbors, and for those who are alone.

For this community, the nation, and the world; We pray for our President, Joseph, our Governor, Brian, and our Mayor, Kelly.

For all who work for justice, freedom, and peace.

For the just and proper use of your creation;

For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;

For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God;

For all who proclaim the Gospel, and all who seek the Truth.

For Michael, our Presiding Bishop, Rob, Paul, and Don, our Bishops; (...) and for all bishops and other ministers, priests, deacons, and clergy associates, especially Lin, Dutton, Carol, Ellen, Christina, & Nikki;

For all who serve God in his Church.

For the special needs and concerns of this congregation. We pray especially for (...) Hear us, Lord;

For your mercy is great.

We thank you, Lord, for all the blessings of this life. We give thanks for (...)

We will exalt you, O God our King;

And praise your Name for ever and ever.

We pray for all who have died, that they may have a place in your eternal kingdom. Lord, let your loving-kindness be upon them;

Who put their trust in you.

The Celebrant adds a Collect.

CONFESSION AND ABSOLUTION

Celebrant: Let us confess our sins against God and our neighbor.

Celebrant and People: Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Celebrant: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

THE PEACE

Celebrant: The peace of Christ be always with you. People: And also with you. BCP 360

BCP 392

THE HOLY COMMUNION

Offertory Anthem

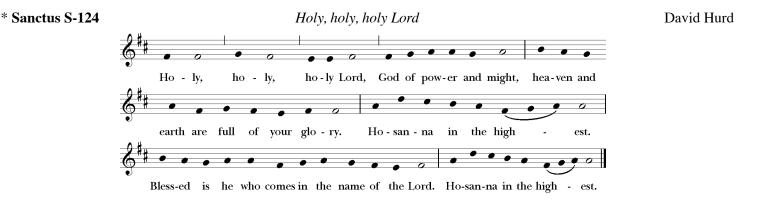
Hearken! Stay Close to Jesus Christ

Hearken! Hearken! Stay close to Jesus Christ; let His spirit lead you; know that He is ever with you, that His loving care never faileth. For this He came from heaven and took upon Him our flesh and blood, for our salvation became man and suffered death. His saving power blesses all the world; no one is outside His mercy; He redeems us from all our sins, He makes us one with God; He redeems us from all our sins, to share with Him eternal life.

THE GREAT THANKSGIVING, EUCHARISTIC PRAYER A The Lord be with you. And also with you. Lift up your hearts. We lift them to the Lord. Let us give thanks to the Lord our God. It is right to give our thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. (Here a Proper Preface may be said)

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:



Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People Christ has died. Christ is risen. Christ will come again. David M. Michael

BCP 361

The Celebrant continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

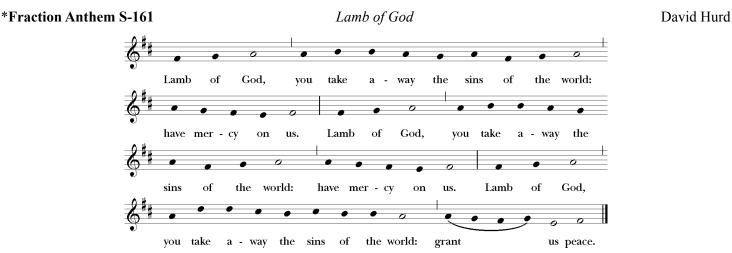
All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. AMEN.

And now, as our Savior Christ has taught us, we are bold to say

THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

BCP 364



THE COMMUNION OF THE PEOPLE

Communion Hymn 315

Thou, who at thy first Eucharist didst pray



SPIRITUAL COMMUNION PRAYER

Enriching Our Worship 2

Faithful God, in the wonder of your wisdom and love, you fed your people in the wilderness with the bread of angels, and you sent Jesus to be the bread of life. Though I cannot physically consume these gifts of bread and wine, I thank you that I have received the sacrament of Christ's presence, the forgiveness of sins, and all other benefits of Christ's passion. By the power of the Holy Spirit, may I embody your desire, and be renewed for your service, through Jesus Christ our Savior. Amen.

POSTCOMMUNION PRAYER

BCP 365

AZMON

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

THE BLESSING

Recessional Hymn 493

O for a thousand tongues to sing

0 for thou - sand tongues to sing my dear Re deem - er's praise, 1 a 2 My Mas - ter and my God, pro - claim gra - cious as - sist me to Name that charms our fears and 3 Ie sus! the bids our sor - rows cease; 4 He speaks; and, lis - tening to his voice, new life the dead re - ceive, 5 Hear him, deaf; ye voice - less ones, your loos-ened tongues em - ploy; ye 0 0 Ð σ \mathbf{of} God and King, ries the glo my the tri-umphs of his grace! 1 -2 and spread through all the earth a - broad the hon - ors thy Name. of 3 'tis sic sin - ner's ears, life and health and peace. mu - \mathbf{in} the 'tis bro-ken hearts re - joice, 4 the mourn - ful the hum - ble poor be - lieve. 5 blind, be - hold, your Sa - vior comes; and leap, ye lame, for ye joy!

> 6 Glory to God and praise and love be now and ever given by saints below and saints above, the Church in earth and heaven.

THE DISMISSAL

Deacon:Go in peace to love and serve the Lord.People:Thanks be to God.

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Prayers of the People

In our Parish we pray for Olivia Carlisle, Jan VanKeuren, Brenda Browning, Barbara Dean, Mack Thurmond, Lance Dennard, Dan Nolen, Jr., Ann Worley, Jamaica Miller, Carol Whitson, Tom Sturgis, Diane Miller, John Granrose, Heather Kleiner, Martha Beach, Tammy Bowman, Rose Ann Pace, Cameron Steele, Nathan Parrish, Ed Spivey, Hannah Bennett, Anna Thornton, Sheryl King, Tom Hiers, Jane Bowen, Pat Irby, Pat Titus, Stephanie Gamble, Stephen Morris, Shelby Welch, Roger Swagler, Cindy Beagle, Bill Beagle, Sally Stuckey, Diane Holcomb, Stephen Corn, Ken Packer, Annie, Missy, Scott, David, Sandy, Christina K., Will, Melissa, Karyna, Ben, Byron, Andi, Jennie, Benedict, Robby, Cecil, Brooke, Jim, Peter, Jason, Lynn, Pete, Sophia, Samantha, Jennifer, and Buddy.

In thanksgiving for those celebrating their birthday this week: Mandi Murph, Margarette Fowler, Kristen Reinberger, Carrie Kretzer, Nancy Carter, Berkeley Boone, Michelle Vecchio-Weinmeister, Pat Titus, Nate Ingle, Kathryn Musholt, Jane Gabriel, and Rowan Poister; and for those celebrating anniversaries: Paul Heald & Jill Crandall.

The people listed here are prayed for by name at each Sunday service. To request prayer for yourself or someone else, please call the office (706-546-7553). If at the beginning of the next month the person needs to remain on the list, please call and give the office an update.

TODAY

PASTORAL CARE SURVEY

Please fill out the survey you are handed this morning. There will be more about it in this morning's announcments.

PASTORAL CARE COMMITTEE MEETING

The Pastoral Care Committee will meet in the library today after the 10:30AM service.

THIS WEEK

BLINDSPOT SMALL GROUP | THURSDAY, AUGUST 25 @ 7PM

Beginning Thursday, August 25, and meeting on the last Thursday of each month thereafter, the Blindspot (those in their 20-30s) Small Group will begin a 9-session program entitled "The Way of Love." There will be no prep work needed, so just grab a friend and show up! Whether you've been attending St. Gregory's for years or you've never even been to a service, all are welcome! Dinner will be provided, so please text Wade, or send a message in the group chat, with any dietary restrictions. We'll sit down to eat at 6:30pm in the education building and begin the session at 7pm. If you have any questions just send them in the group chat or text Wade. 770-624-4837

COMING UP ...

LECTIONARY CLASS | SUNDAY, SEPT. 11

After a long hiatus, Les House will be restarting the **live** Lectionary class on Sunday, September 11th. The class will meet in the Library at 9:15AM on Sundays. We will be studying the assigned readings for each Sunday. Please contact Les House at 478-733-2939 or <u>lwhouse9@gmail.com</u> if you have any questions. Ken Taylor will continue the Zoom classes on Thursday at least through the end of September.

RESPIROPERA | SATURDAY, SEPT. 10

RespirOpera is excited to announce its next production, *The Old Maid and the Thief*, presented in "old time radio style" on Saturday, Sept. 10 @ 7PM at Quinn Hall (the theater at Memorial Park) 293 Gran Ellen Drive. Purchase tickets at <u>respiropera.com</u> ! *The Old Maid and the Thief* was originally composed as a radio opera in one act by the Italian-American composer Gian Carlo Menotti.

NOTES

FEAST VOLUNTEERS WANTED

St. Gregory's is a supporter of FEAST, the food pantry on the eastside of Athens, which operates out of Covenant Presbyterian Church every Thursday, between 10am-4pm. Currently, the operation does not have anyone in charge, since Covenant's Community Outreach Coordinator has gone to seminary. Covenant is asking for people to consider helping with

this ministry as volunteers to help set up food, or take down names/addresses from folks who pick up groceries, and/or fill shopping carts and distribute groceries. You can also contribute by donating funds in order to purchase food. To volunteer, please sign up <u>www.signupgenius.com/go/409084aa5aa22a20-covenant</u> or to give online, visit <u>www.covpresathens.org/online-giving</u> or mail a check to 1065 Gaines School Road, 30605.

GEORGIA FREEDOM LETTERS

Georgia Freedom Letters was formed in the summer of 2020 by a group of organizers, educators, and people who care about building connections across the walls of Georgia's criminal legal system through letter writing. Due to an overwhelming amount of interest in recent months from those currently experiencing incarceration, GFL is eagerly asking us to get out our pens and paper and participate in their recently launched pen pal project. Especially now, people experiencing incarceration need our support. Since COVID, many of the programs and visitations at our prisons have been significantly reduced if not cancelled-letter writing is one way we can help provide human connection and companionship especially until these programs can be reinstantiated.

Streamlined instructions:

Please read and purpose to follow the GFL guidelines, before signing up. <u>www.georgiafreedomletters.wordpress.com/guidelines-logistics/</u>. This link should get you to the form to fill out for being a penpal: <u>www.georgiafreedomletters.wordpress.com/joinus/</u>

Here's the address you can use for your mailing address, instead of giving your home address:

The Episcopal Church of the Epiphany 2089 Ponce de Leon Avenue, NE Atlanta, Georgia 30307

Please email the Rev. Nicole Lambelet, at <u>nlambelet@epiphany.org</u> to let her know that you are using their church address, and to give her your real address so that their church can send you any mail you receive from your pen pal.

ACOLYTES WANTED

We are in need of a few more acolytes to give a bit of relief to those in our current rotation. Never served before? That's fine - we will teach you! Acolyting is a great, low commitment, way to get involved in the life of the parish! Reach out to Wade McGlamery, 770-624-4837, if you would like to volunteer.

BLINDSPOT GROUP CHAT

If you're in your 20s or 30s and would like to stay up to date on events for your age group please reach out to Wade McGlamery, 770-624-4837, to join our group chat.

COFFEE HOUR

Due to a lack of volunteers, there may or may not be coffee hour on any given Sunday. If you are able to host or bring a baked item for a future coffee hour, contact Melissa or Catrina to sign up. A sign up sheet will also be posted at the event. Melissa Hamlin- melmariehamlin@gmail.com - 8AM service Catrina King - Catrina.anirtac@gmail.com - 10:30AM service

Those Who Serve

Vestry: Caley Ross Readers: Lynn Hanna (8AM) Annette Bates (10:30AM) EMs: Barbara Kuhn & Beth Thornton Crucifers: Maggie Reinberger Torches: Audry Davis & Claudia Cook Flowers: Kris Braman Altar Guild: Marilyn Walsh & Jenifer Marquardt Counters: Marilyn Walsh & Katie Hein Livestream: Ron Balthazor

Clergy and Staff

The Rev. Nikki Mathis Rector *rector@stgregoryathens.org* | 706-546-7553 x2

The Rev. Christina Dondero Deacon *christinadondero@gmail.com* | 404-918-7248

Kendall M. Kookogey Parish Administrator/Bookkeeper office@stgregoryathens.org | 706-546-7553 x1

Terri Tillman WebMaster *ttillman@gmail.com*

Jonathan Klein Music Director/Organist jonathanfk@gmail.com | 706-296-8102

Joseph Napoli Choir Director awn1984@att.net | 706-546-6638

Doug Adkins Director of Children's Ministries *jdadkins@hotmail.com* | 706-474-4784

Wade McGlamery Youth Minister wwmcglamery@gmail.com | 770-624-4837

Jude Red-Bear Nursery Director juderedbear@icloud.com | 706-614-0008

Mark Hein Buildings/Grounds markehein@gmail.com | 706-549-3239

Peachy Green Clean Co-op Sexton

Nursery Attendants: Missy Hamlin, Jude Red Bear

Anthony Barkdoll Livestream Coordinator anthonybarkdoll@gmail.com

Vestry Members: Eddie Bennett; John Bray; Stacie Court; Gail Eilers; Blaine Everson; Anna Hiers; Jane Hudson; LeeAnne Krause; Lane Norton; Maggie Reinberger; Mark Richardson; Caley Ross; Chrissy Moffett, Clerk; Les House, Treasurer

Vestry Person of the Day/Week: Caley Ross greenthumbsross@gmail.com