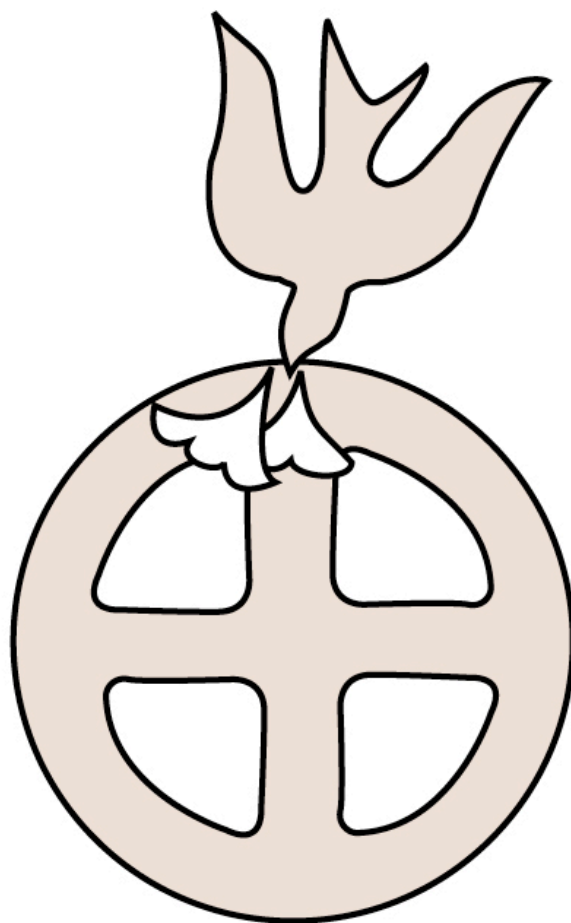


# ST. GREGORY THE GREAT EPISCOPAL CHURCH



AUGUST 23, 2020  
PREMIERED ON YOUTUBE

10:30AM  
W/ ONLINE COFFEE HOUR BEGINNING AT 10:15AM

# THE HOLY VIRTUAL EUCHARIST

The Twelfth Sunday after Pentecost: Proper 16

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## THE WORD OF GOD

### SPIRITUAL COMMUNION \*

What happens when you are spiritually prepared and desire to receive communion, but can't?  
Such a case is referenced by a paragraph in the 1979 Prayer Book:

*If a person desires to receive the Sacrament, but, by reason of extreme sickness or physical disability, is unable to eat and drink the Bread and Wine, the Celebrant is to assure that person that all the benefits of Communion are received, even though the Sacrament is not received with the mouth.*

A nation-wide shut down due to a pandemic fits, I'm sure we'll agree, with the words "by any other impediment" listed in the first Prayer Book. Our Lord will not cut us off from his grace. If we truly desire him, he will come to us, even if we cannot receive the Sacraments he has instituted so that we may receive his grace. This is not a new idea. St Thomas Aquinas, writing nearly 800 years ago, said:

*before receiving a sacrament, the reality of the sacrament can be had through the very desire of receiving the sacrament. Accordingly, before actual reception of this sacrament, a man can obtain salvation through the desire of receiving it, just as he can before Baptism through the desire of Baptism, as stated above (Summa, III.73.iii)*

Desiring to receive the spiritual grace of the Most Holy Eucharist (and being prevented from receiving it sacramentally) is known as Spiritual Communion. It is so very important to note that this gift is given to us when we cannot, for very good reason, be present at mass.

When you are watching a live-stream or recording of our liturgies, any of the following prayers may be said at the moment of communion when you would normally leave your pew and make your journey to the altar:

**In Union, dear Lord, with the faithful at every altar of Your Church where Your blessed Body and Blood are being offered to the Father, I desire to offer You praise and thanksgiving. I believe that You are present in the Holy Sacrament. And since I cannot now receive You sacramentally, I ask You to come spiritually into my heart. I unite myself to You, and embrace You with all the affections of my soul. Let me never be separated from You. Let me live and die in Your love. Amen.**

*OR*

**Faithful God, in the wonder of your wisdom and love, you fed your people in the wilderness with the bread of angels, and you sent Jesus to be the bread of life. Though I cannot physically consume these gifts of bread and wine, I thank you that I have received the sacrament of Christ's presence, the forgiveness of sins, and all other benefits of Christ's passion. By the power of the Holy Spirit, may I embody your desire, and be renewed for your service, through Jesus Christ our Savior. Amen. (from *Enriching Our Worship 2*)**

*OR*

**"My Jesus, I believe that you are present in the Blessed Sacrament.  
I love you above all things and I desire you with all my heart.  
Since I cannot now receive you sacramentally,  
I ask you to come spiritually into my heart.  
I embrace you as if you were already in my heart  
and unite myself to you completely.  
Please do not let me ever be separated from you." (by St. Alphonsus Liguori)**

*\*Except where otherwise indicated, the whole of this article (with only very little amendment) is taken from the website of St. Timothy's Episcopal Church, Winston-Salem, North Carolina, where it was posted on April 5, 2020. No author was specified.*

ANNOUNCEMENTS

Opening Hymn 525

*The Church's one foundation*

AURELIA

1 The Church's one founda - tion is Je - sus Christ her Lord;  
 2 E - lect from ev - ery na - tion, yet one o'er all the earth,  
 3 Though with a scorn - ful won - der men see her sore op - pressed,  
 4 Mid toil and tri - bu - la - tion, and tu - mult of her war  
 5 Yet she on earth hath un - ion with God, the Three in One,

1 she is his new cre - a - tion by wa - ter and the word:  
 2 her char - ter of sal - va - tion, one Lord, one faith, one birth;  
 3 by schi - sms rent a - sun - der, by her - e - sies dis - tressed;  
 4 she waits the con - sum - ma - tion of peace for ev - er - more;  
 5 and mys - tic sweet com - mun - ion with those whose rest is won.

1 from heaven he came and sought her to be his ho - ly bride;  
 2 one ho - ly Name she bless - es, par - takes one ho - ly food,  
 3 yet saints their watch are keep - ing, their cry goes up, "How long?"  
 4 till with the vi - sion glo - rious her long - ing eyes are blessed,  
 5 O hap - py ones and ho - ly! Lord, give us grace that we

1 with his own blood he bought her, and for her life he died.  
 2 and to one hope she press - es, with ev - ery grace en - dued.  
 3 and soon the night of weep - ing shall be the morn of song.  
 4 and the great Church vic - to - rious shall be the Church at rest.  
 5 like them, the meek and low - ly, on high may dwell with thee.

OPENING ACCLAMATION

Celebrant: *Blessed be God: Father, Son, and Holy Spirit.*

People: **And blessed be his kingdom, now and for ever. Amen.**

BCP 355

COLLECT FOR PURITY

BCP 355

1. Glo - ry to God in the high - est, and  
 peace to his peo - ple on earth. 2. Lord God, heaven - ly  
 King, al - mighty - y God and Fa - ther, we wor - ship you, we  
 give you thanks, we praise you for your glo - ry. 3. Lord Je - sus  
 Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you  
 take a - way the sin of the world: have mer - cy  
 on us; 5. you are seat - ed at the right hand of the Fa - ther: re -  
 ceive our prayer. 6. For you a - lone are the Ho - ly One,  
 you a - lone are the Lord, 7. you a - lone are the Most  
 High, Je - sus Christ, with the Ho - ly Spi - rit, in the  
 glo - ry of God the Fa - ther. A - men.

#### THE COLLECT OF THE DAY

Grant, O merciful God, that your Church, being gathered together in unity by your Holy Spirit, may show forth your power among all peoples, to the glory of your Name; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

## THE FIRST READING

*read by Jenifer Borg*

Exodus 1:8-2:10

Now a new king arose over Egypt, who did not know Joseph. He said to his people, "Look, the Israelite people are more numerous and more powerful than we. Come, let us deal shrewdly with them, or they will increase and, in the event of war, join our enemies and fight against us and escape from the land." Therefore they set taskmasters over them to oppress them with forced labor. They built supply cities, Pithom and Rameses, for Pharaoh. But the more they were oppressed, the more they multiplied and spread, so that the Egyptians came to dread the Israelites. The Egyptians became ruthless in imposing tasks on the Israelites, and made their lives bitter with hard service in mortar and brick and in every kind of field labor. They were ruthless in all the tasks that they imposed on them. The king of Egypt said to the Hebrew midwives, one of whom was named Shiphrah and the other Puah, "When you act as midwives to the Hebrew women, and see them on the birthstool, if it is a boy, kill him; but if it is a girl, she shall live." But the midwives feared God; they did not do as the king of Egypt commanded them, but they let the boys live. So the king of Egypt summoned the midwives and said to them, "Why have you done this, and allowed the boys to live?" The midwives said to Pharaoh, "Because the Hebrew women are not like the Egyptian women; for they are vigorous and give birth before the midwife comes to them." So God dealt well with the midwives; and the people multiplied and became very strong. And because the midwives feared God, he gave them families. Then Pharaoh commanded all his people, "Every boy that is born to the Hebrews you shall throw into the Nile, but you shall let every girl live." Now a man from the house of Levi went and married a Levite woman. The woman conceived and bore a son; and when she saw that he was a fine baby, she hid him three months. When she could hide him no longer she got a papyrus basket for him, and plastered it with bitumen and pitch; she put the child in it and placed it among the reeds on the bank of the river. His sister stood at a distance, to see what would happen to him. The daughter of Pharaoh came down to bathe at the river, while her attendants walked beside the river. She saw the basket among the reeds and sent her maid to bring it. When she opened it, she saw the child. He was crying, and she took pity on him, "This must be one of the Hebrews' children," she said. Then his sister said to Pharaoh's daughter, "Shall I go and get you a nurse from the Hebrew women to nurse the child for you?" Pharaoh's daughter said to her, "Yes." So the girl went and called the child's mother. Pharaoh's daughter said to her, "Take this child and nurse it for me, and I will give you your wages." So the woman took the child and nursed it. When the child grew up, she brought him to Pharaoh's daughter, and she took him as her son. She named him Moses, "because," she said, "I drew him out of the water."

*Hear what the Spirit is saying to God's people.  
Thanks be to God.*

## Psalm 124

*Spoken by all*

- 1 If the Lord had not been on our side, \* let Israel now say;
- 2 If the Lord had not been on our side, \* when enemies rose up against us;
- 3 Then would they have swallowed us up alive \* in their fierce anger toward us;
- 4 Then would the waters have overwhelmed us \* and the torrent gone over us;
- 5 Then would the raging waters \* have gone right over us.
- 6 Blessed be the Lord! \* he has not given us over to be a prey for their teeth.
- 7 We have escaped like a bird from the snare of the fowler; \* the snare is broken, and we have escaped.
- 8 Our help is in the Name of the Lord, \* the maker of heaven and earth.

## THE SECOND READING

Romans 12:1-8

I appeal to you therefore, brothers and sisters, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. Do not be conformed to this world, but be transformed by the renewing of your minds, so that you may discern what is the will of God-- what is good and acceptable and perfect. For by the grace given to me I say to everyone among you not to think of yourself more highly than you ought to think, but to think with sober judgment, each according to the measure of faith that God has assigned. For as in one body we have many members, and not all the members have the same function, so we, who are many, are one body in Christ, and individually we are members one of another. We have gifts that differ according to the grace given to us: prophecy, in proportion to faith; ministry, in ministering; the teacher, in teaching; the exhorter, in exhortation; the giver, in generosity; the leader, in diligence; the compassionate, in cheerfulness.

*Hear what the Spirit is saying to God's people.  
Thanks be to God.*

Sequence Hymn 522

*Glorious things of thee are spoken*

AUSTRIA

*Descant*



4 Blest in - hab - it - ants of Zi - on, washed in the Re - deem - er's blood! Whom their souls re - ly on, makes them kings and priests to God.

1 Glo - rious things of thee are spo - ken, Zi - on, ci - ty  
 2 See! the streams of liv - ing wa - ters, spring - ing from e -  
 3 Round each ha - bi - ta - tion hov - ering, see the cloud and  
 4 Blest in - hab - it - ants of Zi - on, washed in the Re - deem - er's blood! Je - sus, whom their souls re - ly on, makes them kings and priests to God.

sol - emn prais - es each an of - fering brings.  
 round - ed, thou may'st smile at all thy foes.  
 giv - er nev - er fails from age to age.  
 man - na which he gives them when they pray.  
 prais - es each for a thank - of - fering brings.

THE GOSPEL

Matthew 16:13-20

Celebrant: *The Holy Gospel of our Savior, Jesus Christ, according to Matthew.*  
 People: **Glory to you, O Christ.**

When Jesus came into the district of Caesarea Philippi, he asked his disciples, “Who do people say that the Son of Man is?” And they said, “Some say John the Baptist, but others Elijah, and still others Jeremiah or one of the prophets.” He said to them, “But who do you say that I am?” Simon Peter answered, “You are the Messiah, the Son of the living God.” And Jesus answered him, “Blessed are you, Simon son of Jonah! For flesh and blood has not revealed this to you, but my Father in heaven. And I tell you, you are Peter, and on this rock I will build my church, and the gates of Hades will not prevail against it. I will give you the keys of the kingdom of heaven, and whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven.” Then he sternly ordered the disciples not to tell anyone that he was the Messiah.

*The Gospel of the Lord.  
 Praise to you, O Christ.*

*The people are seated at the invitation of the preacher.*

THE SERMON: The Rev. Nikki Mathis

THE NICENE CREED

BCP 358

*(said by all)*

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance

with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE, Form III

BCP 387

Father, we pray for your holy catholic Church;

*That we all may be one.*

Grant that every member of the Church may truly and humbly serve you;

*That your Name may be glorified by all people.*

We pray for all bishops, especially Michael, Rob, Paul, and Don, and all priests and deacons, especially Nikki & Christina (...)

*That they may be faithful ministers of your Word and Sacraments.*

We pray for all who govern and hold authority in the nations of the world;

*That there may be justice and peace on the earth.*

Give us grace to do your will in all that we undertake;

*That our works may find favor in your sight.*

Have compassion on those who suffer from any grief or trouble;

*That they may be delivered from their distress.*

Give to the departed eternal rest;

*Let light perpetual shine upon them.*

We praise you for your saints who have entered into joy;

*May we also come to share in your heavenly kingdom.*

Let us pray for our own needs and those of others. ...

A PRAYER FOR A PANDEMIC

CONFESSION AND ABSOLUTION (*people may stand*)

BCP 360

*Celebrant:* Let us confess our sins against God and our neighbor.

*Celebrant and People:* **Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

*Celebrant:* Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

*Celebrant:* The peace of Christ be always with you.

*People:* **And also with you.**

THE HOLY COMMUNION

Offertory Anthem

*Lord, I trust thee*

G. F. Handel

Lord, I trust thee, I adore thee.

Ah! thou friend of man, restore me!

On thy loving grace relying,

For the bread of life I'm sighing.

Quench my thirst and let my hunger cease.

Fill my heart with joy and endless peace.

When the breadth of life has left me,

May my soul be blended with thee.

*The Lord be with you.*

**And also with you.**

*Lift up your hearts.*

**We lift them to the Lord.**

*Let us give thanks to the Lord our God.*

**It is right to give our thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. (*Here a Proper Preface can be said*)

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

*Celebrant and People*

***Holy, Holy, Holy Lord, God of power and might,  
heaven and earth are full of your glory.***

***Hosanna in the highest.***

***Blessed is he who comes in the name of the Lord.***

***Hosanna in the highest.***

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

*Celebrant and People: Christ has died. Christ is risen. Christ will come again.*

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

And now, as our Savior Christ has taught us, we are bold to say

THE LORD'S PRAYER

BCP 364

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

**Fraction Anthem**

*Celebrant:* Christ our Passover is sacrificed for us;

*People:* **Therefore let us keep the feast.**

THE COMMUNION OF THE PEOPLE



## SPIRITUAL COMMUNION PRAYER

Enriching Our Worship 2

Faithful God, in the wonder of your wisdom and love, you fed your people in the wilderness with the bread of angels, and you sent Jesus to be the bread of life. Though I cannot physically consume these gifts of bread and wine, I thank you that I have received the sacrament of Christ's presence, the forgiveness of sins, and all other benefits of Christ's passion. By the power of the Holy Spirit, may I embody your desire, and be renewed for your service, through Jesus Christ our Savior. Amen.

## POSTCOMMUNION PRAYER

BCP 366

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

## THE BLESSING

### Closing Hymn 304

*I come with joy to meet my Lord*

LAND OF REST

*Unison or harmony*

The musical score is written for a unison or harmony setting. It consists of three systems of music, each with a vocal line and a piano accompaniment line. The key signature has one flat (B-flat), and the time signature is common time (C). The lyrics are as follows:

1 I come with joy to meet my Lord, for -  
2 I come with Chris - tians far and near to -  
3 As Christ breaks bread and bids us share, each  
4 And thus with joy we meet our Lord. His  
5 To - geth - er met, to - geth - er bound, we'll

1 giv - en, loved, and free, in awe and won - der  
2 find, as all are fed, the new com - mu - ni -  
3 proud di - vi - sion ends. That love that made us  
4 pres - ence, al - ways near, is in such friend - ship  
5 go our dif - ferent ways, and as his peo - ple

1 to re - call his life laid down for me.  
2 ty of love in Christ's com - mun - ion bread.  
3 makes us one, and stran - gers now are friends.  
4 bet - ter known: we see, and praise him here.  
5 in the world, we'll live and speak his praise.

## THE DISMISSAL

Deacon: Let us go forth into the world rejoicing in the power of the Holy Spirit.

People: **Thanks be to God.**

## Fellowship Music

*Celtic Canticle*

George F. Boyle

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## Prayers of the People

**In our Parish** we pray for Marge Massey, Maggie Napoli, Kathryn Musholt, Katie Bienvenue, Christy Page, Jan & Steve Culbertson, Carlos Figueroa, Sybil Lott, Dot Cooper, Carol Schwenke, Allena Armour, Doug Welch, Pat Irby, Pat Titus, Stephanie Gamble, Carol Jones, Rose Ann Pace, Aaron Muckin, Glen Jedlicka, Stephen Morris, Alice Hunt, George Watson, Conoly Hester, Deborah Freeman, Catherine Hartley, Terri Dotson, Mary Parkman, Gayle Duncan, Jimmy Simons, Gene Watson, Bill Walker, Sandy Elhenicky, Susan Kuzia, Shelby Welch, Sarah Gordon, Roger Swagler, Stanley Armour, Martha Beach, Jack Beach, Tammy Bishop, Cecil Miller, Bill Beagle, Sally Stuckey, Kim Rider, Patrick Dean, Harold Tillman, Diane Holcomb, Stephen Corn, Ken Packer, Susan, Evelyn, Karin, Ben, Anna, Fritz, Faye, Neal, Ann, Paula, John, Gwen, Barbara, Dusty, Daniel, Michael, Michelle, Meredith, Heather, Matt, Pete, Sophia, Jill, Ruth, Samantha, Jennifer, Chip, and Buddy.

**In thanksgiving for those celebrating their birthdays this week:** Margarette Fowler, Kristen Reinberger, Carrie Kretzer, Nancy Carter, Michelle Vecchio-Weinmeister, Pat Titus, Nate Ingle, Kathryn Musholt, Jane Gabriel, Rowan Poister, and Raymond Campbell; **and for those celebrating anniversaries:** Paul Heald & Jill Crandall, and Joe & Maggie Napoli.

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*The people listed here are prayed for by name at each Sunday service. To request prayer for yourself or someone else, please call the office (706-546-7553). If at the beginning of the next month the person needs to remain on the list, please call and give the office an update.*

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## Clergy and Staff

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**Vestry Person of the Day/Week:** Kelly Black *kjblack@gmail.com*



