

# ST. GREGORY THE GREAT EPISCOPAL CHURCH



MAY 30, 2021

PREMIERED ON YOUTUBE

6PM

W/ ONLINE CHAT BEGINNING AT 5:45PM

# THE HOLY VIRTUAL EUCHARIST

The First Sunday after Pentecost: Trinity Sunday

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## THE WORD OF GOD

### SPIRITUAL COMMUNION \*

What happens when you are spiritually prepared and desire to receive communion, but can't?  
Such a case is referenced by a paragraph in the 1979 Prayer Book:

*If a person desires to receive the Sacrament, but, by reason of extreme sickness or physical disability, is unable to eat and drink the Bread and Wine, the Celebrant is to assure that person that all the benefits of Communion are received, even though the Sacrament is not received with the mouth.*

A nation-wide shut down due to a pandemic fits, I'm sure we'll agree, with the words "by any other impediment" listed in the first Prayer Book. Our Lord will not cut us off from his grace. If we truly desire him, he will come to us, even if we cannot receive the Sacraments he has instituted so that we may receive his grace. This is not a new idea. St Thomas Aquinas, writing nearly 800 years ago, said:

*before receiving a sacrament, the reality of the sacrament can be had through the very desire of receiving the sacrament. Accordingly, before actual reception of this sacrament, a man can obtain salvation through the desire of receiving it, just as he can before Baptism through the desire of Baptism, as stated above (Summa, III.73.iii)*

Desiring to receive the spiritual grace of the Most Holy Eucharist (and being prevented from receiving it sacramentally) is known as Spiritual Communion. It is so very important to note that this gift is given to us when we cannot, for very good reason, be present at mass.

When you are watching a live-stream or recording of our liturgies, any of the following prayers may be said at the moment of communion when you would normally leave your pew and make your journey to the altar:

**In Union, dear Lord, with the faithful at every altar of Your Church where Your blessed Body and Blood are being offered to the Father, I desire to offer You praise and thanksgiving. I believe that You are present in the Holy Sacrament. And since I cannot now receive You sacramentally, I ask You to come spiritually into my heart. I unite myself to You, and embrace You with all the affections of my soul. Let me never be separated from You. Let me live and die in Your love. Amen.**

*OR*

**Faithful God, in the wonder of your wisdom and love, you fed your people in the wilderness with the bread of angels, and you sent Jesus to be the bread of life. Though I cannot physically consume these gifts of bread and wine, I thank you that I have received the sacrament of Christ's presence, the forgiveness of sins, and all other benefits of Christ's passion. By the power of the Holy Spirit, may I embody your desire, and be renewed for your service, through Jesus Christ our Savior. Amen. (from *Enriching Our Worship 2*)**

*OR*

**"My Jesus, I believe that you are present in the Blessed Sacrament.  
I love you above all things and I desire you with all my heart.  
Since I cannot now receive you sacramentally,  
I ask you to come spiritually into my heart.  
I embrace you as if you were already in my heart  
and unite myself to you completely.  
Please do not let me ever be separated from you." (by St. Alphonsus Liguori)**

*\*Except where otherwise indicated, the whole of this article (with only very little amendment) is taken from the website of St. Timothy's Episcopal Church, Winston-Salem, North Carolina, where it was posted on April 5, 2020. No author was specified.*

ANNOUNCEMENTS

Opening Hymn 362

*Holy, holy, holy*

NICAEA

1 Ho - ly, ho - ly, ho - ly! Lord God Al - might - y!  
 \*2 Ho - ly, ho - ly, ho - ly! All the saints a - dore thee,  
 3 Ho - ly, ho - ly, ho - ly! Though the dark - ness hide thee,  
 4 Ho - ly, ho - ly, ho - ly! Lord God Al - might - y!

Ear - ly in the morn - ing our song shall rise to thee:  
 cast - ing down their gold - en crowns a - round the glass - y sea;  
 though the sin - ful hu - man eye thy glo - ry may not see,  
 All thy works shall praise thy Name, in earth, and sky, and sea;

Ho - ly, ho - ly, ho - ly! Mer - ci - ful and might - y,  
 cher - u - bim and ser - a - phim fall - ing down be - fore thee,  
 on - ly thou art ho - ly; there is none be - side thee,  
 Ho - ly, ho - ly, ho - ly! Mer - ci - ful and might - y,

God in three Per - sons, bless - ed Trin - i - ty.  
 which wert, and art, and ev - er - more shalt be.  
 per - fect in power, in love, and pu - ri - ty.  
 God in three Per - sons, bless - ed Trin - i - ty.

OPENING ACCLAMATION

BCP 355

Celebrant: *Blessed be God: Father, Son, and Holy Spirit*

People: **And blessed be his kingdom, now and for ever. Amen.**

COLLECT FOR PURITY

BCP 355

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

1. Glo - ry to God in the high - est, and  
 peace to his peo - ple on earth. 2. Lord God, heaven - ly  
 King, al - might - y God and Fa - ther, we wor - ship you, we  
 give you thanks, we praise you for your glo - ry. 3. Lord Je - sus  
 Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you  
 take a - way the sin of the world: have mer - cy  
 on us; 5. you are seat - ed at the right hand of the Fa - ther: re -  
 ceive our prayer. 6. For you a - lone are the Ho - ly One,  
 you a - lone are the Lord, 7. you a - lone are the Most

THE COLLECT OF THE DAY

Almighty and everlasting God, you have given to us your servants grace, by the confession of a true faith, to acknowledge the glory of the eternal Trinity, and in the power of your divine Majesty to worship the Unity: Keep us steadfast in this faith and worship, and bring us at last to see you in your one and eternal glory, O Father; who with the Son and the Holy Spirit live and reign, one God, for ever and ever. Amen.

THE FIRST READING

*read by Kenneth Taylor*

Isaiah 6:1-8

In the year that King Uzziah died, I saw the Lord sitting on a throne, high and lofty; and the hem of his robe filled the temple. Seraphs were in attendance above him; each had six wings: with two they covered their faces, and with two they covered their feet, and with two they flew. And one called to another and said: "Holy, holy, holy is the Lord of hosts; the whole earth is full of his glory." The pivots on the thresholds shook at the voices of those who called, and the house filled with smoke. And I said: "Woe is me! I am lost, for I am a man of unclean lips, and I live among a people of unclean lips; yet my eyes have seen the King, the Lord of hosts!" Then one of the seraphs flew to me, holding a live coal that had been taken from the altar with a pair of tongs. The seraph touched my mouth with it and said: "Now that this has touched your lips, your guilt has departed and your sin is blotted out." Then I heard the voice of the Lord saying, "Whom shall I send, and who will go for us?" And I said, "Here am I; send me!"

*Hear what the Spirit is saying to God's people.*

***Thanks be to God.***

CANTICLE 13

**A Song of Praise**

Glory to you, Lord God of our fathers; \*  
    you are worthy of praise; glory to you.  
Glory to you for the radiance of your holy Name; \*  
    we will praise you and highly exalt you for ever.  
Glory to you in the splendor of your temple; \*  
    on the throne of your majesty, glory to you.  
Glory to you, seated between the Cherubim; \*  
    we will praise you and highly exalt you for ever.  
Glory to you, beholding the depths; \*  
    in the high vault of heaven, glory to you.  
Glory to you, Father, Son, and Holy Spirit; \*  
    we will praise you and highly exalt you for ever.

THE SECOND READING

Romans 8:12-17

So then, brothers and sisters, we are debtors, not to the flesh, to live according to the flesh-- for if you live according to the flesh, you will die; but if by the Spirit you put to death the deeds of the body, you will live. For all who are led by the Spirit of God are children of God. For you did not receive a spirit of slavery to fall back into fear, but you have received a spirit of adoption. When we cry, "Abba! Father!" it is that very Spirit bearing witness with our spirit that we are children of God, and if children, then heirs, heirs of God and joint heirs with Christ-- if, in fact, we suffer with him so that we may also be glorified with him.

*Hear what the Spirit is saying to God's people.*

***Thanks be to God.***

*Harmony*

Ev' - ry time I feel the spir - it, mov - ing

in my heart, I will pray. Ev' - ry time I feel the

spir - it, mov - ing in my heart, I will pray. **Fine**

*unison*

1. Up - on the moun - tain my Lord spoke, out of his  
2. Jor - dan ri - ver chil - ly and cold, chills the

1. mouth came fire and smoke. All a - round me looked so  
2. bod - y but not the soul. There ain't but one train runs this

*D.C.*

1. fine, asked my Lord if all was mine.  
2. track, runs to heav - en and runs right back.

## THE GOSPEL

John 3:1-17

Celebrant: *The Holy Gospel of our Savior, Jesus Christ, according to John.*People: **Glory to you, O Christ.**

There was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, "Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God." Jesus answered him, "Very truly, I tell you, no one can see the kingdom of God without being born from above." Nicodemus said to him, "How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?" Jesus answered, "Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, 'You must be born from above.' The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit." Nicodemus said to him, "How can these things be?" Jesus answered him, "Are you a teacher of Israel, and yet you do not understand these things? "Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. "For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. "Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.

*The Gospel of the Lord.****Praise to you, O Christ.****The people are seated at the invitation of the preacher.*

THE SERMON: The Rev. Nikki Mathis

## THE NICENE CREED

BCP 358

*(said by all)*

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

## PRAYERS OF THE PEOPLE, Form III

BCP 387

Father, we pray for your holy catholic Church;

***That we all may be one.***

Grant that every member of the Church may truly and humbly serve you;

***That your Name may be glorified by all people.***

We pray for all bishops, especially Michael, Rob, Paul, and Don, (...) and all priests and deacons, especially Nikki &amp; Christina;

***That they may be faithful ministers of your Word and Sacraments.***

We pray for all who govern and hold authority in the nations of the world;

***That there may be justice and peace on the earth.***

Give us grace to do your will in all that we undertake;

***That our works may find favor in your sight.***

Have compassion on those who suffer from any grief or trouble;

***That they may be delivered from their distress.***

Give to the departed eternal rest;

***Let light perpetual shine upon them.***

We praise you for your saints who have entered into joy;

***May we also come to share in your heavenly kingdom.***

Let us pray for our own needs and those of others. ...

THE PEACE

*Celebrant:* The peace of Christ be always with you.

*People:* **And also with you.**

THE HOLY COMMUNION

Offertory Hymn 324

*Let all mortal flesh keep silence*

PICARDY

1 Let all mortal flesh keep silence, and with fear and  
 2 King of kings, yet born of Ma - ry, as of old on  
 3 Rank on rank the host of hea - ven spreads its van - guard  
 4 At his feet the six - winged ser - aph; cher - u - bim with

trem - bling stand; pon - der noth - ing earth - ly -  
 earth he stood, Lord of lords in hu - man  
 on the way, as the Light of Light de -  
 sleep - less eye veil their fac - es to the

mind - ed, for with bless - ing in his hand  
 ves - ture, in the Bo - dy and the Blood  
 scend - eth from the realms of end - less day,  
 Pres - ence, as with cease - less voice they cry,

Christ our God to earth de - scend - eth,  
 he will give to all the faith - ful  
 that the powers of hell may va - nish  
 "Al - le - lu - ia, al - le - lu - ia!"

our full hom - age to de - mand.  
 his own self for heaven - ly food.  
 as the dark - ness clears a way.  
 Al - le - lu - ia, Lord Most High!"

THE GREAT THANKSGIVING, EUCHARISTIC PRAYER A

BCP 361

*The Lord be with you.*

**And also with you.**

*Lift up your hearts.*

**We lift them to the Lord.**

*Let us give thanks to the Lord our God.*

**It is right to give our thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Through Jesus Christ our Lord. For with your co-eternal Son and Holy Spirit, you are one God, one Lord, in Trinity of Persons and in Unity of Being; and we celebrate the one and equal glory of you, O Father, and of the Son, and of the Holy Spirit.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:



Ho - ly, ho - ly, ho - ly Lord, God of power and  
might, Ho - ly, ho - ly, ho - ly Lord,  
God of power and might, hea - ven and earth are  
full, full of your glo - ry. Ho -  
san - na in the high - est. Ho - san - na  
in the high - est. Bless - ed is he who comes  
in the name of the Lord. Ho - san - na  
in the high - est. Ho - san - na in the high - est.

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

*Celebrant and People: Christ has died. Christ is risen. Christ will come again.*

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

And now, as our Savior Christ has taught us, we are bold to say

#### THE LORD'S PRAYER

BCP 364

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

#### \* Fraction Anthem S-164

#### *Jesus, Lamb of God*

Franz Schubert

Je - sus, Lamb of God: have mer - cy on us.

Je - sus, bear - er of our sins: have mer - cy on us.

Je - sus, re - deem - er, re - deem - er of the world:

give us your peace, give us your peace.

#### THE COMMUNION OF THE PEOPLE

SPIRITUAL COMMUNION PRAYER

Enriching Our Worship 2

Faithful God, in the wonder of your wisdom and love, you fed your people in the wilderness with the bread of angels, and you sent Jesus to be the bread of life. Though I cannot physically consume these gifts of bread and wine, I thank you that I have received the sacrament of Christ's presence, the forgiveness of sins, and all other benefits of Christ's passion. By the power of the Holy Spirit, may I embody your desire, and be renewed for your service, through Jesus Christ our Savior. Amen.

POSTCOMMUNION PRAYER

BCP 365

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

THE BLESSING

Closing Hymn 368

Holy Father, great Creator

REGENT SQUARE

*Descant*

4 God the Lord, through ev - ery na - tion let thy won - drous

1 Ho - ly Fa - ther, great Cre - a - tor, source of mer - cy,  
 2 Ho - ly Je - sus, Lord of glo - ry, whom an - gel - ic  
 3 Ho - ly Spi - rit, Sanc - ti - fi - er, Come with unc - tion  
 4 God the Lord, through ev - ery na - tion let thy won - drous

mer - cies shine. In the song of thy sal - va - tion

love, and peace, look up - on the Me - di - a - tor,  
 hosts pro - claim, while we hear thy won - drous sto - ry,  
 from a - bove, touch our hearts with sa - cred fire,  
 mer - cies shine. In the song of thy sal - va - tion

ev - ery tongue and race com - bine. Great Je - ho - vah,

clothe us with his right - eous - ness; heaven - ly Fa - ther,  
 meet and wor - ship in thy Name, dear Re - deem - er,  
 fill them with the Sa - vior's love. Source of com - fort,  
 ev - ery tongue and race com - bine. Great Je - ho - vah,

great Je - ho - vah, form our hearts and make them thine.

heaven - ly Fa - ther, through the Sa - vior hear and bless.  
 dear Re - deem - er, in our hearts thy peace pro - claim.  
 Source of com - fort, cheer us with the Sa - vior's love.  
 great Je - ho - vah, form our hearts and make them thine.

## THE DISMISSAL

Deacon: Let us go forth in the name of Christ.

People: **Thanks be to God.**

**Fellowship Music**

*Precious Lord, Take My Hand*

arr. Brent Edstrom

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## Prayers of the People

**In our Parish** we pray for Terra Hodges, Joel Hunt, Mia Camoston, Jo Benton, Tammy Bowman, Carl Hoveland, Carol Jones, Rainsly Vogt, Mark Goodwin, Jane Bowen, Mack Thurmond, Marge Massey, Dot Cooper, Sheryl King, Allena Armour, Doug Welch, Pat Irby, Pat Titus, Stephanie Gamble, Rose Ann Pace, Aaron Muckin, Glen Jedlicka, Stephen Morris, George Watson, Conoly Hester, Deborah Freeman, Catherine Hartley, Mary Parkman, Gayle Duncan, Jimmy Simons, Gene Watson, Bill Walker, Sandy Elhenicky, Shelby Welch, Sarah Gordon, Roger Swagler, Stanley Armour, Martha Beach, Jack Beach, Tammy Bishop, Cecil Miller, Bill Beagle, Sally Stuckey, Kim Rider, Diane Holcomb, Stephen Corn, Ken Packer, Kimberleah, Barbara, Pete, Sophia, Samantha, Jennifer, and Buddy.

**In thanksgiving for those celebrating their birthdays this week:** Beth Thornton, Tina Carlson, Eliza Everson, Jonah Compton, Abigail Hoover, Julia Hoover, and Katie Reinberger; **for those celebrating anniversaries:** Jim & Laura Green, Jeff & Shelby Welch, and George & LeeAnne Krause; **and for our high school graduates:** Pace Barkdoll, Sarah Black, Riley Byers, Eva Daniel, Sam Johnson, Olivia Knowlton, and Maddy Wickwire.

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*The people listed here are prayed for by name at each Sunday service. To request prayer for yourself or someone else, please call the office (706-546-7553). If at the beginning of the next month the person needs to remain on the list, please call and give the office an update.*

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## Clergy and Staff

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