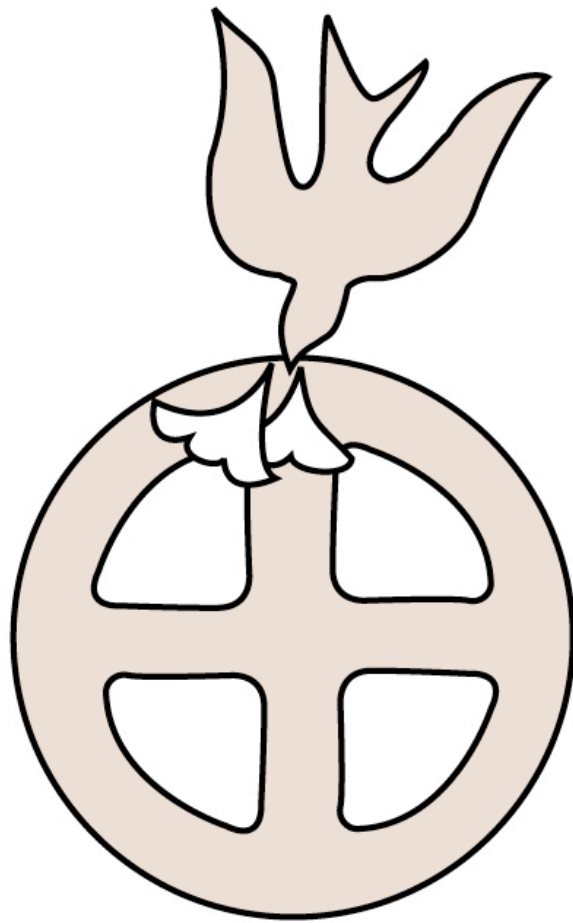


ST. GREGORY THE GREAT EPISCOPAL CHURCH



SEPTEMBER 19, 2021

PREMIERED ON YOUTUBE

10:30AM

THE HOLY VIRTUAL EUCHARIST
The 17th Sunday after Pentecost: Proper 20

THE WORD OF GOD

SPIRITUAL COMMUNION *

What happens when you are spiritually prepared and desire to receive communion, but can't?
Such a case is referenced by a paragraph in the 1979 Prayer Book:

If a person desires to receive the Sacrament, but, by reason of extreme sickness or physical disability, is unable to eat and drink the Bread and Wine, the Celebrant is to assure that person that all the benefits of Communion are received, even though the Sacrament is not received with the mouth.

A nation-wide shut down due to a pandemic fits, I'm sure we'll agree, with the words "by any other impediment" listed in the first Prayer Book. Our Lord will not cut us off from his grace. If we truly desire him, he will come to us, even if we cannot receive the Sacraments he has instituted so that we may receive his grace. This is not a new idea. St Thomas Aquinas, writing nearly 800 years ago, said:

before receiving a sacrament, the reality of the sacrament can be had through the very desire of receiving the sacrament. Accordingly, before actual reception of this sacrament, a man can obtain salvation through the desire of receiving it, just as he can before Baptism through the desire of Baptism, as stated above (Summa, III.73.iii)

Desiring to receive the spiritual grace of the Most Holy Eucharist (and being prevented from receiving it sacramentally) is known as Spiritual Communion. It is so very important to note that this gift is given to us when we cannot, for very good reason, be present at mass.

When you are watching a live-stream or recording of our liturgies, any of the following prayers may be said at the moment of communion when you would normally leave your pew and make your journey to the altar:

In Union, dear Lord, with the faithful at every altar of Your Church where Your blessed Body and Blood are being offered to the Father, I desire to offer You praise and thanksgiving. I believe that You are present in the Holy Sacrament. And since I cannot now receive You sacramentally, I ask You to come spiritually into my heart. I unite myself to You, and embrace You with all the affections of my soul. Let me never be separated from You. Let me live and die in Your love. Amen.

OR

Faithful God, in the wonder of your wisdom and love, you fed your people in the wilderness with the bread of angels, and you sent Jesus to be the bread of life. Though I cannot physically consume these gifts of bread and wine, I thank you that I have received the sacrament of Christ's presence, the forgiveness of sins, and all other benefits of Christ's passion. By the power of the Holy Spirit, may I embody your desire, and be renewed for your service, through Jesus Christ our Savior. Amen. (from *Enriching Our Worship 2*)

OR

**"My Jesus, I believe that you are present in the Blessed Sacrament.
I love you above all things and I desire you with all my heart.
Since I cannot now receive you sacramentally,
I ask you to come spiritually into my heart.
I embrace you as if you were already in my heart
and unite myself to you completely.
Please do not let me ever be separated from you." (by St. Alphonsus Liguori)**

**Except where otherwise indicated, the whole of this article (with only very little amendment) is taken from the website of St. Timothy's Episcopal Church, Winston-Salem, North Carolina, where it was posted on April 5, 2020. No author was specified.*

Opening Hymn 390

Praise to the Lord, the Almighty

LOBE DEN HERREN

Descant



4 Praise to the Lord! O let all that is in me a -
dore him! All that hath life and breath come now with
a - tion; O my soul, praise him, for he is thy
reign - eth: borne as on ea - gle - wings, safe - ly his
fend thee; sure - ly his good - ness and mer - cy shall
dore him! All that hath life and breath come now with
prais - es be - fore him! Let the a - men sound from his
health and sal - va - tion: join the great throng, psal - ter - y,
saints he sus - tain - eth. Hast thou not seen how all thou
ev - er at - tend thee; pon - der a - new what the Al -
prais - es be - fore him! Let the a - men sound from his
peo - ple a - gain; glad - ly for ev - er a - dore him.
or - gan, and song, sound - ing in glad ad - o - ra - tion.
need - est hath been grant - ed in what he or - dain - eth?
might - y can do, who with his love doth be - friend thee.
peo - ple a - gain; glad - ly for ev - er a - dore him.

OPENING ACCLAMATION

Celebrant: *Blessed be God: Father, Son, and Holy Spirit*People: **And blessed be his kingdom, now and for ever. Amen.**

COLLECT FOR PURITY

BCP 355

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

Song of Praise 244 LEVAS

I Will Rejoice

Grayson Warren Brown

I will re-joice, I will be glad,
 I will praise God Who holds my life
 in His hands. I will re-joyce,
 1. I will praise the Fa-ther,
 2. I will praise the Fa-ther,
 1. I will praise the Son,
 2. each and ev'-ry day
 I will be glad,
 I will re-joyce,
 I will praise God, Who holds my life in His hands.
 I will praise the Spir-
 and I will sing His love

1. - it for-ev-er more. I will re-joyce,
 2. - songs for-ev-er more. I will re-joyce,
 1. I will be glad,
 2. I will be glad,
 D.S.
 D.S.

THE COLLECT OF THE DAY

Grant us, Lord, not to be anxious about earthly things, but to love things heavenly; and even now, while we are placed among things that are passing away, to hold fast to those that shall endure; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

THE FIRST READING

read by George Krause

Proverbs 31:10-31

A capable wife who can find? She is far more precious than jewels. The heart of her husband trusts in her, and he will have no lack of gain. She does him good, and not harm, all the days of her life. She seeks wool and flax, and works with willing hands. She is like the ships of the merchant, she brings her food from far away. She rises while it is still night and provides food for her household and tasks for her servant-girls. She considers a field and buys it; with the fruit of her hands she plants a vineyard. She girds herself with strength, and makes her arms strong. She perceives that her merchandise is profitable. Her lamp does not go out at night. She puts her hands to the distaff, and her hands hold the spindle. She opens her hand to the poor, and reaches out her hands to the needy. She is not afraid for her household when it snows, for all her household are clothed in crimson. She makes herself coverings; her clothing is fine linen and purple. Her husband is known in the city gates, taking his seat among the elders of the land. She makes linen garments and sells them; she supplies the merchant with sashes. Strength and dignity are her clothing, and she laughs at the time to come. She opens her mouth with wisdom, and the teaching of kindness is on her tongue. She looks well to the ways of her household, and does not eat the bread of idleness. Her children rise up and call her happy; her husband too, and he praises her: "Many women have done excellently, but you surpass them all." Charm is deceitful, and beauty is vain, but a woman who fears the Lord is to be praised. Give her a share in the fruit of her hands, and let her works praise her in the city gates.

Hear what the Spirit is saying to God's people.

Thanks be to God.

PSALM 1

- 1 Happy are they who have not walked in the counsel of the wicked, *
nor lingered in the way of sinners, nor sat in the seats of the scornful!
- 2 Their delight is in the law of the Lord, * and they meditate on his law day and night.
- 3 They are like trees planted by streams of water, bearing fruit in due season, with leaves that do not wither; *
everything they do shall prosper.
- 4 It is not so with the wicked; * they are like chaff which the wind blows away.
- 5 Therefore the wicked shall not stand upright when judgment comes, *
nor the sinner in the council of the righteous.
- 6 For the Lord knows the way of the righteous, * but the way of the wicked is doomed.

THE SECOND READING

James 3:13-4:3, 7-8a

Who is wise and understanding among you? Show by your good life that your works are done with gentleness born of wisdom. But if you have bitter envy and selfish ambition in your hearts, do not be boastful and false to the truth. Such wisdom does not come down from above, but is earthly, unspiritual, devilish. For where there is envy and selfish ambition, there will also be disorder and wickedness of every kind. But the wisdom from above is first pure, then peaceable, gentle, willing to yield, full of mercy and good fruits, without a trace of partiality or hypocrisy. And a harvest of righteousness is sown in peace for those who make peace.

Those conflicts and disputes among you, where do they come from? Do they not come from your cravings that are at war within you? You want something and do not have it; so you commit murder. And you covet something and cannot obtain it; so you engage in disputes and conflicts. You do not have, because you do not ask. You ask and do not receive, because you ask wrongly, in order to spend what you get on your pleasures.

Submit yourselves therefore to God. Resist the devil, and he will flee from you. Draw near to God, and he will draw near to you.

Hear what the Spirit is saying to God's people.

Thanks be to God.



1 O love, how deep, how broad, how high, how pass - ing
 2 For us bap - tized, for us he bore his ho - ly
 3 For us he prayed; for us he taught; for us his
 4 For us to wick - ed hands be - trayed, scourged, mocked, in
 5 For us he rose from death a - gain; for us he
 6 All glo - ry to our Lord and God for love so



1 thought and fan - ta - sy, that God, the Son of
 2 fast and hun - gered sore; for us temp - ta - tions
 3 dai - ly works he wrought; by words and signs and
 4 pur - ple robe ar - rayed; he bore the shame - ful
 5 went on high to reign; for us he sent his
 6 deep, so high, so broad; the Trin - i - ty whom



1 God, should take our mor - tal form for mor - tals' sake.
 2 sharp he knew; for us the tempt - er ov - er - threw.
 3 ac - tions, thus still seek - ing not him - self, but us.
 4 cross and death; for us gave up his dy - ing breath.
 5 Spi - rit here to guide, to strength - en, and to cheer.
 6 we a - dore for ev - er and for ev - er - more.

THE GOSPEL

Mark 9:30-37

Celebrant: *The Holy Gospel of our Savior, Jesus Christ, according to Mark.*

People: **Glory to you, O Christ.**

Jesus and his disciples passed through Galilee. He did not want anyone to know it; for he was teaching his disciples, saying to them, "The Son of Man is to be betrayed into human hands, and they will kill him, and three days after being killed, he will rise again." But they did not understand what he was saying and were afraid to ask him. Then they came to Capernaum; and when he was in the house he asked them, "What were you arguing about on the way?" But they were silent, for on the way they had argued with one another who was the greatest. He sat down, called the twelve, and said to them, "Whoever wants to be first must be last of all and servant of all." Then he took a little child and put it among them; and taking it in his arms, he said to them, "Whoever welcomes one such child in my name welcomes me, and whoever welcomes me welcomes not me but the one who sent me."

The Gospel of the Lord.
Praise to you, O Christ.

The people are seated at the invitation of the preacher.

THE SERMON: The Rev. Nikki Mathis

THE NICENE CREED

BCP 358

(said by all)

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE, Form III

BCP 387

Father, we pray for your holy catholic Church;

That we all may be one.

Grant that every member of the Church may truly and humbly serve you;

That your Name may be glorified by all people.

We pray for all bishops, especially Michael, Rob, Paul, and Don, (...) and all priests and deacons, especially Nikki & Christina;

That they may be faithful ministers of your Word and Sacraments.

We pray for all who govern and hold authority in the nations of the world; we pray for our President, Joseph, our Governor, Brian, and our Mayor, Kelly.

That there may be justice and peace on the earth.

Give us grace to do your will in all that we undertake;

That our works may find favor in your sight.

Have compassion on those who suffer from any grief or trouble;

That they may be delivered from their distress.

Give to the departed eternal rest;

Let light perpetual shine upon them.

We praise you for your saints who have entered into joy;

May we also come to share in your heavenly kingdom.

Let us pray for our own needs and those of others. ...

CONFESSION AND ABSOLUTION

BCP 360

Celebrant: Let us confess our sins against God and our neighbor.

Celebrant and People: Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Celebrant: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

Celebrant: The peace of Christ be always with you.

People: **And also with you.**

THE HOLY COMMUNION

Offertory Hymn 660

O Master let me walk with thee

MARYTON

1 O Mas - ter, let me walk with thee in low - ly
2 Help me the slow of heart to move by some clear,
3 Teach me thy pa - tience; still with thee in clos - er,
4 in hope that sends a shin - ing ray far down the

paths of ser - vice free; tell me thy se - cret;
win - ning word of love; teach me the way - ward
dear - er com - pa - ny, in work that keeps faith
fu - ture's broad - ening way, in peace that on - ly

help me bear the strain of toil, the fret of care.
feet to stay, and guide them in the home - ward way.
sweet and strong, in trust that tri - umphs o - ver wrong,
thou canst give, with thee, O Mas - ter, let me live.

THE GREAT THANKSGIVING, EUCHARISTIC PRAYER A

BCP 361

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. (*Proper Preface*)

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Ho - ly, ho - ly, ho - ly Lord, God of pow-er and
 might, hea - ven and earth are full of your glo - ry. Ho -
 san - na in the high - est. Bless - ed is he who
 comes in the name of the Lord. Ho - san - na in the high - est._____

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People: Christ has died. Christ is risen. Christ will come again.

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

And now, as our Savior Christ has taught us, we are bold to say

THE LORD'S PRAYER

BCP 364

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

Je - sus, Lamb of God: have mer - cy on us.

Je - sus, bear - er of our sins: have mer - cy on us.

Je - sus, re - deem - er, re - deem - er of the world:

give us your peace, give us your peace.

THE COMMUNION OF THE PEOPLE

SPIRITUAL COMMUNION PRAYER

Enriching Our Worship 2

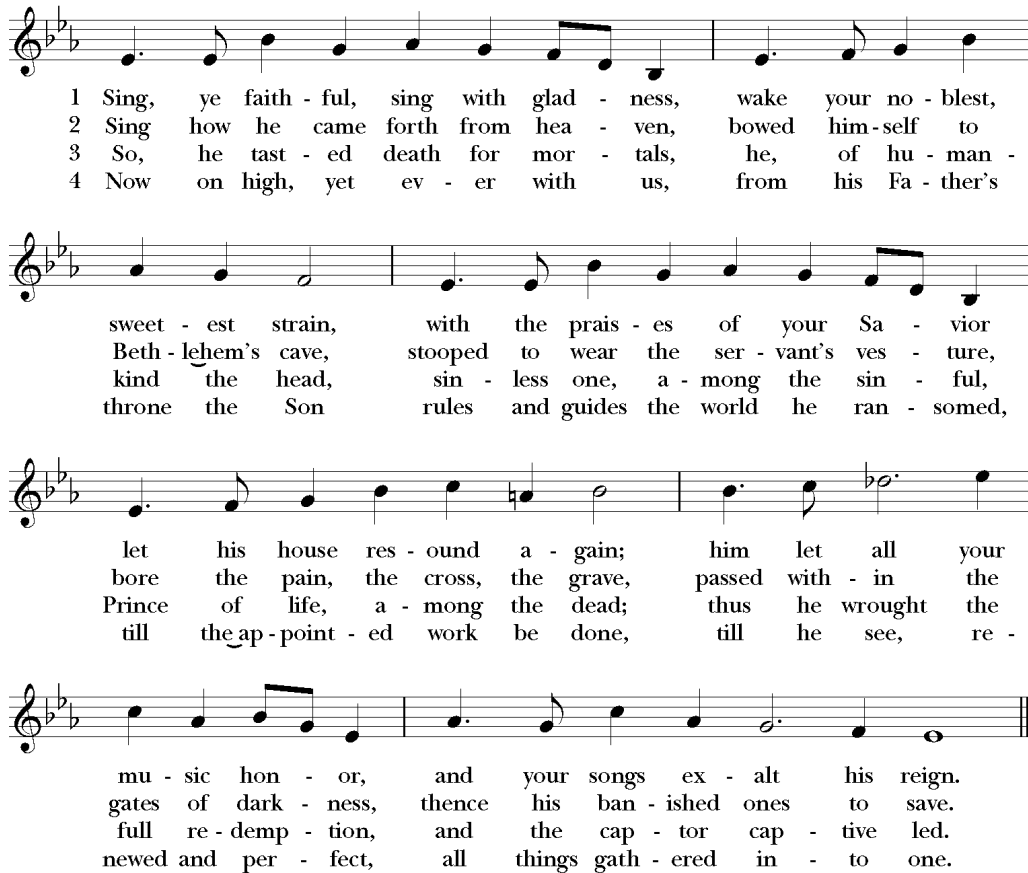
Faithful God, in the wonder of your wisdom and love, you fed your people in the wilderness with the bread of angels, and you sent Jesus to be the bread of life. Though I cannot physically consume these gifts of bread and wine, I thank you that I have received the sacrament of Christ's presence, the forgiveness of sins, and all other benefits of Christ's passion. By the power of the Holy Spirit, may I embody your desire, and be renewed for your service, through Jesus Christ our Savior. Amen.

POSTCOMMUNION PRAYER

BCP 366

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

THE BLESSING



1 Sing, ye faith - ful, sing with glad - ness, wake your no - blest,
 2 Sing how he came forth from hea - ven, bowed him - self to
 3 So, he tast - ed death for mor - tals, he, of hu - man -
 4 Now on high, yet ev - er with us, from his Fa - ther's

sweet - est strain, with the prais - es of your Sa - vior
 Beth - lehem's cave, stooped to wear the ser - vant's ves - ture,
 kind the head, sin - less one, a - mong the sin - ful,
 throne the Son rules and guides the world he ran - somed,

let his house res - ound a - gain; him let all your
 bore the pain, the cross, the grave, passed with - in the
 Prince of life, a - mong the dead; thus he wrought the
 till the ap - point - ed work be done, till he see, re -

mu - sic hon - or, and your songs ex - alt his reign.
 gates of dark - ness, thence his ban - ished ones to save.
 full re - demp - tion, and the cap - tor cap - tive led.
 newed and per - fect, all things gath - ered in - to one.

THE DISMISSAL

Deacon: Let us go forth in the name of Christ.

People: **Thanks be to God.**

Fellowship Music

Lord of the Dance

arr. Mark Hayes

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Prayers of the People

In our Parish we pray for Sam Preston, Bruno Jara de la Cruz, Luis Hernandez, Hannah Bennett, Anna Thornton, Bill Alworth, Jennifer Harding, Tess Varner, Paul Varner, Charles Thornton, James Morris, Tom Hiers, Steve Bailey, Paul Tolar, Joel Hunt, Mia Camoston, Rainsly Vogt, Jane Bowen, Marge Massey, Sheryl King, Doug Welch, Pat Irby, Pat Titus, Stephanie Gamble, Rose Ann Pace, Glen Jedlicka, Stephen Morris, George Watson, Conoly Hester, Deborah Freeman, Gayle Duncan, Jimmy Simons, Gene Watson, Bill Walker, Shelby Welch, Roger Swagler, Stanley Armour, Jack Beach, Bill Beagle, Sally Stuckey, Diane Holcomb, Stephen Corn, Ken Packer, Mary Ellen, Lynn, Joshua, Pete, Sophia, Samantha, Jennifer, and Buddy.

In thanksgiving for those celebrating their birthdays this week: Anna Hiers, Chrissy Moffett, RuthElizabeth Conine-Nakano, Louise McCormack, Alex Patterson, Joel Hunt, Nessa Avinger, and Hallie Corn.

The people listed here are prayed for by name at each Sunday service. To request prayer for yourself or someone else, please call the office (706-546-7553). If at the beginning of the next month the person needs to remain on the list, please call and give the office an update.

NOTES

SAFEGUARDING TRAINING

There are several dates available for Safeguarding God's Children in September (via Zoom), including a weekday evening session on September 28th. Please see this link for the registration form and a complete list of available training dates : <https://forms.gle/1p2hzmoYpTmxwrT98>

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Vestry Person of the Day/Week: Anna Hiers aldhiers@gmail.com

