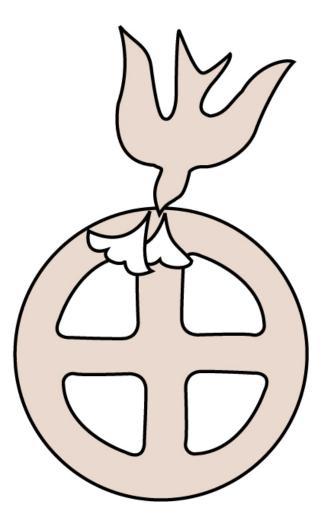
St. Gregory the Great Episcopal Church



SEPTEMBER 3, 2023 Live Streamed on <u>YouTube</u>

10:30AM

SPIRITUAL COMMUNION *

What happens when you are spiritually prepared and desire to receive communion, but can't? Such a case is referenced by a paragraph in the 1979 Prayer Book:

If a person desires to receive the Sacrament, but, by reason of extreme sickness or physical disability, is unable to eat and drink the Bread and Wine, the Celebrant is to assure that person that all the benefits of Communion are received, even though the Sacrament is not received with the mouth.

A nation-wide shut down due to a pandemic fits, I'm sure we'll agree, with the words "by any other impediment" listed in the first Prayer Book. Our Lord will not cut us off from his grace. If we truly desire him, he will come to us, even if we cannot receive the Sacraments he has instituted so that we may receive his grace. This is not a new idea. St Thomas Aquinas, writing nearly 800 years ago, said:

before receiving a sacrament, the reality of the sacrament can be had through the very desire of receiving the sacrament. Accordingly, before actual reception of this sacrament, a man can obtain salvation through the desire of receiving it, just as he can before Baptism through the desire of Baptism, as stated above (Summa, III.73.iii)

Desiring to receive the spiritual grace of the Most Holy Eucharist (and being prevented from receiving it sacramentally) is known as Spiritual Communion. It is so very important to note that this gift is given to us when we cannot, for very good reason, be present at mass.

When you are watching a live-stream or recording of our liturgies, any of the following prayers may be said at the moment of communion when you would normally leave your pew and make your journey to the altar:

In Union, dear Lord, with the faithful at every altar of Your Church where Your blessed Body and Blood are being offered to the Father, I desire to offer You praise and thanksgiving. I believe that You are present in the Holy Sacrament. And since I cannot now receive You sacramentally, I ask You to come spiritually into my heart. I unite myself to You, and embrace You with all the affections of my soul. Let me never be separated from You. Let me live and die in Your love. Amen.

OR

Faithful God, in the wonder of your wisdom and love, you fed your people in the wilderness with the bread of angels, and you sent Jesus to be the bread of life. Though I cannot physically consume these gifts of bread and wine, I thank you that I have received the sacrament of Christ's presence, the forgiveness of sins, and all other benefits of Christ's passion. By the power of the Holy Spirit, may I embody your desire, and be renewed for your service, through Jesus Christ our Savior. Amen. (from Enriching Our Worship 2)

OR

"My Jesus, I believe that you are present in the Blessed Sacrament. I love you above all things and I desire you with all my heart. Since I cannot now receive you sacramentally, I ask you to come spiritually into my heart. I embrace you as if you were already in my heart and unite myself to you completely. Please do not let me ever by separated from you." (by St. Alphonsus Liguori)

*Except where otherwise indicated, the whole of this article (with only very little amendment) is taken from the website of St. Timothy's Episcopal Church, Winston-Salem, North Carolina, where it was posted on April 5, 2020. No author was specified.

THE HOLY VIRTUAL EUCHARIST

The 14th Sunday after Pentecost: Proper 17

THE WORD OF GOD

WELCOME & ANNOUNCEMENTS

Prelude

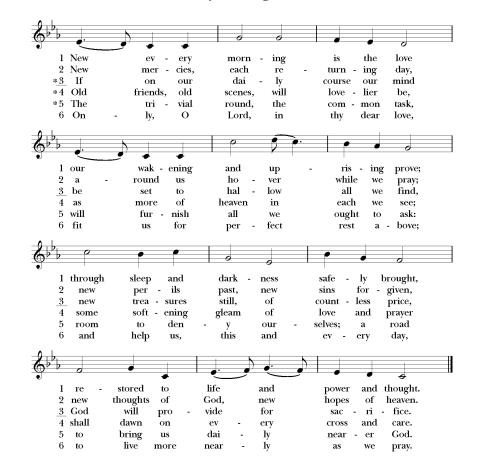
Be Thou My Vision

Trad. Irish Melody

Processional Hymn 10

New every morning is the love

KEDRON



OPENING ACCLAMATION

Celebrant:Blessed be God: Father, Son, and Holy Spirit.People:And blessed be his kingdom, now and for ever. Amen.

COLLECT FOR PURITY

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

BCP 351

BCP 355

The God of Abraham praise (vs. 1 & 5)



THE COLLECT OF THE DAY

Lord of all power and might, the author and giver of all good things: Graft in our hearts the love of your Name; increase in us true religion; nourish us with all goodness; and bring forth in us the fruit of good works; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God for ever and ever. Amen.

THE FIRST READING

Exodus 3:1-15

Moses was keeping the flock of his father-in-law Jethro, the priest of Midian; he led his flock beyond the wilderness, and came to Horeb, the mountain of God. There the angel of the Lord appeared to him in a flame of fire out of a bush; he looked, and the bush was blazing, yet it was not consumed. Then Moses said, "I must turn aside and look at this great sight, and see why the bush is not burned up." When the Lord saw that he had turned aside to see, God called to him out of the bush, "Moses, Moses!" And he said, "Here I am." Then he said, "Come no closer! Remove the sandals from your feet, for the place on which you are standing is holy ground." He said further, "I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob." And Moses hid his face, for he was afraid to look at God.

Then the Lord said, "I have observed the misery of my people who are in Egypt; I have heard their cry on account of their taskmasters. Indeed, I know their sufferings, and I have come down to deliver them from the Egyptians, and to bring them up out of that land to a good and broad land, a land flowing with milk and honey, to the country of the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the Jebusites. The cry of the Israelites has now come to me; I have also seen how the Egyptians oppress them. So come, I will send you to Pharaoh to bring my people, the Israelites, out of Egypt."

But Moses said to God, "Who am I that I should go to Pharaoh, and bring the Israelites out of Egypt?" He said, "I will be with you; and this shall be the sign for you that it is I who sent you: when you have brought the people out of Egypt, you shall worship God on this mountain." But Moses said to God, "If I come to the Israelites and say to them, 'The God of your ancestors has sent me to you,' and they ask me, 'What is his name?' what shall I say to them?" God said to Moses, "I am who I am." He said further, "Thus you shall say to the Israelites, 'I am has sent me to you." God also said to Moses, "Thus you shall

say to the Israelites, 'The Lord, the God of your ancestors, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you': This is my name forever, and this my title for all generations.

Hear what the Spirit is saying to God's people. Thanks be to God.

Psalm 105:1-6, 23-26, 45c (spoken)

1 Give thanks to the Lord and call upon his Name; * make known his deeds among the peoples.

- 2 Sing to him, sing praises to him, * and speak of all his marvelous works.
- 3 Glory in his holy Name; * let the hearts of those who seek the Lord rejoice.
- 4 Search for the Lord and his strength; * continually seek his face.
- 5 Remember the marvels he has done, * his wonders and the judgments of his mouth,
- 6 O offspring of Abraham his servant, * O children of Jacob his chosen.
- 23 Israel came into Egypt, * and Jacob became a sojourner in the land of Ham.
- 24 The Lord made his people exceedingly fruitful; * he made them stronger than their enemies;
- 25 Whose heart he turned, so that they hated his people, * and dealt unjustly with his servants.
- 26 He sent Moses his servant, * and Aaron whom he had chosen.
- 45 Hallelujah!

THE SECOND READING

Romans 12:9-21

Let love be genuine; hate what is evil, hold fast to what is good; love one another with mutual affection; outdo one another in showing honor. Do not lag in zeal, be ardent in spirit, serve the Lord. Rejoice in hope, be patient in suffering, persevere in prayer. Contribute to the needs of the saints; extend hospitality to strangers. Bless those who persecute you; bless and do not curse them. Rejoice with those who rejoice, weep with those who weep. Live in harmony with one another; do not be haughty, but associate with the lowly; do not claim to be wiser than you are. Do not repay anyone evil for evil, but take thought for what is noble in the sight of all. If it is possible, so far as it depends on you, live peaceably with all. Beloved, never avenge yourselves, but leave room for the wrath of God; for it is written, "Vengeance is mine, I will repay, says the Lord." No, "if your enemies are hungry, feed them; if they are thirsty, give them something to drink; for by doing this you will heap burning coals on their heads." Do not be overcome by evil, but overcome evil with good.

Hear what the Spirit is saying to God's people. Thanks be to God.

Sequence Hymn 593

Lord, make us servants of your peace

DICKINSON COLLEGE



THE GOSPEL

Celebrant:The Holy Gospel of our Savior, Jesus Christ, according to Matthew.People:Glory to you, O Christ.

Jesus began to show his disciples that he must go to Jerusalem and undergo great suffering at the hands of the elders and chief priests and scribes, and be killed, and on the third day be raised. And Peter took him aside and began to rebuke him, saying, "God forbid it, Lord! This must never happen to you." But he turned and said to Peter, "Get behind me, Satan! You are a stumbling block to me; for you are setting your mind not on divine things but on human things."

Then Jesus told his disciples, "If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake will find it. For what will it profit them if they gain the whole world but forfeit their life? Or what will they give in return for their life?

"For the Son of Man is to come with his angels in the glory of his Father, and then he will repay everyone for what has been done. Truly I tell you, there are some standing here who will not taste death before they see the Son of Man coming in his kingdom."

The Gospel of the Lord. **Praise to you, O Christ.**

THE SERMON: The Rev. Nikki Mathis

THE NICENE CREED

(said by all)

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

CONFESSION AND ABSOLUTION

Celebrant: Let us confess our sins against God and our neighbor.

Celebrant and People: Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Celebrant: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

PRAYERS OF THE PEOPLE, Form IV

The congregational response to "Lord, in your mercy" is "hear our prayer."

Celebrant adds a concluding Collect.

THE PEACE

Celebrant:The peace of Christ be always with you.People:And also with you.

BCP 358

BCP 360

BCP 388

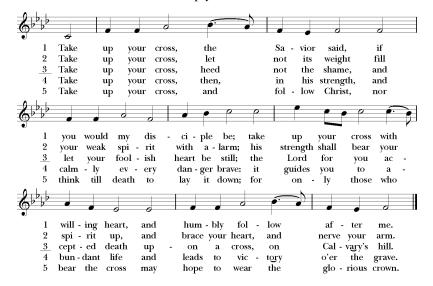
THE HOLY COMMUNION

Offertory Hymn 675

Take up your cross



MORNING HYMN



Presentation Hymn 11 v. 4

Praise God, from whom all blessings flow



THE GREAT THANKSGIVING, EUCHARISTIC PRAYER A *The Lord be with you.* **And also with you.** *Lift up your hearts.* **We lift them to the Lord.** *Let us give thanks to the Lord our God.*

It is right to give our thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. (Here a Proper Preface is said)

BCP 361

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

* Sanctus S-130

Holy, holy, holy Lord





Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People Christ has died. Christ is risen. Christ will come again.

The Celebrant continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. AMEN.

And now, as our Savior Christ has taught us, we are bold to say

THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

* Fraction Anthem S-164

Jesus, Lamb of God

Franz Schubert

BCP 364



THE COMMUNION OF THE PEOPLE

Communion Hymn 379

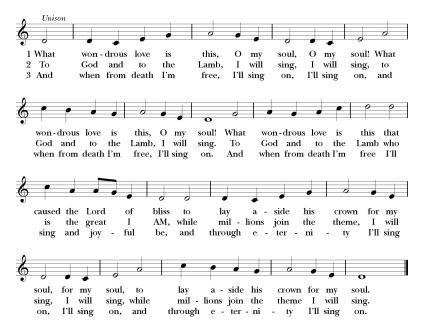
God is Love, let heaven adore him



Communion Hymn 439

What wondrous love is this

WONDROUS LOVE



SPIRITUAL COMMUNION PRAYER

Faithful God, in the wonder of your wisdom and love, you fed your people in the wilderness with the bread of angels, and you sent Jesus to be the bread of life. Though I cannot physically consume these gifts of bread and wine, I thank you that I have received the sacrament of Christ's presence, the forgiveness of sins, and all other benefits of Christ's passion. By the power of the Holy Spirit, may I embody your desire, and be renewed for your service, through Jesus Christ our Savior. Amen.

POSTCOMMUNION PRAYER

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

THE BLESSING

Closing Hymn 344

Lord, dismiss us with thy blessing

dis - miss fill our hearts with Lord, us with thy bless - ing; Gos - pel's 2 Thanks give when and thy we doi а tion for love shall call Sa 3 so that thy us. vior. from the 9:1 D ۴ 7 let each, thy pos - sess sal - va joy and peace us love ing, iov - ful sound: may the fruits of thv tion - pall world way, of shall a fear death not ap us, ງ:‡" . 8 6# 0 Ø 6 0 tri umph in re deem-ing grace: bound: re fresh us er hearts and lives faith - ful, our ev in а - bey. May ev - er, glad thy to 0 we sum - mons 2 0 0 fresh eling through this wil - der re us trav ness. ev - \mathbf{er} faith-ful to thy with truth may we be found: in end-less day. thee may we ev - er reign **):**‡

THE DISMISSAL Deacon: Go in peace, to love and serve the Lord. Thanks be to God. People:

Postlude

Simple Gifts

arr. Cindy Berry

ዮ

Special thanks to Rachel Townes for her music this morning!

The altar flowers are dedicated to the honor and glory of God, and in memory of Jane Armistead.



SICILIAN MARINERS

Enriching Our Worship 2

Prayers of the People

In our Parish we pray for Elmer Clark, Nancy Carter, Randy Harrelson, Teri Bouknecht, Kara Russe, Jamaica Miller, Ellen Kappel, Susan Dunn & family, David Kirshenblatt, Cayden Mitchell, Bill Alworth, Stephen Morris, Barbara Johnson, Sue Bush, Janice Rusk, Jennifer Polzin, Susan Williams, Dan Williams, Pat MacKinnon, Shelby Welch, Don Downie, Olivia Carlisle, Angie Defalco, Ken Packer, Michael, Rachel, Christy, Rosina, Eliot, Patricia, Ben, Mobley, Scott, and Lynn.

In thanksgiving for those celebrating their birthday this week: Sandy Hudson, Scarlet Buckley, Gina Defalco, Cecilia Reynolds, Elizabeth Dubberly, Ann Darby, Gaby Compton, Charles Campbell, and Shelby Ferguson.

The people listed here are prayed for by name at each Sunday service. To request prayer for yourself or someone else, please call the office (706-546-7553). If at the beginning of the next month the person needs to remain on the list, please call and give the office an update.

Seeking Nominations to the Vestry

The Nominating Committee is developing a list of potential nominees to the Vestry for a three year term beginning 2024. We want your recommendations. With those nominations and with recommendations from the current Vestry, the Nominating Committee will assemble a slate of four eligible candidates to replace the four outgoing Vestry members. The slate of nominees will be presented to the congregation before the end of the year, and the congregation will vote on the slate at our Annual Meeting in January, 2024. As specified in our Bylaws, the slate of four candidates will be elected collectively, not as individuals, so the election isn't competitive.

Not only can you nominate parishioners--with their permission--to be considered for the Vestry, you can selfnominate. That is, you can offer your own name in nomination to the Vestry.

Eligible candidates for membership on the Vestry, as stipulated in our parish Bylaws must:

* be confirmed communicants in good standing in the parish,
* be at least 18 years old,
* regularly attend church services,
* and have made and fulfilled a financial commitment (a pledge) to the church in the past year.

and have made and furnited a miancial communicit (a predge) to the ended in the past year.

To submit your name or that of theirs in the parish for possible membership on the Vestry, simply send it to a member of the Nominating Committee: Wade McGlamery (wwmcglamery@gmail.com), Karen Brill (kare2345@yahoo.com), John Bray (johnpatrickbray@gmail.com), Mark Richardson (mrichsn@gmail.com), LeeAnne Krause (leeanne.krause@verizon.net), or Nikki Mathis (rector@stgregoryathens.org).

Please send us your nominations by Friday, September 22.

THIS WEEK

OFFICES CLOSED | MONDAY, SEPT. 4

Parish offices will be closed tomorrow, Monday, September 4, for Labor Day.

NEXT WEEK

OUTREACH OPPORTUNITIES & MEETING | SUNDAY, SEPT. 10

St. Gregory's Outreach Committee organizes hands-on support for several worthwhile local ministries. This Fall, we will be seeking donations to the Barnett Shoals Elementary School Clothes Closet. During the year, we try to find parishioners to help with Family Promise, the alliance of local churches working to help homeless families achieve sustainable independence, Our Daily Bread, a mission that prepares and serves meals to the needy in one of our Athens churches, Athens Area Emergency Food Bank, the service to which our Little Red Wagon is dedicated, filled and delivered, and others. As is always true in providing for the "least of these," we constantly need more in-person help.

If you are interested in joining us in these- or other- Outreach efforts, please come to our next Committee Meeting, immediately following the 10:30 service, in the Christian Education Building Library, on **Sunday, September 10, 2023**.

You may also contact Susanne Burton, <u>sfburton@windstream.net</u>, or Gail Eilers, <u>eilersgail@gmail.com</u> with questions or to volunteer to help.

COMING UP....

MOVIE NIGHT | FRIDAY, SEPT. 15

Come join us this month, on Friday, September 15, when we will watch *Come From Away (2021)* (for real this time!). "7000 passengers are stranded after the 9/11 terrorist attacks in a small town in Newfoundland, where they were housed and welcomed. Based on a true story." Join us in Parish Hall and enjoy some popcorn and soft drinks - or bring a blanket and a picnic dinner! The movie begins promptly at 7pm.

ONGOING

MERIDIAN WOMEN'S CHORUS | THURSDAYS

Director Stacie Court invites all women to join the Meridian Women's Chorus. We meet on Thursdays from 12:30 - 1:45 at Holy Cross Lutheran Church on West Lake Drive. We start rehearsals for the fall on **Thursday, September 7th**; our annual Tapestry Concert is Saturday, December 2nd. For more information, please contact Stacie Court at stacie.court@gmail.com or 706-424-9516.

BLINDSPOT GROUP | THURSDAYS

Our 20s and 30s group meets on the last Thursday of each month at 6:30PM for dinner and a small group study (usually offsite of the church). We also meet at least once a month for game nights, dinner and drinks, movie nights, and more. Newcomers are always welcome! Contact Wade McGlamery, 770-624-4837 for more information.

<u>NOTES</u>

THE LITTLE RED WAGON

The Athens Area Emergency Food Bank needs paper bags, canned tuna, canned tomatoes, and cooked cereals (i.e. grits, oatmeal)! Please help us fill the Little Red Wagon!

Those Who Serve

Vestry: Stacie Court Reader: Stacie Court (8AM); Stacie Court (10:30AM) EMs: Lin Kromhout & David Stooksbury Crucifers: Grayson Krause & Ethan Vogt Torches: Porter & Walker Welch Flowers: Maryann Cox Altar Guild: Barbara Dean, Berni McCranie Ushers: Bruce Zavitz & Gail Eilers Counters: Mark Reinberger & Jane Hudson Livestream: Anthony Barkdoll

Clergy and Staff

The Rev. Nikki Mathis Rector *rector@stgregoryathens.org* | 706-546-7553 x2

The Rev. Doug Adkins Associate Rector & Director of Children's Ministries *jdouglasadkins@gmail.com* | 706-474-4784

The Rev. Christina Dondero Deacon christinadondero@gmail.com | 404-918-7248

Kendall M. Kookogey Parish Administrator/Bookkeeper office@stgregoryathens.org | 706-546-7553 x1

Jonathan Klein Music Director/Organist jonathanfk@gmail.com | 706-296-8102

Joseph Napoli Choir Director awn1984@att.net | 706-546-6638

Wade McGlamery Youth Minister wwmcglamery@gmail.com | 770-624-4837

Jude Red-Bear Nursery Director *juderedbear@icloud.com* | 706-614-0008

Mark Hein Buildings/Grounds markehein@gmail.com | 706-549-3239

Anthony Barkdoll Livestream Coordinator anthonybarkdoll@gmail.com

Terri Tillman WebMaster/Social Media *ttillman@gmail.com*

Danielle Vogt Coffee Host *danielle1784@gmail.com*

Peachy Green Clean Co-op Sexton

Nursery Attendants: Missy Hamlin, Jude Red Bear, Danielle Lyle, Megan Reuter, Allie Weaver

Vestry Members: Kate Avinger, John Barrett; John Bray; Stacie Court; Gail Eilers; Anna Hiers; LeeAnne Krause; Lane Norton; Maggie Reinberger; Mark Richardson; Shelby Welch; Anna Thornton, Clerk; Les House, Treasurer

Vestry Person of the Day/Week: Stacie Court stacie.court@gmail.com

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