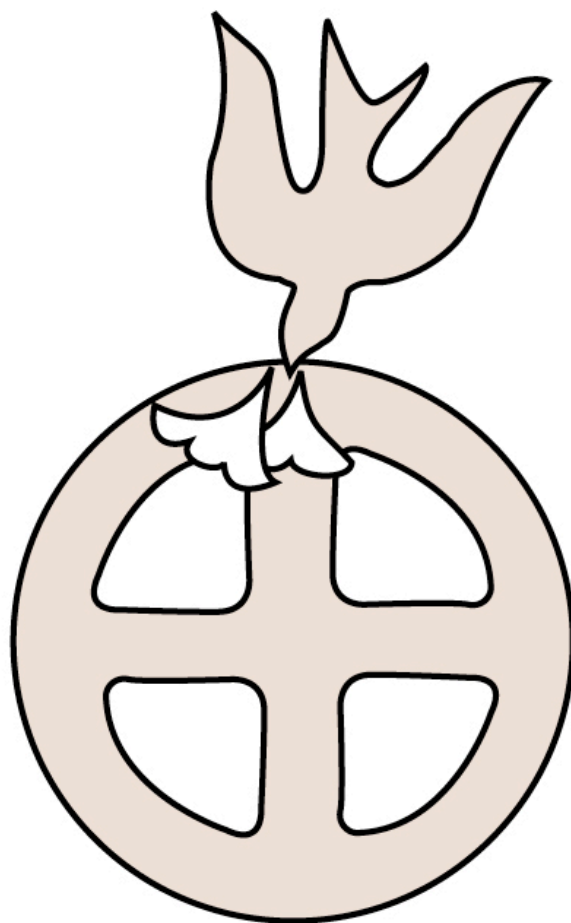


ST. GREGORY THE GREAT EPISCOPAL CHURCH



AUGUST 30, 2020
PREMIERED ON YOUTUBE

10:30AM
W/ ONLINE COFFEE HOUR BEGINNING AT 10:15AM

THE HOLY VIRTUAL EUCHARIST

The Thirteenth Sunday after Pentecost: Proper 17

THE WORD OF GOD

SPIRITUAL COMMUNION *

What happens when you are spiritually prepared and desire to receive communion, but can't?
Such a case is referenced by a paragraph in the 1979 Prayer Book:

If a person desires to receive the Sacrament, but, by reason of extreme sickness or physical disability, is unable to eat and drink the Bread and Wine, the Celebrant is to assure that person that all the benefits of Communion are received, even though the Sacrament is not received with the mouth.

A nation-wide shut down due to a pandemic fits, I'm sure we'll agree, with the words "by any other impediment" listed in the first Prayer Book. Our Lord will not cut us off from his grace. If we truly desire him, he will come to us, even if we cannot receive the Sacraments he has instituted so that we may receive his grace. This is not a new idea. St Thomas Aquinas, writing nearly 800 years ago, said:

before receiving a sacrament, the reality of the sacrament can be had through the very desire of receiving the sacrament. Accordingly, before actual reception of this sacrament, a man can obtain salvation through the desire of receiving it, just as he can before Baptism through the desire of Baptism, as stated above (Summa, III.73.iii)

Desiring to receive the spiritual grace of the Most Holy Eucharist (and being prevented from receiving it sacramentally) is known as Spiritual Communion. It is so very important to note that this gift is given to us when we cannot, for very good reason, be present at mass.

When you are watching a live-stream or recording of our liturgies, any of the following prayers may be said at the moment of communion when you would normally leave your pew and make your journey to the altar:

In Union, dear Lord, with the faithful at every altar of Your Church where Your blessed Body and Blood are being offered to the Father, I desire to offer You praise and thanksgiving. I believe that You are present in the Holy Sacrament. And since I cannot now receive You sacramentally, I ask You to come spiritually into my heart. I unite myself to You, and embrace You with all the affections of my soul. Let me never be separated from You. Let me live and die in Your love. Amen.

OR

Faithful God, in the wonder of your wisdom and love, you fed your people in the wilderness with the bread of angels, and you sent Jesus to be the bread of life. Though I cannot physically consume these gifts of bread and wine, I thank you that I have received the sacrament of Christ's presence, the forgiveness of sins, and all other benefits of Christ's passion. By the power of the Holy Spirit, may I embody your desire, and be renewed for your service, through Jesus Christ our Savior. Amen. (from *Enriching Our Worship 2*)

OR

**"My Jesus, I believe that you are present in the Blessed Sacrament.
I love you above all things and I desire you with all my heart.
Since I cannot now receive you sacramentally,
I ask you to come spiritually into my heart.
I embrace you as if you were already in my heart
and unite myself to you completely.
Please do not let me ever be separated from you." (by St. Alphonsus Liguori)**

**Except where otherwise indicated, the whole of this article (with only very little amendment) is taken from the website of St. Timothy's Episcopal Church, Winston-Salem, North Carolina, where it was posted on April 5, 2020. No author was specified.*

ANNOUNCEMENTS

Opening Hymn 10

New every morning is the love

KEDRON



1 New ev - ery morn - ing is the love
 2 New mer - cies, each re - turn - ing day,
 *3 If on our dai - ly course our mind
 *4 Old friends, old scenes, will love - lier be,
 *5 The tri - vial round, the com - mon task,
 6 On - ly, O Lord, in thy dear love,



1 our wak - ening and up - ris - ing prove;
 2 a - round us ho - ver while we pray;
 3 be set to hal - low all we find,
 4 as more of heaven in each we see;
 5 will fur - nish all we ought to ask;
 6 fit us for per - fect rest a - bove;



1 through sleep and dark - ness safe - ly brought,
 2 new per - ils past, new sins for - given,
 3 new trea - sures still, of count - less price,
 4 some soft - ening gleam of love and prayer
 5 room to den - y our - selves; a road
 6 and help us, this and ev - ery day,



1 re - stored to life and power and thought.
 2 new thoughts of God, new hopes of heaven.
 3 God will pro - vide for sac - ri - fice.
 4 shall dawn on ev - ery cross and care.
 5 to bring us dai - ly near - er God.
 6 to live more near - ly as we pray.

OPENING ACCLAMATION

Celebrant: *Blessed be God: Father, Son, and Holy Spirit.*

People: **And blessed be his kingdom, now and for ever. Amen.**

BCP 355

COLLECT FOR PURITY

BCP 355

1. Glo - ry to God in the high - est, and
 peace to his peo - ple on earth. 2. Lord God, heaven - ly
 King, al - might - y God and Fa - ther, we wor - ship you, we
 give you thanks, we praise you for your glo - ry. 3. Lord Je - sus
 Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you
 take a - way the sin of the world: have mer - cy
 on us; 5. you are seat - ed at the right hand of the Fa - ther: re -
 ceive our prayer. 6. For you a - lone are the Ho - ly One,
 you a - lone are the Lord, 7. you a - lone are the Most
 High, Je - sus Christ, with the Ho - ly Spi - rit, in the
 glo - ry of God the Fa - ther. A - men.

THE COLLECT OF THE DAY

Lord of all power and might, the author and giver of all good things: Graft in our hearts the love of your Name; increase in us true religion; nourish us with all goodness; and bring forth in us the fruit of good works; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God for ever and ever. Amen.

THE FIRST READING*read by Peter Rice*

Exodus 3:1-15

Moses was keeping the flock of his father-in-law Jethro, the priest of Midian; he led his flock beyond the wilderness, and came to Horeb, the mountain of God. There the angel of the Lord appeared to him in a flame of fire out of a bush; he looked, and the bush was blazing, yet it was not consumed. Then Moses said, "I must turn aside and look at this great sight, and see why the bush is not burned up." When the Lord saw that he had turned aside to see, God called to him out of the bush, "Moses, Moses!" And he said, "Here I am." Then he said, "Come no closer! Remove the sandals from your feet, for the place on which you are standing is holy ground." He said further, "I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob." And Moses hid his face, for he was afraid to look at God. Then the Lord said, "I have observed the misery of my people who are in Egypt; I have heard their cry on account of their taskmasters. Indeed, I know their sufferings, and I have come down to deliver them from the Egyptians, and to bring them up out of that land to a good and broad land, a land flowing with milk and honey, to the country of the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the Jebusites. The cry of the Israelites has now come to me; I have also seen how the Egyptians oppress them. So come, I will send you to Pharaoh to bring my people, the Israelites, out of Egypt." But Moses said to God, "Who am I that I should go to Pharaoh, and bring the Israelites out of Egypt?" He said, "I will be with you; and this shall be the sign for you that it is I who sent you: when you have brought the people out of Egypt, you shall worship God on this mountain." But Moses said to God, "If I come to the Israelites and say to them, 'The God of your ancestors has sent me to you,' and they ask me, 'What is his name?' what shall I say to them?" God said to Moses, "I AM WHO I AM." He said further, "Thus you shall say to the Israelites, 'I AM has sent me to you.'" God also said to Moses, "Thus you shall say to the Israelites, 'The Lord, the God of your ancestors, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you': This is my name forever, and this my title for all generations.

*Hear what the Spirit is saying to God's people.****Thanks be to God.*****Psalm 105:1-6, 23-26, 45c***Spoken by all*

- 1 Give thanks to the Lord and call upon his Name; * make known his deeds among the peoples.
 - 2 Sing to him, sing praises to him, * and speak of all his marvelous works.
 - 3 Glory in his holy Name; * let the hearts of those who seek the Lord rejoice.
 - 4 Search for the Lord and his strength; * continually seek his face.
 - 5 Remember the marvels he has done, * his wonders and the judgments of his mouth,
 - 6 O offspring of Abraham his servant, * O children of Jacob his chosen.
 - 23 Israel came into Egypt, * and Jacob became a sojourner in the land of Ham.
 - 24 The Lord made his people exceedingly fruitful; * he made them stronger than their enemies;
 - 25 Whose heart he turned, so that they hated his people, * and dealt unjustly with his servants.
 - 26 He sent Moses his servant, * and Aaron whom he had chosen.
- 45 Hallelujah!

THE SECOND READING

Romans 12:9-21

Let love be genuine; hate what is evil, hold fast to what is good; love one another with mutual affection; outdo one another in showing honor. Do not lag in zeal, be ardent in spirit, serve the Lord. Rejoice in hope, be patient in suffering, persevere in prayer. Contribute to the needs of the saints; extend hospitality to strangers. Bless those who persecute you; bless and do not curse them. Rejoice with those who rejoice, weep with those who weep. Live in harmony with one another; do not be haughty, but associate with the lowly; do not claim to be wiser than you are. Do not repay anyone evil for evil, but take thought for what is noble in the sight of all. If it is possible, so far as it depends on you, live peaceably with all. Beloved, never avenge yourselves, but leave room for the wrath of God; for it is written, "Vengeance is mine, I will repay, says the Lord." No, "if your enemies are hungry, feed them; if they are thirsty, give them something to drink; for by doing this you will heap burning coals on their heads." Do not be overcome by evil, but overcome evil with good.

*Hear what the Spirit is saying to God's people.****Thanks be to God.***

1. When Is - rael was in E - gypt's land, let my peo-ple go;
 2. The Lord told Mo - ses what to do, let my peo-ple go;
 3. They jour - neyed on at his com - mand, let my peo-ple go;
 4. Oh, let us all from bond - age flee, let my peo-ple go;

1. op - pressed so hard they could not stand, let my peo-ple go.
 2. to lead the chil - dren of Is - rael through, let my peo-ple go.
 3. and come at length to Ca - naan's land, let my peo-ple go.
 4. and let us all in Christ be free, let my peo-ple go.

Go down, Mo - ses, way down in E - gypt's land;

tell old Pha - raoh to let my peo-ple go.

THE GOSPEL

Matthew 16:21-28

Celebrant: *The Holy Gospel of our Savior, Jesus Christ, according to Matthew.*

People: **Glory to you, O Christ.**

Jesus began to show his disciples that he must go to Jerusalem and undergo great suffering at the hands of the elders and chief priests and scribes, and be killed, and on the third day be raised. And Peter took him aside and began to rebuke him, saying, "God forbid it, Lord! This must never happen to you." But he turned and said to Peter, "Get behind me, Satan! You are a stumbling block to me; for you are setting your mind not on divine things but on human things." Then Jesus told his disciples, "If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake will find it. For what will it profit them if they gain the whole world but forfeit their life? Or what will they give in return for their life? "For the Son of Man is to come with his angels in the glory of his Father, and then he will repay everyone for what has been done. Truly I tell you, there are some standing here who will not taste death before they see the Son of Man coming in his kingdom."

*The Gospel of the Lord.
 Praise to you, O Christ.*

The people are seated at the invitation of the preacher.

THE SERMON: The Rev. Nikki Mathis

THE NICENE CREED

BCP 358

(said by all)

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE, Form III

BCP 387

Father, we pray for your holy catholic Church;

That we all may be one.

Grant that every member of the Church may truly and humbly serve you;

That your Name may be glorified by all people.

We pray for all bishops, especially Michael, Rob, Paul, and Don, and all priests and deacons, especially Nikki & Christina (...)

That they may be faithful ministers of your Word and Sacraments.

We pray for all who govern and hold authority in the nations of the world;

That there may be justice and peace on the earth.

Give us grace to do your will in all that we undertake;

That our works may find favor in your sight.

Have compassion on those who suffer from any grief or trouble;

That they may be delivered from their distress.

Give to the departed eternal rest;

Let light perpetual shine upon them.

We praise you for your saints who have entered into joy;

May we also come to share in your heavenly kingdom.

Let us pray for our own needs and those of others. ...

A PRAYER FOR A PANDEMIC

CONFESSION AND ABSOLUTION *(people may stand)*

BCP 360

Celebrant: Let us confess our sins against God and our neighbor.

Celebrant and People: Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Celebrant: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

Celebrant: The peace of Christ be always with you.

People: **And also with you.**

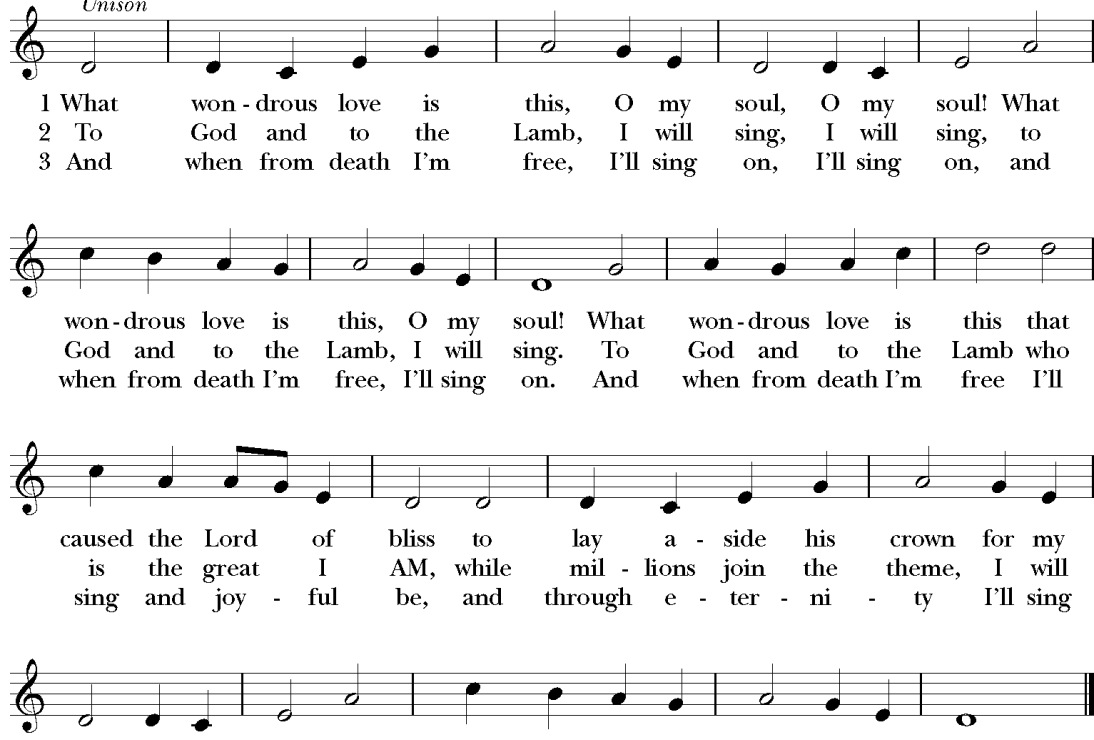
THE HOLY COMMUNION

Offertory Hymn 439

What wondrous love is this

WONDROUS LOVE

Unison



1 What won - drous love is this, O my soul, O my soul! What
2 To God and to the Lamb, I will sing, I will sing, to
3 And when from death I'm free, I'll sing on, I'll sing on, and

won - drous love is this, O my soul! What won - drous love is this that
God and to the Lamb, I will sing. To God and to the Lamb who
when from death I'm free, I'll sing on. And when from death I'm free I'll

caused the Lord of bliss to lay a - side his crown for my
is the great I AM, while mil - lions join the theme, I will
sing and joy - ful be, and through e - ter - ni - ty I'll sing

soul, for my soul, to lay a - side his crown for my soul.
sing, I will sing, while mil - lions join the theme I will sing.
on, I'll sing on, and through e - ter - ni - ty I'll sing on.

THE GREAT THANKSGIVING, EUCHARISTIC PRAYER A

BCP 361

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. (*Here a Proper Preface can be said*)

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Celebrant and People

***Holy, Holy, Holy Lord, God of power and might,
heaven and earth are full of your glory.***

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the

remembrance of me.” After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Therefore we proclaim the mystery of faith:

Celebrant and People: Christ has died. Christ is risen. Christ will come again.

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

And now, as our Savior Christ has taught us, we are bold to say

THE LORD’S PRAYER

BCP 364

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

Fraction Anthem

Celebrant: Christ our Passover is sacrificed for us;

People: **Therefore let us keep the feast.**

THE COMMUNION OF THE PEOPLE

SPIRITUAL COMMUNION PRAYER

Enriching Our Worship 2

Faithful God, in the wonder of your wisdom and love, you fed your people in the wilderness with the bread of angels, and you sent Jesus to be the bread of life. Though I cannot physically consume these gifts of bread and wine, I thank you that I have received the sacrament of Christ’s presence, the forgiveness of sins, and all other benefits of Christ’s passion. By the power of the Holy Spirit, may I embody your desire, and be renewed for your service, through Jesus Christ our Savior. Amen.

POSTCOMMUNION PRAYER

BCP 366

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

THE BLESSING

Descant

5 Let ev - ery tongue con - fess with one ac - cord.

1 All praise to thee, for thou, O King di - vine,
 2 Thou cam'st to us in low - li - ness of thought;
 3 Let this mind be in us which was in thee,
 4 Where - fore, by God's e - ter - nal pur - pose, thou
 5 Let ev - ery tongue con - fess with one ac - cord.

Je - sus Christ is Lord;

1 didst yield the glo - ry that of right was thine,
 2 by thee the out - cast and the poor were sought;
 3 who wast a ser - vant that we might be free,
 4 art high ex - alt - ed o'er all crea - tures now,
 5 in heaven and earth that Je - sus Christ is Lord;

and God the Fa - ther be by all a - dored.

1 that in our dark - ened hearts thy grace might shine.
 2 and by thy death was God's sal - va - tion wrought.
 3 hum - bling thy - self to death on Cal - va - ry.
 4 and given the Name to which all knees shall bow.
 5 and God the Fa - ther be by all a - dored.

Al - le - lu - ia! A - men.

Al - le - lu - ia! A - men.

THE DISMISSAL

Deacon: Let us go forth into the world rejoicing in the power of the Holy Spirit.

People: **Thanks be to God.**

Fellowship Music

Sweet Hour of Prayer

arr. M. Hayes

*The altar flowers are dedicated by Jim & Lane Norton
 to the honor and glory of God
 and in thanksgiving for Sarah Norton's birthday.*

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Prayers of the People

In our Parish we pray for Marge Massey, Mack Thurmond, Maggie Napoli, Kathryn Musholt, Sybil Lott, Dot Cooper, Allena Armour, Doug Welch, Pat Irby, Pat Titus, Stephanie Gamble, Carol Jones, Rose Ann Pace, Christy Page, Aaron Muckin, Glen Jedlicka, Stephen Morris, Alice Hunt, George Watson, Conoly Hester, Deborah Freeman, Catherine Hartley, Terri Dotson, Mary Parkman, Gayle Duncan, Jimmy Simons, Gene Watson, Bill Walker, Sandy Elhenicky, Shelby Welch, Sarah Gordon, Roger Swagler, Stanley Armour, Martha Beach, Jack Beach, Tammy Bishop, Cecil Miller, Bill Beagle, Sally Stuckey, Kim Rider, Patrick Dean, Harold Tillman, Diane Holcomb, Stephen Corn, Ken Packer, Susan, Evelyn, Karin, Ben, Anna, Fritz, Faye, Neal, Ann, Paula, John, Gwen, Barbara, Dusty, Daniel, Michael, Michelle, Meredith, Heather, Matt, Pete, Sophia, Jill, Ruth, Samantha, Jennifer, Chip, and Buddy.

In sympathy for Barbara Crowley, on the death of her nephew, Louis Schnell.

In thanksgiving for those celebrating their birthdays this week: Sandy Hudson, Scarlet Buckley, Annette Hicks, Cecilia Reynolds, and Elizabeth Dubberly; **and for those celebrating anniversaries:** Bill & Lois Alworth, and Roger Swagler & Julia Marlowe.

The people listed here are prayed for by name at each Sunday service. To request prayer for yourself or someone else, please call the office (706-546-7553). If at the beginning of the next month the person needs to remain on the list, please call and give the office an update.

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allenaarmour57@yahoo.com | 706-614-3704

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Vestry Person of the Day/Week: Jane Hudson janeghudson@gmail.com

